

Dorchester School District 4  
007 - HEAD START

Monday	Tuesday	Wednesday	Thursday	Friday
				Feb - 1  ASSORTED CEREAL 100% FRUIT JUICE MILK STRING CHEESE, MOZZAREL
Feb - 4  CHICKEN BISCUIT 100% FRUIT JUICE MILK	Feb - 5  BLUEBERRY PANCAKES IW CINNAMON PANCAKES IW 100% FRUIT JUICE APPLESAUCE, SWEETENED MILK	Feb - 6  MINI CINNAMON ROLLS 100% FRUIT JUICE MILK STRAWBERRY CUP, COMMOD	Feb - 7  TURKEY SAUSAGE ROLL 100% FRUIT JUICE MILK	Feb - 8  FRUDEL APPLE FILLED 100% FRUIT JUICE MILK
Feb - 11  SAUSAGE BISCUIT 100% FRUIT JUICE MILK	Feb - 12  ASSORTED CEREAL 100% FRUIT JUICE MILK STRING CHEESE, MOZZAREL	Feb - 13  HAM & CHEESE BISCUIT/WG 100% FRUIT JUICE MILK CHILLED PINEAPPLE TIDBIT	Feb - 14  FISH STICKS 100% FRUIT JUICE MILK KETCUP/HEINZ/LOW SODIUM	Feb - 15  YOPLAIT PARFAIT KEEBLER GRIPZ FOR PARFAIT MIXED FRUIT CUP MILK
Feb - 18  PRESIDENTS' DAY	Feb - 19  BLUEBERRY MUFFIN APPLE MUFFIN STRAWBERRY APPLESauce C MILK	Feb - 20  POP TART/LOW FAT STRAWB POP TART/ BROWN SUGAR CI 100% FRUIT JUICE MILK STRING CHEESE, MOZZAREL	Feb - 21  WRAPRED SAUSAGE BITES 100% FRUIT JUICE MIXED FRUIT CUP MILK FRUIT, FRESH ASSORTED	Feb - 22
Feb - 25  DUTCH WAFFLES 100% FRUIT JUICE MILK	Feb - 26  GRILLED CHEESE SANDWICH BANANAS 100% FRUIT JUICE MILK	Feb - 27  SAUSAGE PATTIE 100% FRUIT JUICE MILK	Feb - 28  FRENCH TOAST STICKS MILK MANDARIN ORANGES	

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.