

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 1 SPAGHETTI SAUCE W/ MEAT TOSSED SALAD W/ DRESSIN NACHOS WITH GROUND BEE BREADSTICKS, WHOLE WHEA CALIFORNIA BLEND FRUIT,FRESH ASSORTED MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL	Oct - 2 HOT DOG CHILI FOR HOT DOGS SPAGHETTI SAUCE W/ MEAT CORN,CANNED MIXED VEGETABLES APPLE CRISP 100% FRUIT JUICE MILK KETCUP/HEINZ/LOW SODIUM PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL FRUIT,FRESH ASSORTED	Oct - 3 TACOS CHICKEN NUGGETS BREADE FRENCH FRIES ASPARAGUS WHOLE GRAIN DINNER ROLL FRUIT,FRESH ASSORTED TACO SAUCE HONEY MUSTARD KETCUP/HEINZ/LOW SODIUM 100% FRUIT JUICE MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL	Oct - 4 VEGETABLE SOUP W/ BEEF CHEDDAR GOLDFISH CRACKE CHEESEBURGER ON BUN PEARS CARROTS LETTUCE & TOMATO TURNIP GREENS MILK WHOLE WHEAT SUGAR COOK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL FRUIT,FRESH ASSORTED	Oct - 5 PIZZA/WG PEPPERONI WEDG TOSSED SALAD W/ DRESSIN CHEF SALAD W/ HAM PRETZELS WHOLE GRAIN POTATO WEDGES, FROZEN, 100% FRUIT JUICE MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL FRUIT,FRESH ASSORTED
Oct - 8 HAMBURGER STEAK IN GRAV WHIPPED POTATOES HOT TURKEY AND CHEESE O BUN BREADSTICKS, WHOLE WHEA CARROTS MIXED VEGETABLES FRUIT,FRESH ASSORTED MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL	Oct - 9 BBQ RIB PATTY MANDARIN ORANGE CHICKE ASIAN STIR FRIED RICE TURNIP GREENS ROLL,HONEY WHEAT RANCH CUCUMBER,RAW FIELD PEAS W/ SNAPS CRAISINS MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL FRUIT,FRESH ASSORTED	Oct - 10 Bag Lunch MILK FRUIT,FRESH ASSORTED	Oct - 11 PIZZA, WW STUFFED CRUST CORN DOG TOSSED SALAD W/ DRESSIN MARINATED FRESH VEGETAB ROSY APPLESAUCE MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL FRUIT,FRESH ASSORTED	Oct - 12 CHICKEN PARMESAN W/SPAG WHIPPED POTATOES MEATLOAF/K-8 COOKED COLLARDS CHILLED PINEAPPLE TIDBIT ROLL,HONEY WHEAT RANCH MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL FRUIT,FRESH ASSORTED
Oct - 15 CORN DOG HAMBURGER ON WHOLE WH BAKED BEANS, BUSH'S FRENCH FRIES LETTUCE & TOMATO CHILLED PEACHES MUSTARD KETCUP/HEINZ/LOW SODIUM MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL	Oct - 16 CHICKEN NUGGETS BREADE ROLL,HONEY WHEAT RANCH CORN,CANNED CHICKEN FAJITA WRAP PEAS & CARROTS 100% FRUIT JUICE FRUIT,FRESH ASSORTED MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL	Oct - 17 BARBECUE CHICKEN MACARONI AND CHEESE FRUIT CUP, CANNED & FRES BROWN RICE, UNCLE BEN'S MILK 100% FRUIT JUICE ROLL,HONEY WHEAT RANCH BROCCOLI SALAD PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL	Oct - 18 PIZZA/WG PEPPERONI WEDG TOSSED SALAD W/ DRESSIN CHEF SALAD W/ HAM PRETZELS WHOLE GRAIN POTATO WEDGES, FROZEN, 100% FRUIT JUICE MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL FRUIT,FRESH ASSORTED	Oct - 19 CHICKEN STIR FRY SLOPPY JOE ON A BUN BAKED BEANS, BUSH'S SQUASH,SUMMER BISCUIT/MINI WHOLE GRAIN 100% FRUIT JUICE MILK KETCUP/HEINZ/LOW SODIUM BROWN RICE, UNCLE BEN'S PIZZA, MAX STIX CHILLED FRUIT COCKTAIL FRUIT,FRESH ASSORTED

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

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Dorchester School District 4
005 - WOODLAND HIGH SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Oct - 22</p> <p>CHICKEN AND NOODLE SOUP CHEDDAR GOLDFISH CRACKER BBQ PORK /TOMATO BASE O SAVORY PEAS 100% FRUIT JUICE TOMATOES,FRESH,RED RIPE RANCH DRESSING-LF CHILLED PINEAPPLE TIDBIT MILK NACHOS WITH GROUND BEE FRUIT,FRESH ASSORTED</p>	<p>Oct - 23</p> <p>CHEESEBURGE MEATLOAF TOSSED SALAD W/ DRESSING LIMA BEANS, FROZEN BROCCOLI FRESH RANCH DRESSING-LF FRUIT,FRESH ASSORTED BISCUIT/MINI WHOLE GRAIN MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL</p>	<p>Oct - 24</p> <p>CHICKEN FILLET ON BUN RED RICE AND SAUSAGE/k-8 LETTUCE & TOMATO BAKED BEANS, BUSH'S CANTALOUPE SUCCOTASH CORNBREAD KETCUP/HEINZ/LOW SODIUM MAYONNAISE, FAT FREE MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL FRUIT,FRESH ASSORTED</p>	<p>Oct - 25</p> <p>PIZZA/WG PEPPERONI WEDG TOSSED SALAD W/ DRESSING CHEF SALAD W/ HAM PRETZELS WHOLE GRAIN POTATO WEDGES, FROZEN, 100% FRUIT JUICE MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL FRUIT,FRESH ASSORTED</p>	<p>Oct - 26</p> <p>BEEF A RONI CHICKEN TETRAZZINI, K-8 LIMA BEANS, FROZEN BROCCOLI FRESH RANCH DRESSING-LF FRUIT,FRESH ASSORTED BISCUIT/MINI WHOLE GRAIN MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL</p>
<p>Oct - 29</p> <p>SPAGHETTI SAUCE W/ MEAT TOSSED SALAD W/ DRESSING NACHOS WITH GROUND BEE BREADSTICKS, WHOLE WHEAT CALIFORNIA BLEND FRUIT,FRESH ASSORTED MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL</p>	<p>Oct - 30</p> <p>HOT DOG CHILI FOR HOT DOGS SPAGHETTI SAUCE W/ MEAT CORN,CANNED MIXED VEGETABLES APPLE CRISP 100% FRUIT JUICE MILK KETCUP/HEINZ/LOW SODIUM PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL FRUIT,FRESH ASSORTED</p>	<p>Oct - 31</p> <p>TACOS CHICKEN NUGGETS BREADED FRENCH FRIES ASPARAGUS WHOLE GRAIN DINNER ROLL FRUIT,FRESH ASSORTED TACO SAUCE HONEY MUSTARD KETCUP/HEINZ/LOW SODIUM 100% FRUIT JUICE MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL</p>		

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