

Dorchester School District 4

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 3 HOLIDAY	Sep - 4 POP TART/LOW FAT STRAWB POP TART/ BROWN SUGAR CI APPLESAUCE, UNSWEETENED 100% FRUIT JUICE MILK HONEY BUN ASSORTED CEREAL SAUSAGE PATTIE	Sep - 5 BLUEBERRY MUFFIN APPLE MUFFIN 100% FRUIT JUICE FRUIT, FRESH ASSORTED MILK STRAWBERRY APPLESAUCE C HONEY BUN ASSORTED CEREAL STRING CHEESE, MOZZAREL GRAHAM CRACKERS	Sep - 6 HAM & CHEESE BISCUIT/WG 100% FRUIT JUICE FRUIT, FRESH ASSORTED MILK CHILLED PINEAPPLE TIDBIT HONEY BUN ASSORTED CEREAL	Sep - 7 FRENCH TOAST STICKS 100% FRUIT JUICE MILK MANDARIN ORANGES FRUIT, FRESH ASSORTED HONEY BUN ASSORTED CEREAL STRING CHEESE, MOZZAREL GRAHAM CRACKERS
Sep - 10 GRILLED CHEESE SANDWICH FRUIT, FRESH ASSORTED 100% FRUIT JUICE MILK PEACHES, FROZEN, INDV. SE HONEY BUN ASSORTED CEREAL	Sep - 11 ASSORTED CEREAL ANIMAL CRACKERS 100% FRUIT JUICE MILK CHOCOLATE BEAR GRAHAMS FRUIT, FRESH ASSORTED HONEY BUN	Sep - 12 GRITS W/ BUTTER SCRAMBLED EGGS SAUSAGE LINKS YEAST ROLLS-LOCAL HONEY BUN ASSORTED CEREAL MILK FRUIT, FRESH ASSORTED	Sep - 13 SAUSAGE BISCUIT CHILLED PINEAPPLE TIDBIT 100% FRUIT JUICE KETCUP/HEINZ/LOW SODIUM MILK HONEY BUN ASSORTED CEREAL GRAHAM CRACKERS	Sep - 14 CINNAMON MINI'S TURKEY SAUSAGE ROLL 100% FRUIT JUICE MILK HONEY BUN ASSORTED CEREAL YOGURT, DANNON, LF, STRA
Sep - 17 MINI CINNAMON ROLLS 100% FRUIT JUICE MILK STRAWBERRY CUP, COMMOD FRUIT, FRESH ASSORTED HONEY BUN ASSORTED CEREAL GRAHAM CRACKERS	Sep - 18 ASSORTED CEREAL 100% FRUIT JUICE FRUIT PEALS MILK CHOCOLATE BEAR GRAHAMS FRUIT, FRESH ASSORTED KELLOGG'S CRUNCHMANIA C HONEY BUN	Sep - 19 WRAPRED SAUSAGE BITES 100% FRUIT JUICE MIXED FRUIT CUP MILK FRUIT, FRESH ASSORTED HONEY BUN ASSORTED CEREAL GRAHAM CRACKERS	Sep - 20 YOPLAIT PARFAIT KEEBLER GRIPZ FOR PARFAIT 100% FRUIT JUICE FRUIT, FRESH ASSORTED MILK FRUIT PEALS HONEY BUN ASSORTED CEREAL STRING CHEESE, MOZZAREL	Sep - 21 FISH STICKS GRITS W/ BUTTER 100% FRUIT JUICE MILK KETCUP/HEINZ/LOW SODIUM FRUIT, FRESH ASSORTED HONEY BUN ASSORTED CEREAL

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 24 SAUSAGE PATTIE GRITS W/ BUTTER 100% FRUIT JUICE FRUIT,FRESH ASSORTED MILK KETCUP/HEINZ/LOW SODIUM BISCUIT, WHOLE GRAIN HONEY BUN ASSORTED CEREAL	Sep - 25 BLUEBERRY PANCAKES IW CINNAMON PANCAKES IW 100% FRUIT JUICE APPLESAUCE,SWEETENED MILK HONEY BUN ASSORTED CEREAL	Sep - 26 CHICKEN BISCUIT 100% FRUIT JUICE MANDARIN ORANGES MILK KETCUP/HEINZ/LOW SODIUM FRUIT,FRESH ASSORTED HONEY BUN ASSORTED CEREAL GRAHAM CRACKERS	Sep - 27 ASSORTED CEREAL 100% FRUIT JUICE APPLE SLICES W/ CINNAMON MILK CHOCOLATE BEAR GRAHAMS FRUIT,FRESH ASSORTED HONEY BUN KELLOGG'S CRUNCHMANIA C	Sep - 28 DUTCH WAFFLES 100% FRUIT JUICE FRUIT PEALS MILK FRUIT,FRESH ASSORTED HONEY BUN ASSORTED CEREAL YOGURT, DANNON, LF, STRA

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