

Dorchester School District 4  
007 - HEAD START

Monday	Tuesday	Wednesday	Thursday	Friday
			Mar - 1  GRILLED CHEESE SANDWICH BANANAS 100% FRUIT JUICE MILK	Mar - 2  CHOCOLATE BEAR GRAHAMS YOGURT, DANNON, LF, STRA MILK BANANAS
Mar - 5  MINI CINNAMON ROLLS 100% FRUIT JUICE MILK STRAWBERRY CUP, COMMODO	Mar - 6  ASSORTED CEREAL 100% FRUIT JUICE MILK STRING CHEESE, MOZZAREL	Mar - 7  WRAPRED SAUSAGE BITES 100% FRUIT JUICE MIXED FRUIT CUP MILK FRUIT, FRESH ASSORTED	Mar - 8  YOPLAIT PARFAIT KEEBLER GRIPZ FOR PARFAIT MIXED FRUIT CUP MILK	Mar - 9  FISH STICKS 100% FRUIT JUICE MILK KETCHUP/HEINZ/LOW SODIUM
Mar - 12  SAUSAGE PATTIE 100% FRUIT JUICE MILK	Mar - 13  BLUEBERRY PANCAKES IW CINNAMON PANCAKES IW 100% FRUIT JUICE APPLESAUCE, SWEETENED MILK	Mar - 14  CHICKEN BISCUIT 100% FRUIT JUICE MILK	Mar - 15  ASSORTED CEREAL APPLE SLICES W/ CINNAMON MILK 100% FRUIT JUICE	Mar - 16  DUTCH WAFFLES 100% FRUIT JUICE MILK
Mar - 19  HAM & CHEESE BISCUIT/WG 100% FRUIT JUICE MILK CHILLED PINEAPPLE TIDBIT	Mar - 20  FRENCH TOAST STICKS MILK MANDARIN ORANGES	Mar - 21  FRUDEL APPLE FILLED 100% FRUIT JUICE MILK	Mar - 22  ASSORTED CEREAL MILK BANANAS	Mar - 23  DONUT HOLE GLAZED 100% FRUIT JUICE MILK
Mar - 26  POP TART/LOW FAT STRAWB POP TART/ BROWN SUGAR CI 100% FRUIT JUICE MILK STRING CHEESE, MOZZAREL	Mar - 27  SAUSAGE BISCUIT 100% FRUIT JUICE MILK	Mar - 28  BLUEBERRY MUFFIN APPLE MUFFIN STRAWBERRY APPLESauce C MILK	Mar - 29  GRILLED CHEESE SANDWICH BANANAS 100% FRUIT JUICE MILK	Mar - 30  CHOCOLATE BEAR GRAHAMS YOGURT, DANNON, LF, STRA MILK BANANAS

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.