

# Dorchester School District 4

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 3  HOLIDAY	Sep - 4  POP TART/LOW FAT STRAWB POP TART LOW FAT FROSTED APPLESAUCE, UNSWEETENED 100% FRUIT JUICE MILK FRUIT, FRESH ASSORTED	Sep - 5  BLUEBERRY MUFFIN APPLE MUFFIN 100% FRUIT JUICE FRUIT, FRESH ASSORTED MILK STRAWBERRY APPLESauce C	Sep - 6  HAM & CHEESE BISCUIT/WG 100% FRUIT JUICE FRUIT, FRESH ASSORTED MILK CHILLED PINEAPPLE TIDBIT	Sep - 7  FRENCH TOAST STICKS 100% FRUIT JUICE MILK MANDARIN ORANGES FRUIT, FRESH ASSORTED
Sep - 10  GRILLED CHEESE SANDWICH FRUIT, FRESH ASSORTED 100% FRUIT JUICE MILK FRUIT PEALS	Sep - 11  ASSORTED CEREAL ANIMAL CRACKERS 100% FRUIT JUICE MILK CHOCOLATE BEAR GRAHAMS FRUIT, FRESH ASSORTED	Sep - 12  GRITS W/ BUTTER 100% FRUIT JUICE MILK FRUIT, FRESH ASSORTED SCRAMBLED EGGS SAUSAGE LINKS YEAST ROLLS-LOCAL	Sep - 13  SAUSAGE BISCUIT CHILLED PINEAPPLE TIDBIT 100% FRUIT JUICE MILK FRUIT, FRESH ASSORTED	Sep - 14  DONUT HOLE GLAZED TURKEY SAUSAGE ROLL 100% FRUIT JUICE MIXED FRUIT CUP MILK
Sep - 17  MINI CINNAMON ROLLS 100% FRUIT JUICE MILK STRAWBERRY CUP, COMMOD FRUIT, FRESH ASSORTED	Sep - 18  ASSORTED CEREAL 100% FRUIT JUICE APPLE SLICES W/ CINNAMON MILK KELLOGG'S CRUNCHMANIA C FRUIT, FRESH ASSORTED	Sep - 19  WG PANCAKE W/ SAUSAGE 100% FRUIT JUICE MIXED FRUIT CUP MILK FRUIT, FRESH ASSORTED	Sep - 20  YOPLAIT PARFAIT KEEBLER GRIPZ FOR PARFAIT 100% FRUIT JUICE FRUIT, FRESH ASSORTED MILK FRUIT PEALS	Sep - 21  FISH STICKS GRITS W/ BUTTER 100% FRUIT JUICE MILK KETCUP/HEINZ/LOW SODIUM FRUIT, FRESH ASSORTED
Sep - 24  SAUSAGE PATTIE GRITS W/ BUTTER 100% FRUIT JUICE FRUIT, FRESH ASSORTED MILK KETCUP/HEINZ/LOW SODIUM	Sep - 25  BLUEBERRY PANCAKES IW CINNAMON PANCAKES IW 100% FRUIT JUICE APPLESAUCE, SWEETENED MILK	Sep - 26  CHICKEN BISCUIT 100% FRUIT JUICE MANDARIN ORANGES MILK KETCUP/HEINZ/LOW SODIUM FRUIT, FRESH ASSORTED	Sep - 27  ASSORTED CEREAL 100% FRUIT JUICE APPLE SLICES W/ CINNAMON MILK CHOCOLATE BEAR GRAHAMS FRUIT, FRESH ASSORTED	Sep - 28  DUTCH WAFFLES 100% FRUIT JUICE FRUIT PEALS MILK FRUIT, FRESH ASSORTED

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.