

Dorchester School District 4
004 - ST. GEORGE MIDDLE

Monday	Tuesday	Wednesday	Thursday	Friday
	Jan - 1 CHRISTMAS HOLIDAY BREAK	Jan - 2 CHRISTMAS HOLIDAY BREAK	Jan - 3 CHRISTMAS HOLIDAY BREAK	Jan - 4 CHRISTMAS HOLIDAY BREAK
Jan - 7 CHRISTMAS HOLIDAY BREAK	Jan - 8 BLUEBERRY MUFFIN APPLE MUFFIN HAM & CHEESE BISCUIT/WG HONEY BUN ASSORTED CEREAL STRING CHEESE, MOZZAREL GRAHAM CRACKERS PEARS, DICED IN JUICE CUP FRUIT,FRESH ASSORTED 100% FRUIT JUICE MILK	Jan - 9 CHICKEN BISCUIT HONEY BUN ASSORTED CEREAL MILK GRAHAM CRACKERS STRING CHEESE, MOZZAREL MANDARIN ORANGES FRUIT,FRESH ASSORTED 100% FRUIT JUICE	Jan - 10 BLUEBERRY PANCAKES IW CINNAMON PANCAKES IW HONEY BUN ASSORTED CEREAL STRING CHEESE, MOZZAREL GRAHAM CRACKERS APPLESAUCE, UNSWEETENED FRUIT,FRESH ASSORTED 100% FRUIT JUICE MILK	Jan - 11 ASSORTED CEREAL HONEY BUN STRING CHEESE, MOZZAREL KELLOG'S CRUNCHMANIA FR YOGURT, DANNON, LF, STRA SIDEKICKS/FROZEN JUICE FRUIT,FRESH ASSORTED 100% FRUIT JUICE MILK
Jan - 14 MINI CINNAMON ROLLS TURKEY SAUSAGE ROLL HONEY BUN ASSORTED CEREAL STRING CHEESE, MOZZAREL GRAHAM CRACKERS STRAWBERRY CUP, COMMOD FRUIT,FRESH ASSORTED 100% FRUIT JUICE MILK	Jan - 15 WG PANCAKE W/ SAUSAGE HONEY BUN ASSORTED CEREAL STRING CHEESE, MOZZAREL KELLOG'S CRUNCHMANIA FR SIDEKICKS/FROZEN JUICE FRUIT,FRESH ASSORTED 100% FRUIT JUICE MILK	Jan - 16 GRITS W/ BUTTER SAUSAGE LINKS ASSORTED CEREAL HONEY BUN ANIMAL CRACKERS CHOCOLATE BEAR GRAHAMS STRING CHEESE, MOZZAREL MIXED FRUIT CUP FRUIT,FRESH ASSORTED 100% FRUIT JUICE MILK	Jan - 17 SAUSAGE BISCUIT SCRAMBLED EGGS HONEY BUN ASSORTED CEREAL STRING CHEESE, MOZZAREL GRAHAM CRACKERS 100% FRUIT JUICE FRUIT,FRESH ASSORTED MILK KETCUP/HEINZ/LOW SODIUM	Jan - 18 Teacher Work Day
Jan - 21 MLK Holiday	Jan - 22 FISH STICKS GRITS W/ BUTTER HONEY BUN ASSORTED CEREAL STRING CHEESE, MOZZAREL GRAHAM CRACKERS 100% FRUIT JUICE APPLESAUCE,SWEETENED MILK KETCUP/HEINZ/LOW SODIUM	Jan - 23 FRUDEL APPLE FILLED POP TART/ BROWN SUGAR CI HONEY BUN ASSORTED CEREAL STRING CHEESE, MOZZAREL KELLOGG'S CRUNCHMANIA C CHILLED FRUIT COCKTAIL FRUIT,FRESH ASSORTED 100% FRUIT JUICE MILK	Jan - 24 BLUEBERRY MUFFIN APPLE MUFFIN HAM & CHEESE BISCUIT/WG HONEY BUN ASSORTED CEREAL STRING CHEESE, MOZZAREL GRAHAM CRACKERS PEARS, DICED IN JUICE CUP FRUIT,FRESH ASSORTED 100% FRUIT JUICE MILK	Jan - 25 PIZZA-BREAKFAST/TONY'S HONEY BUN ASSORTED CEREAL STRING CHEESE, MOZZAREL KELLOG'S CRUNCHMANIA FR SIDEKICKS/FROZEN JUICE FRUIT,FRESH ASSORTED 100% FRUIT JUICE MILK

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 28 DUTCH WAFFLES HONEY BUN ASSORTED CEREAL YOGURT, DANNON, LF, STRA STRING CHEESE, MOZZAREL KELLOG'S CRUNCHMANIA FR SIDEKICKS/FROZEN JUICE 100% FRUIT JUICE MILK	Jan - 29 GRILLED CHEESE SANDWICH MINI WAFFLES, MAPLE HONEY BUN ASSORTED CEREAL STRING CHEESE, MOZZAREL KELLOGG'S CRUNCHMANIA C PEACHES, FROZEN, INDV. SE FRUIT,FRESH ASSORTED 100% FRUIT JUICE MILK	Jan - 30 POP TART LOW FAT FROSTED POP TART/LOW FAT STRAWB HONEY BUN ASSORTED CEREAL STRAWBERRY APPLESAUCE C STRING CHEESE, MOZZAREL GRAHAM CRACKERS 100% FRUIT JUICE FRUIT,FRESH ASSORTED MILK	Jan - 31 FRENCH TOAST STICKS PIZZA-BREAKFAST/TONY'S HONEY BUN ASSORTED CEREAL STRING CHEESE, MOZZAREL GRAHAM CRACKERS MANDARIN ORANGES FRUIT,FRESH ASSORTED 100% FRUIT JUICE MILK	

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