

# Dorchester School District 4

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 1	Jan - 2	Jan - 3 TACOS CHICKEN NUGGETS BREADE FRENCH FRIES ASPARAGUS WHOLE GRAIN DINNER ROLL FRUIT,FRESH ASSORTED TACO SAUCE HONEY MUSTARD KETCUP/HEINZ/LOW SODIUM 100% FRUIT JUICE MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL	Jan - 4 CHICKEN ALA KING for K thru SLOPPY JOE ON A BUN/K-5 BAKED BEANS, BUSH'S SQUASH,SUMMER BISCUIT/MINI WHOLE GRAIN 100% FRUIT JUICE MILK KETCUP/HEINZ/LOW SODIUM BROWN RICE, UNCLE BEN'S PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL FRUIT,FRESH ASSORTED	Jan - 5 PIZZA/WG PEPPERONI WEDG TOSSED SALAD W/ DRESSIN CHEF SALAD W/ HAM PRETZELS WHOLE GRAIN POTATO WEDGES, FROZEN, 100% FRUIT JUICE MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL FRUIT,FRESH ASSORTED
Jan - 8 CHICKEN NUGGETS BREADE ROLL,HONEY WHEAT RANCH CORN,CANNED CHICKEN FAJITA WRAP PEAS & CARROTS 100% FRUIT JUICE FRUIT,FRESH ASSORTED MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL	Jan - 9 HAMBURGER STEAK IN GRAV WHIPPED POTATOES HOT TURKEY AND CHEESE O BUN BREADSTICKS, WHOLE WHEA CARROTS MIXED VEGETABLES FRUIT,FRESH ASSORTED MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL	Jan - 10 BEEF A RONI CHICKEN TETRAZZINI, K-8 LIMA BEANS, FROZEN BROCCOLI FRESH RANCH DRESSING-LF FRUIT,FRESH ASSORTED BISCUIT/MINI WHOLE GRAIN MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL	Jan - 11 BARBECUE CHICKEN MACARONI AND CHEESE FRUIT CUP, CANNED & FRES BROWN RICE, UNCLE BEN'S MILK 100% FRUIT JUICE ROLL,HONEY WHEAT RANCH BROCCOLI SALAD PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL	Jan - 12 PIZZA, WW STUFFED CRUST CHEF SALAD W/ HAM SALTINES, WHOLE GRAIN TOSSED SALAD W/ DRESSIN MARINATED FRESH VEGETAB ROSY APPLESAUCE MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL FRUIT,FRESH ASSORTED
Jan - 15 HOLIDAY	Jan - 16 HOT DOG CHILI FOR HOT DOGS SPAGHETTI SAUCE W/ MEAT CORN,CANNED MIXED VEGETABLES APPLE CRISP 100% FRUIT JUICE MILK KETCUP/HEINZ/LOW SODIUM PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL FRUIT,FRESH ASSORTED	Jan - 17 CHEESEBURGE MEATLOAF TOSSED SALAD W/ DRESSIN LIMA BEANS, FROZEN BROCCOLI FRESH RANCH DRESSING-LF FRUIT,FRESH ASSORTED BISCUIT/MINI WHOLE GRAIN MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL	Jan - 18 CHICKEN FILLET ON BUN RED RICE AND SAUSAGE/k-8 LETTUCE & TOMATO BAKED BEANS, BUSH'S CANTALOUPE SUCCOTASH CORNBREAD KETCUP/HEINZ/LOW SODIUM MAYONNAISE, FAT FREE MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL FRUIT,FRESH ASSORTED	Jan - 19 PIZZA/WG PEPPERONI WEDG TOSSED SALAD W/ DRESSIN CHEF SALAD W/ HAM PRETZELS WHOLE GRAIN POTATO WEDGES, FROZEN, 100% FRUIT JUICE MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL FRUIT,FRESH ASSORTED

**\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

**\* - denotes combined nutrient totals with either missing or incomplete nutrient data.**

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 22  BBQ RIB PATTY MANDARIN ORANGE CHICKE ASIAN STIR FRIED RICE TURNIP GREENS ROLL,HONEY WHEAT RANCH CUCUMBER,RAW FIELD PEAS W/ SNAPS CRAISINS MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL FRUIT,FRESH ASSORTED	Jan - 23  SPAGHETTI SAUCE W/ MEAT TOSSED SALAD W/ DRESSIN NACHOS WITH GROUND BEE BREADSTICKS, WHOLE WHEA CALIFORNIA BLEND FRUIT,FRESH ASSORTED MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL	Jan - 24  CHICKEN PARMESAN W/SPAG WHIPPED POTATOES MEATLOAF/K-8 COOKED COLLARDS CHILLED PINEAPPLE TIDBIT ROLL,HONEY WHEAT RANCH MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL FRUIT,FRESH ASSORTED	Jan - 25  VEGTABLE SOUP W/ BEEF CHEDDAR GOLDFISH CRACKE CHEESEBURGER ON BUN PEARS CARROTS LETTUCE & TOMATO TURNIP GREENS MILK WHOLE WHEAT SUGAR COOK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL FRUIT,FRESH ASSORTED	Jan - 26  PIZZA, WW STUFFED CRUST CHEF SALAD W/ HAM SALTINES, WHOLE GRAIN TOSSED SALAD W/ DRESSIN MARINATED FRESH VEGETAB ROSY APPLESAUCE MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL FRUIT,FRESH ASSORTED
Jan - 29  CHICKEN NOODLE SOUP FOR CHEDDAR GOLDFISH CRACKE BBQ PORK /TOMATO BASE O SAVORY PEAS 100% FRUIT JUICE TOMATOES,FRESH,RED RIPE RANCH DRESSING-LF CHILLED PINEAPPLE TIDBIT MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL	Jan - 30  CORN DOG HAMBURGER ON WHOLE WH BAKED BEANS, BUSH'S FRENCH FRIES LETTUCE & TOMATO CHILLED PEACHES MUSTARD KETCUP/HEINZ/LOW SODIUM MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL	Jan - 31  TACOS CHICKEN NUGGETS BREADE FRENCH FRIES ASPARAGUS WHOLE GRAIN DINNER ROLL FRUIT,FRESH ASSORTED TACO SAUCE HONEY MUSTARD KETCUP/HEINZ/LOW SODIUM 100% FRUIT JUICE MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL		

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