

Dorchester School District 4

007 - HEAD START

Oct 3, 2017

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Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 2 POP TART/LOW FAT STRAWB POP TART/ BROWN SUGAR CI 100% FRUIT JUICE MILK STRING CHEESE, MOZZAREL	Oct - 3 SAUSAGE BISCUIT 100% FRUIT JUICE MILK	Oct - 4 BLUEBERRY MUFFIN APPLE MUFFIN STRAWBERRY APPLESAUCE C MILK	Oct - 5 GRILLED CHEESE SANDWICH BANANAS 100% FRUIT JUICE MILK	Oct - 6 CHOCOLATE BEAR GRAHAMS YOGURT, DANNON, LF, STRA MILK BANANAS
Oct - 9 MINI CINNAMON ROLLS 100% FRUIT JUICE MILK STRAWBERRY CUP, COMMODO	Oct - 10 ASSORTED CEREAL 100% FRUIT JUICE MILK STRING CHEESE, MOZZAREL	Oct - 11 SAUSAGE LINKS MIXED FRUIT CUP 100% FRUIT JUICE MILK	Oct - 12 YOPLAIT PARFAIT KEEBLER GRIPZ FOR PARFAIT MIXED FRUIT CUP MILK	Oct - 13 SAUSAGE LINKS 100% FRUIT JUICE MILK APPLESAUCE, UNSWEETENED
Oct - 16 HAM & CHEESE BISCUIT/WG 100% FRUIT JUICE MILK CHILLED PINEAPPLE TIDBIT	Oct - 17 FRENCH TOAST STICKS MILK MANDARIN ORANGES	Oct - 18 DUTCH WAFFLES 100% FRUIT JUICE MILK	Oct - 19 ASSORTED CEREAL APPLE SLICES W/ CINNAMON MILK 100% FRUIT JUICE	Oct - 20 CHICKEN BISCUIT 100% FRUIT JUICE MILK
Oct - 23 BLUEBERRY PANCAKES IW CINNAMON PANCAKES IW 100% FRUIT JUICE APPLESAUCE, SWEETENED MILK	Oct - 24 SAUSAGE PATTIE 100% FRUIT JUICE MILK	Oct - 25 BLUEBERRY PANCAKES IW CINNAMON PANCAKES IW 100% FRUIT JUICE MILK	Oct - 26 ASSORTED CEREAL MILK BANANAS	Oct - 27 DONUT HOLE GLAZED 100% FRUIT JUICE MILK
Oct - 30 POP TART/LOW FAT STRAWB POP TART/ BROWN SUGAR CI 100% FRUIT JUICE MILK STRING CHEESE, MOZZAREL	Oct - 31 SAUSAGE BISCUIT 100% FRUIT JUICE MILK			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.