

Dorchester School District 4

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 3 HOLIDAY	Sep - 4 MANAGER'S CHOICE	Sep - 5 TACOS CHICKEN NUGGETS BREADE FRENCH FRIES ASPARAGUS WHOLE GRAIN DINNER ROLL FRUIT,FRESH ASSORTED TACO SAUCE HONEY MUSTARD KETCUP/HEINZ/LOW SODIUM 100% FRUIT JUICE MILK PIZZA,WG BARBECUE CHICK	Sep - 6 VEGTABLE SOUP W/ BEEF BBQ PORK /TOMATO BASE O CHEESEBURGER ON BUN PEACHES, FROZEN, INDV. SE CARROTS LETTUCE & TOMATO MILK STRING CHEESE, MOZZAREL BROWN RICE, UNCLE BEN'S 100% FRUIT JUICE FRUIT,FRESH ASSORTED	Sep - 7 PIZZA,WG BARBECUE CHICK CHEF SALAD W/ HAM BARBECUE PORK ON BUN TOSSED SALAD W/ DRESSIN POTATO WEDGES, FROZEN, MIXED FRUIT CUP MILK PRETZELS WHOLE GRAIN 100% FRUIT JUICE FRUIT,FRESH ASSORTED PIZZA/WG PEPPERONI WEDG
Sep - 10 HAMBURGER STEAK IN GRAV WHIPPED POTATOES HOT TURKEY AND CHEESE O BUN BREADSTICKS, WHOLE WHEA CARROTS MIXED VEGETABLES FRUIT,FRESH ASSORTED MILK TACO PIE	Sep - 11 BBQ RIB PATTY MANDARIN ORANGE CHICKE ASIAN STIR FRIED RICE TURNIP GREENS ROLL,HONEY WHEAT RANCH CORN DOG NUGGETS FIELD PEAS W/ SNAPS CRAISINS MILK KETCUP/HEINZ/LOW SODIUM BARBECUE SAUCE-POCO 100% FRUIT JUICE FRUIT,FRESH ASSORTED	Sep - 12 BARBECUE CHICKEN MACARONI AND CHEESE FRUIT,FRESH ASSORTED BROWN RICE, UNCLE BEN'S MILK 100% FRUIT JUICE ROLL,HONEY WHEAT RANCH CHICKEN STIR FRY DRIED BEANS & PEAS BROCCOLI SALAD	Sep - 13 PIZZA/WG PEPPERONI WEDG TOSSED SALAD W/ DRESSIN CHEF SALAD W/ HAM SALTINES, WHOLE GRAIN POTATO WEDGES, FROZEN, 100% FRUIT JUICE MILK VEGTABLE LASAGNA DINNER ROLL CANDY APPLE SLICES CANDIED CARROTS CHOCOLATE CHIP COOKIE FRUIT,FRESH ASSORTED	Sep - 14 CHICKEN PARMESAN W/SPAG WHIPPED POTATOES MEATLOAF COOKED COLLARDS CHILLED PINEAPPLE TIDBIT TOMATO SAUCE MILK HAMBURGER STEAK IN GRAV BISCUIT, WHOLE GRAIN 100% FRUIT JUICE FRUIT,FRESH ASSORTED

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

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Sep - 17 CORN DOG HAMBURGER ON WHOLE WH BAKED BEANS, BUSH'S LETTUCE & TOMATO PEACHES, FROZEN, INDV. SE MUSTARD KETCUP/HEINZ/LOW SODIUM MILK PIZZA W/ SAUSAGE & TVP MAYONNAISE, FAT FREE 100% FRUIT JUICE FRUIT,FRESH ASSORTED	Sep - 18 CHICKEN NUGGETS BREADE ROLL,HONEY WHEAT RANCH CORN,CANNED CHICKEN FAJITA WRAP PEAS & CARROTS 100% FRUIT JUICE FRUIT,FRESH ASSORTED MILK PIZZA/WG PEPPERONI WEDG	Sep - 19 SPAGHETTI SAUCE W/ MEAT TOSSED SALAD W/ DRESSIN BAKED POTATO W/ CHILE BREADSTICKS, WHOLE WHEA CALIFORNIA BLEND FRUIT,FRESH ASSORTED MILK 100% FRUIT JUICE HOT DOG	Sep - 20 PIZZA/WG PEPPERONI WEDG TOSSED SALAD W/ DRESSIN CHEF SALAD W/ HAM SALTINES, WHOLE GRAIN POTATO WEDGES, FROZEN, 100% FRUIT JUICE MILK VEGETABLE LASAGNA DINNER ROLL CANDY APPLE SLICES CANDIED CARROTS CHOCOLATE CHIP COOKIE FRUIT,FRESH ASSORTED	Sep - 21 CHICKEN STIR FRY SLOPPY JOE ON A BUN BAKED BEANS, BUSH'S SQUASH,SUMMER BISCUIT/MINI WHOLE GRAIN 100% FRUIT JUICE MILK KETCUP/HEINZ/LOW SODIUM BROWN RICE, UNCLE BEN'S PIZZA, MAX STIX CHILLED FRUIT COCKTAIL FRUIT,FRESH ASSORTED
Sep - 24 HOT DOG CHILI FOR HOT DOGS SPAGHETTI SAUCE W/ MEAT CORN,CANNED MIXED VEGETABLES APPLE CRISP 100% FRUIT JUICE MILK GARLIC BREAD STICK TACO PIE FRUIT,FRESH ASSORTED	Sep - 25 CHEESEBURGE MEATLOAF TOSSED SALAD W/ DRESSIN LIMA BEANS, FROZEN BROCCOLI FRESH RANCH DRESSING-LF FRUIT,FRESH ASSORTED BISCUIT/MINI WHOLE GRAIN MILK HAM AND CHEESE ON BUN/C	Sep - 26 CHICKEN FILLET ON BUN RED RICE AND SAUSAGE LETTUCE & TOMATO BAKED BEANS, BUSH'S CANTALOUPE SUCCOTASH CORNBREAD KETCUP/HEINZ/LOW SODIUM MAYONNAISE, FAT FREE MILK 100% FRUIT JUICE HAMBURGER ON WHOLE WH FRUIT,FRESH ASSORTED	Sep - 27 PIZZA, WW STUFFED CRUST CHICKEN POT PIE CHEF SALAD W/ HAM BISCUIT/MINI WHOLE GRAIN TOSSED SALAD W/ DRESSIN 100% FRUIT JUICE MILK ROSY APPLESAUCE FRUIT,FRESH ASSORTED	Sep - 28 BEEF A RONI CHICKEN TETRAZZINI LIMA BEANS, FROZEN BROCCOLI FRESH RANCH DRESSING-LF FRUIT,FRESH ASSORTED BISCUIT/MINI WHOLE GRAIN MILK CHEESEBURGER ON BUN LETTUCE & TOMATO KETCUP/HEINZ/LOW SODIUM MUSTARD

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