

# Dorchester School District 4

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 2  POP TART/LOW FAT STRAWB POP TART/ BROWN SUGAR CI APPLESAUCE,UNSWEETENED 100% FRUIT JUICE MILK HONEY BUN ASSORTED CEREAL SAUSAGE PATTIE	Oct - 3  SAUSAGE BISCUIT CHILLED PINEAPPLE TIDBIT 100% FRUIT JUICE KETCUP/HEINZ/LOW SODIUM MILK HONEY BUN ASSORTED CEREAL GRAHAM CRACKERS	Oct - 4  BLUEBERRY MUFFIN APPLE MUFFIN 100% FRUIT JUICE FRUIT,FRESH ASSORTED MILK STRAWBERRY APPLESAUCE C HONEY BUN ASSORTED CEREAL STRING CHEESE, MOZZAREL GRAHAM CRACKERS	Oct - 5  GRILLED CHEESE SANDWICH FRUIT,FRESH ASSORTED 100% FRUIT JUICE MILK PEACHES, FROZEN, INDV. SE HONEY BUN ASSORTED CEREAL	Oct - 6  ASSORTED CEREAL ANIMAL CRACKERS 100% FRUIT JUICE MILK CHOCOLATE BEAR GRAHAMS FRUIT,FRESH ASSORTED HONEY BUN
Oct - 9  MINI CINNAMON ROLLS 100% FRUIT JUICE MILK STRAWBERRY CUP, COMMOD FRUIT,FRESH ASSORTED HONEY BUN ASSORTED CEREAL GRAHAM CRACKERS	Oct - 10  ASSORTED CEREAL 100% FRUIT JUICE PEACHES, FROZEN, INDV. SE MILK CHOCOLATE BEAR GRAHAMS FRUIT,FRESH ASSORTED KELLOGG'S CRUNCHMANIA C HONEY BUN	Oct - 11  WRAPRED SAUSAGE BITES 100% FRUIT JUICE MIXED FRUIT CUP MILK FRUIT,FRESH ASSORTED HONEY BUN ASSORTED CEREAL GRAHAM CRACKERS	Oct - 12  YOPLAIT PARFAIT KEEBLER GRIPZ FOR PARFAIT 100% FRUIT JUICE FRUIT,FRESH ASSORTED MILK FRUIT PEALS HONEY BUN ASSORTED CEREAL STRING CHEESE, MOZZAREL	Oct - 13  FISH STICKS GRITS W/ BUTTER 100% FRUIT JUICE MILK KETCUP/HEINZ/LOW SODIUM FRUIT,FRESH ASSORTED HONEY BUN ASSORTED CEREAL
Oct - 16  HAM & CHEESE BISCUIT/WG 100% FRUIT JUICE FRUIT,FRESH ASSORTED MILK CHILLED PINEAPPLE TIDBIT HONEY BUN ASSORTED CEREAL	Oct - 17  FRENCH TOAST STICKS 100% FRUIT JUICE MILK MANDARIN ORANGES FRUIT,FRESH ASSORTED HONEY BUN ASSORTED CEREAL STRING CHEESE, MOZZAREL GRAHAM CRACKERS	Oct - 18  DUTCH WAFFLES 100% FRUIT JUICE FRUIT PEALS MILK FRUIT,FRESH ASSORTED HONEY BUN ASSORTED CEREAL YOGURT, DANNON, LF, STRA	Oct - 19  ASSORTED CEREAL 100% FRUIT JUICE APPLE SLICES W/ CINNAMON MILK CHOCOLATE BEAR GRAHAMS FRUIT,FRESH ASSORTED HONEY BUN KELLOGG'S CRUNCHMANIA C	Oct - 20  CHICKEN BISCUIT 100% FRUIT JUICE MANDARIN ORANGES MILK KETCUP/HEINZ/LOW SODIUM FRUIT,FRESH ASSORTED HONEY BUN ASSORTED CEREAL GRAHAM CRACKERS

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 23  BLUEBERRY PANCAKES IW CINNAMON PANCAKES IW 100% FRUIT JUICE APPLESAUCE, SWEETENED MILK HONEY BUN ASSORTED CEREAL	Oct - 24  SAUSAGE PATTIE GRITS W/ BUTTER 100% FRUIT JUICE FRUIT, FRESH ASSORTED MILK KETCUP/HEINZ/LOW SODIUM BISCUIT, WHOLE GRAIN HONEY BUN ASSORTED CEREAL	Oct - 25  CINNAMON MINI'S 100% FRUIT JUICE FRUIT PEALS MILK HONEY BUN ASSORTED CEREAL STRING CHEESE, MOZZAREL	Oct - 26  ASSORTED CEREAL ANIMAL CRACKERS 100% FRUIT JUICE MILK CHOCOLATE BEAR GRAHAMS BANANAS HONEY BUN	Oct - 27  DONUT HOLE GLAZED TURKEY SAUSAGE ROLL 100% FRUIT JUICE MIXED FRUIT CUP MILK HONEY BUN ASSORTED CEREAL YOGURT, DANNON, LF, STRA
Oct - 30  POP TART/LOW FAT STRAWB POP TART/ BROWN SUGAR CI APPLESAUCE, UNSWEETENED 100% FRUIT JUICE MILK HONEY BUN ASSORTED CEREAL SAUSAGE PATTIE	Oct - 31  SAUSAGE BISCUIT CHILLED PINEAPPLE TIDBIT 100% FRUIT JUICE KETCUP/HEINZ/LOW SODIUM MILK HONEY BUN ASSORTED CEREAL GRAHAM CRACKERS			

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