





## Suggested Kindergarten Readiness Skills

PERSONALINFORMATION:
Knows full name
<ul> <li>Knows age</li> <li>Knows mother's and father's first name</li> </ul>
Begins to learn address and telephone number
Begins to learn birth date
READING/LANGUAGE SKILLS:
Holds a book and turns pages one at a time
<ul> <li>Identifies parts of a book (ex. front, back, title,</li> </ul>
pictures)  Pays attention to a short story when it is read and
<ul> <li>Pays attention to a short story when it is read and can answer simple questions about it</li> </ul>
Retells parts of a story after listening to it
<ul> <li>Recognizes letters in name</li> </ul>
ldentifies rhyming words
<ul><li>Identifies beginning sounds in words (ex. b says "buh")</li></ul>
WRITING SKILLS:
Recognizes name
Writes first name
Begins to draw pictures that are recognizable
Works left to right
MATH SKILLS
<ul> <li>Recognizes shapes (ex. square, circle, triangle,</li> </ul>
rectangle, oval)  Understands positional words (ex. up, down, behind,
beside, in-front, first, middle, last)
☐ Sorts items by color, shape, size
<ul> <li>Understands words related to size (ex. more, less,</li> </ul>
big, small, long, short)
Recognizes colors     Counts 10 objects
Counts from 1 to 10
Begins to recognize numbers 1 to 10
<ul> <li>Extends a simple pattern (ex. red, yellow, red, yellow,</li> </ul>
red)

## FINE MOTOR SKILLS:

- Holds scissors correctly
- Holds a pencil or crayon correctly
- Cuts with scissors
- Begins to zip, button and snap

## GROSS MOTOR SKILLS:

- Runs, jumps, skips, climbs, hops and claps
- Walks backwards
- Walks up and down stairs unassisted
- Begins to bounce, catch, throw, and kick a ball

## SOCIAL AND BEHAVIORAL DEVELOPMENT:

- Solves problems while interacting with peers
- Speaks so an adult can understand
- Plays appropriately with other children
- Follows simple directions
- Waits turn and shares
- Speaks in simple sentences
- Asks questions about things around him/her
- Works for short periods of time without disturbing others
- Cleans up after activities
- Participates in group activities
- Practices self-control
- Exhibits respect for others
- Goes to restroom by himself/herself
- Practices good health habits (ex. washes hands)
- Practices good manners (ex. says "please", "thank you")
- Spends supervised time away from parents or guardians without anxiety
- Obeys rules
- Uses appropriate voice level
- Works independently
- Names body parts (ex. head, arms, legs)
- Begins to make healthy food choices
- Begins to practice personal safety
- Begins to manage time
- Uses fork or spoon at meal time

This is a suggested list of some skills that prepare children to be ready for today's kindergarten program. This list was developed by educators and is based on Alabama Performance Standards for 4-Year-Old through the www.children.alabama.gov website.

This list can be used by parents and organizations that offer preschool programs.

Due to developmental differences and/or physical capabilities, every child is not expected to master every skill before entering kindergarten. If you have concerns about your child's development, please contact your child's preschool teacher or physician.