

Dorchester School District 4

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 3 HOLIDAY	Sep - 4 MANAGER'S CHOICE	Sep - 5 CHICKEN NUGGETS BREADE FRENCH FRIES ASPARAGUS FRUIT,FRESH ASSORTED KETCUP/HEINZ/LOW SODIUM MILK	Sep - 6 CHICKEN ALA KING for K thru SQUASH,SUMMER 100% FRUIT JUICE MILK BROWN RICE, UNCLE BEN'S FRUIT,FRESH ASSORTED	Sep - 7 PIZZA/WG PEPPERONI WEDG TOSSED SALAD W/ DRESSIN 100% FRUIT JUICE MILK ROSY APPLESAUCE
Sep - 10 HAMBURGER STEAK IN GRAV WHIPPED POTATOES CARROTS FRUIT,FRESH ASSORTED MILK	Sep - 11 MANDARIN ORANGE CHICKE ASIAN STIR FRIED RICE TURNIP GREENS MILK FRUIT,FRESH ASSORTED	Sep - 12 MACARONI AND CHEESE FRUIT CUP, CANNED & FRES MILK GREEN BEANS, SEASONED	Sep - 13 PIZZA, CHEESE/THE MAX MARINATED FRESH VEGETAB ROSY APPLESAUCE MILK	Sep - 14 CHICKEN PARMESAN W/SPAG WHIPPED POTATOES COOKED COLLARDS CHILLED PINEAPPLE TIDBIT MILK
Sep - 17 HAMBURGER ON WHOLE WH BAKED BEANS, BUSH'S FRENCH FRIES LETTUCE & TOMATO CHILLED PEACHES MUSTARD KETCUP/HEINZ/LOW SODIUM MILK	Sep - 18 CHICKEN NUGGETS BREADE ROLL,HONEY WHEAT RANCH PEAS & CARROTS 100% FRUIT JUICE FRUIT,FRESH ASSORTED MILK	Sep - 19 SPAGHETTI SAUCE W/ MEAT BREADSTICKS, WHOLE WHEA CALIFORNIA BLEND FRUIT,FRESH ASSORTED MILK	Sep - 20 PIZZA/WG PEPPERONI WEDG TOSSED SALAD W/ DRESSIN MILK FRUIT,FRESH ASSORTED	Sep - 21 CHICKEN STIR FRY SQUASH,SUMMER 100% FRUIT JUICE MILK BROWN RICE, UNCLE BEN'S FRUIT,FRESH ASSORTED
Sep - 24 SPAGHETTI SAUCE W/ MEAT CORN,CANNED ROLL,HONEY WHEAT RANCH MILK	Sep - 25 CHEESEBURGE MEATLOAF LIMA BEANS, FROZEN FRUIT,FRESH ASSORTED MILK	Sep - 26 CHICKEN FILLET ON BUN LETTUCE & TOMATO SUCCOTASH KETCUP/HEINZ/LOW SODIUM MILK FRUIT,FRESH ASSORTED	Sep - 27 PIZZA/WG PEPPERONI WEDG TOSSED SALAD W/ DRESSIN MILK FRUIT,FRESH ASSORTED	Sep - 28 BEEF A RONI LIMA BEANS, FROZEN FRUIT,FRESH ASSORTED MILK

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.