

Dorchester School District 4

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 1	Jan - 2	Jan - 3 BLUEBERRY MUFFIN APPLE MUFFIN 100% FRUIT JUICE FRUIT,FRESH ASSORTED MILK STRAWBERRY APPLESAUCE C HONEY BUN ASSORTED CEREAL STRING CHEESE, MOZZAREL GRAHAM CRACKERS	Jan - 4 GRILLED CHEESE SANDWICH FRUIT,FRESH ASSORTED 100% FRUIT JUICE MILK PEACHES, FROZEN, INDV. SE HONEY BUN ASSORTED CEREAL	Jan - 5 ASSORTED CEREAL ANIMAL CRACKERS 100% FRUIT JUICE MILK CHOCOLATE BEAR GRAHAMS FRUIT,FRESH ASSORTED HONEY BUN
Jan - 8 MINI CINNAMON ROLLS 100% FRUIT JUICE MILK STRAWBERRY CUP, COMMOD FRUIT,FRESH ASSORTED HONEY BUN ASSORTED CEREAL GRAHAM CRACKERS	Jan - 9 ASSORTED CEREAL 100% FRUIT JUICE PEACHES, FROZEN, INDV. SE MILK CHOCOLATE BEAR GRAHAMS FRUIT,FRESH ASSORTED KELLOGG'S CRUNCHMANIA C HONEY BUN	Jan - 10 WRAPRED SAUSAGE BITES 100% FRUIT JUICE MIXED FRUIT CUP MILK FRUIT,FRESH ASSORTED HONEY BUN ASSORTED CEREAL GRAHAM CRACKERS	Jan - 11 YOPLAIT PARFAIT KEEBLER GRIPZ FOR PARFAIT 100% FRUIT JUICE FRUIT,FRESH ASSORTED MILK FRUIT PEALS HONEY BUN ASSORTED CEREAL STRING CHEESE, MOZZAREL	Jan - 12 FISH STICKS GRITS W/ BUTTER 100% FRUIT JUICE MILK KETCUP/HEINZ/LOW SODIUM FRUIT,FRESH ASSORTED HONEY BUN ASSORTED CEREAL
Jan - 15 HOLIDAY	Jan - 16 FRENCH TOAST STICKS 100% FRUIT JUICE MILK MANDARIN ORANGES FRUIT,FRESH ASSORTED HONEY BUN ASSORTED CEREAL STRING CHEESE, MOZZAREL GRAHAM CRACKERS	Jan - 17 DUTCH WAFFLES 100% FRUIT JUICE FRUIT PEALS MILK FRUIT,FRESH ASSORTED HONEY BUN ASSORTED CEREAL YOGURT, DANNON, LF, STRA	Jan - 18 ASSORTED CEREAL 100% FRUIT JUICE APPLE SLICES W/ CINNAMON MILK CHOCOLATE BEAR GRAHAMS FRUIT,FRESH ASSORTED HONEY BUN KELLOGG'S CRUNCHMANIA C	Jan - 19 CHICKEN BISCUIT 100% FRUIT JUICE MANDARIN ORANGES MILK KETCUP/HEINZ/LOW SODIUM FRUIT,FRESH ASSORTED HONEY BUN ASSORTED CEREAL GRAHAM CRACKERS

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Jan - 22 BLUEBERRY PANCAKES IW CINNAMON PANCAKES IW 100% FRUIT JUICE APPLESAUCE, SWEETENED MILK HONEY BUN ASSORTED CEREAL	Jan - 23 SAUSAGE PATTIE GRITS W/ BUTTER 100% FRUIT JUICE FRUIT, FRESH ASSORTED MILK KETCUP/HEINZ/LOW SODIUM BISCUIT, WHOLE GRAIN HONEY BUN ASSORTED CEREAL	Jan - 24 CINNAMON MINI'S 100% FRUIT JUICE FRUIT PEALS MILK HONEY BUN ASSORTED CEREAL STRING CHEESE, MOZZAREL	Jan - 25 ASSORTED CEREAL ANIMAL CRACKERS 100% FRUIT JUICE MILK CHOCOLATE BEAR GRAHAMS BANANAS HONEY BUN	Jan - 26 DONUT HOLE GLAZED TURKEY SAUSAGE ROLL 100% FRUIT JUICE MIXED FRUIT CUP MILK HONEY BUN ASSORTED CEREAL YOGURT, DANNON, LF, STRA
Jan - 29 POP TART/LOW FAT STRAWB POP TART/ BROWN SUGAR CI APPLESAUCE, UNSWEETENED 100% FRUIT JUICE MILK HONEY BUN ASSORTED CEREAL SAUSAGE PATTIE	Jan - 30 SAUSAGE BISCUIT CHILLED PINEAPPLE TIDBIT 100% FRUIT JUICE KETCUP/HEINZ/LOW SODIUM MILK HONEY BUN ASSORTED CEREAL GRAHAM CRACKERS	Jan - 31 BLUEBERRY MUFFIN APPLE MUFFIN 100% FRUIT JUICE FRUIT, FRESH ASSORTED MILK STRAWBERRY APPLESAUCE C HONEY BUN ASSORTED CEREAL STRING CHEESE, MOZZAREL GRAHAM CRACKERS		

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