

# Dorchester School District 4

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 1	Jan - 2	Jan - 3 BLUEBERRY MUFFIN APPLE MUFFIN 100% FRUIT JUICE FRUIT,FRESH ASSORTED MILK STRAWBERRY APPLESAUCE C	Jan - 4 GRILLED CHEESE SANDWICH FRUIT,FRESH ASSORTED 100% FRUIT JUICE MILK PEACHES, FROZEN, INDV. SE	Jan - 5 ASSORTED CEREAL ANIMAL CRACKERS 100% FRUIT JUICE MILK CHOCOLATE BEAR GRAHAMS FRUIT,FRESH ASSORTED
Jan - 8 MINI CINNAMON ROLLS 100% FRUIT JUICE MILK STRAWBERRY CUP, COMMOD FRUIT,FRESH ASSORTED	Jan - 9 ASSORTED CEREAL 100% FRUIT JUICE PEACHES, FROZEN, INDV. SE MILK CHOCOLATE BEAR GRAHAMS FRUIT,FRESH ASSORTED	Jan - 10 WRAPRED SAUSAGE BITES 100% FRUIT JUICE MIXED FRUIT CUP MILK FRUIT,FRESH ASSORTED	Jan - 11 YOPLAIT PARFAIT KEEBLER GRIPZ FOR PARFAIT 100% FRUIT JUICE FRUIT,FRESH ASSORTED MILK FRUIT PEALS	Jan - 12 FISH STICKS GRITS W/ BUTTER 100% FRUIT JUICE MILK KETCUP/HEINZ/LOW SODIUM FRUIT,FRESH ASSORTED
Jan - 15 HOLIDAY	Jan - 16 FRENCH TOAST STICKS 100% FRUIT JUICE MILK MANDARIN ORANGES FRUIT,FRESH ASSORTED	Jan - 17 DUTCH WAFFLES 100% FRUIT JUICE FRUIT PEALS MILK FRUIT,FRESH ASSORTED	Jan - 18 ASSORTED CEREAL 100% FRUIT JUICE APPLE SLICES W/ CINNAMON MILK CHOCOLATE BEAR GRAHAMS FRUIT,FRESH ASSORTED	Jan - 19 CHICKEN BISCUIT 100% FRUIT JUICE MANDARIN ORANGES MILK KETCUP/HEINZ/LOW SODIUM FRUIT,FRESH ASSORTED
Jan - 22 BLUEBERRY PANCAKES IW CINNAMON PANCAKES IW 100% FRUIT JUICE APPLESAUCE, SWEETENED MILK	Jan - 23 SAUSAGE PATTIE GRITS W/ BUTTER 100% FRUIT JUICE FRUIT,FRESH ASSORTED MILK KETCUP/HEINZ/LOW SODIUM	Jan - 24 CINNAMON MINI'S 100% FRUIT JUICE FRUIT PEALS MILK	Jan - 25 ASSORTED CEREAL ANIMAL CRACKERS 100% FRUIT JUICE MILK CHOCOLATE BEAR GRAHAMS BANANAS	Jan - 26 DONUT HOLE GLAZED TURKEY SAUSAGE ROLL 100% FRUIT JUICE MIXED FRUIT CUP MILK
Jan - 29 POP TART/LOW FAT STRAWB POP TART LOW FAT FROSTED APPLESAUCE, UNSWEETENED 100% FRUIT JUICE MILK FRUIT,FRESH ASSORTED	Jan - 30 SAUSAGE BISCUIT CHILLED PINEAPPLE TIDBIT 100% FRUIT JUICE MILK FRUIT,FRESH ASSORTED	Jan - 31 BLUEBERRY MUFFIN APPLE MUFFIN 100% FRUIT JUICE FRUIT,FRESH ASSORTED MILK STRAWBERRY APPLESAUCE C		

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.