

Dorchester School District 4

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|--|
| Sep - 3 HOLIDAY | Sep - 4 POP TART/LOW FAT STRAWB POP TART/ BROWN SUGAR CI 100% FRUIT JUICE MILK STRING CHEESE, MOZZAREL | Sep - 5 BLUEBERRY MUFFIN APPLE MUFFIN STRAWBERRY APPLESAUCE C MILK | Sep - 6 HAM & CHEESE BISCUIT/WG 100% FRUIT JUICE MILK CHILLED PINEAPPLE TIDBIT | Sep - 7 FRENCH TOAST STICKS MILK MANDARIN ORANGES |
| Sep - 10 GRILLED CHEESE SANDWICH BANANAS 100% FRUIT JUICE MILK | Sep - 11 ASSORTED CEREAL 100% FRUIT JUICE MILK STRING CHEESE, MOZZAREL | Sep - 12 SCRAMBLED EGGS GRITS W/ BUTTER YEAST ROLLS-LOCAL MILK 100% FRUIT JUICE | Sep - 13 SAUSAGE BISCUIT 100% FRUIT JUICE MILK | Sep - 14 TURKEY SAUSAGE ROLL 100% FRUIT JUICE MILK |
| Sep - 17 MINI CINNAMON ROLLS 100% FRUIT JUICE MILK STRAWBERRY CUP, COMMOD | Sep - 18 ASSORTED CEREAL 100% FRUIT JUICE MILK STRING CHEESE, MOZZAREL | Sep - 19 WRAPRED SAUSAGE BITES 100% FRUIT JUICE MIXED FRUIT CUP MILK FRUIT,FRESH ASSORTED | Sep - 20 YOPLAIT PARFAIT KEEBLER GRIPZ FOR PARFAIT MIXED FRUIT CUP MILK | Sep - 21 FISH STICKS 100% FRUIT JUICE MILK KETCUP/HEINZ/LOW SODIUM |
| Sep - 24 SAUSAGE PATTIE 100% FRUIT JUICE MILK | Sep - 25 BLUEBERRY PANCAKES IW CINNAMON PANCAKES IW 100% FRUIT JUICE APPLESAUCE,SWEETENED MILK | Sep - 26 CHICKEN BISCUIT 100% FRUIT JUICE MILK | Sep - 27 ASSORTED CEREAL APPLE SLICES W/ CINNAMON MILK 100% FRUIT JUICE | Sep - 28 DUTCH WAFFLES 100% FRUIT JUICE MILK |
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N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.