

Menu Weekly Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)(1)	Fat (g)	Sfat (g)(1)	TFat (g)(2)	Chol (mg)	Na (mg)(1)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
HW2M-Lunch-Aug 17 - Day: 1	100																
Category: MEAT/MEAT ALT; Choose: 1																	
Broccoli Cheese Soup - LR100732 (1 c.)	1	180.16	10.44	4.66	0.00(M)	23.60	1042.94	11.46	2.28	5.12	12.07	0.23	351.78	7458.77	14.89	0.00(M)	0.00(M)
Chicken Tenders - LR100060 (3 tenders)	14	230.00	9.00	1.50	0.00	55.00	380.00	14.00	1.00	1.00	23.00	1.44	0.00	0.00	0.00	0.00	0.00
Chicken Teriyaki- Tyson - LR100656 (6 oz.)	5	253.77	9.06	2.72	0.00	145.01	761.32	10.88	0.00	9.06	30.81	1.96	36.25	0.00	0.00	(M)	(M)
HS Cheeseburger - LR100668 (1 ea.)	14	378.00	15.60	6.00	0.50	46.00	474.00	35.80	4.00	4.80	22.80	3.24	300.00	120.00	0.00	0.00(M)	0.00(M)
Pizza, Cheese 16" - LR100471 (1 slice)	2	310.00	13.00	8.00	0.00	30.00	540.00	29.00	3.00	4.00	20.00	2.70	450.00	400.00	6.00	0.00	0.00
Pizza, Ham and Pineapple 16" HS - LR100488 (1 slice)	6	357.53	13.78	8.25	0.00	43.07	847.45	34.58	3.20	7.23(M)	24.19	2.69	449.21	399.30	7.81	0.00(M)	0.00(M)
Pizza, Pepperoni 16" HS - LR100492 (1 slice)	23	340.00	17.00	9.00	0.00	35.00	730.00	29.00	3.00	4.00	20.00	2.70	400.00	300.00	6.00	0.00	0.00
Pizza, Veggie 16" HS - LR100485 (1 slice)	1	371.93	16.78	10.18	0.00	39.32	672.02	30.95	3.39	4.18	24.56	2.79	577.49	678.51	11.64	23.63(M)	0.13(M)
Spicy Chicken Sandwich - LR100463 (1 patty)	14	390.00	12.00	2.00	0.00	50.00	679.99	44.00	4.00	5.00	27.00	3.24	220.00	100.00	0.00	0.00(M)	0.00(M)
Spicy Orange Chicken-Tyson - LR100170 (6 oz.)	5	420.00	22.50	4.50	0.00	172.50	540.00	21.00	0.00	16.50	34.50	2.70	30.00	0.00	3.00	(M)	(M)
Sub Line, Buffalo Tender - LR100676 (1 sandwich)	1	462.18	17.60	3.16	0.00(M)	55.00	2821.35	47.11	4.99	7.27	29.06	2.44	17.12	350.20	1.61	3.54(M)	0.20(M)
Category: GRAIN; Choose: 1																	
1oz Rolls, Breadsticks, Homemade - LR100030 (1 ounce roll)	14	86.92	2.12	0.17	0.00(M)	0.30	103.32	14.59	1.24	2.55	2.56	0.71	22.54	1.10	0.10	10.73(M)	0.16(M)
Asian Rice 1 Cup - Scratch - LR100776 (1 c.)	10	120.34	1.12	0.03	0.00	0.00	548.59	24.26	2.50	1.38	3.55	0.74	10.36(M)	3415.18(M)	2.29(M)	118.01(M)	0.00(M)
Category: VEGETABLE; Choose: 1																	
Condiment: Lettuce Leaf/Sliced Tomato - LR100025 (1/2 c.)	10	5.92	0.08	0.01	0.00(M)	0.00	1.98	1.09	0.50	0.40	0.32	0.19	6.55	1458.35	2.67	28.66	0.16
French Fries-Straight Cut BAKED - LR100250 (1/2 c.)	75	200.00	6.67	0.83	0.00	0.00	225.00	33.33	3.33	(M)	1.67	0.60	0.00	0.00	4.00	0.00	0.00
Steamed Broccoli (Frozen) - LR100070 (1/2 c.)	20	29.46	0.00	0.00	0.00(M)	0.00	19.82	3.93	1.96	1.96	1.28	0.00	19.64	0.00	31.23	5.79(M)	0.00(M)
Category: FRUIT; Choose: 1																	
Assorted Fruit Juice-4oz - LR100210 (1/2 c.)	65	60.00	0.00	0.00	0.00	0.00	17.00	15.00	0.00	13.40	0.00	0.00	0.00	200.00	19.68	0.00	0.00

Menu Weekly Nutrient Analysis

Fresh Fruit - LR100120 (1 ea.)	25	81.36	0.27	0.06	(M)	0.00	0.89	20.97	3.26	14.05	0.97	0.21	22.41	150.24	28.94	109.84	0.61
Mandarin Oranges - LR100278 (1/2 c.)	40	68.96	0.11	0.01	0.00	0.00	6.78	18.30	0.79	17.51	0.56	0.42	7.91	949.57	22.38	0.00	0.22
Orange Juice, 4oz - LR100381 (1 Carton)	44	60.00	0.00	0.00	0.00	0.00	9.00	14.00	0.00	11.00	1.00	0.00	50.00	0.00	30.00	(M)	(M)
Category: MILK; Choose: 1																	
Milk, 1% 8oz - LR100161 (1 Carton)	3	110.00	2.50	0.00	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Milk, Chocolate Trumoo FF 8oz - LR100039 (1 Carton)	26	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Milk, Skim 8oz - LR100040 (1 Carton)	1	90.00	0.00	0.00	0.00	5.00	135.00	13.00	0.00	13.00	9.00	0.00	300.00	500.00	2.40	(M)	(M)
Milk, Strawberry Trumoo FF 8oz - LR100041 (1 Carton)	7	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Milk, Vanilla Trumoo FF 8oz - LR100042 (1 Carton)	3	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Category: SUB LINE; Choose: 1																	
Sub Line, Cheese Amer 0.5M/MA - LR100562 (1/2 oz.)	4	35.00	2.00	1.25	0.00	7.50	105.00	1.00	0.00	1.00	3.50	0.00	100.00	150.00	0.00	0.00	0.00
Sub Line, Cheese Pepper Jack 0.5M/MA - LR100565 (1/2 oz.)	4	55.00	4.50	3.00	0.00	12.50	105.00	0.50	0.00	0.00	3.00	0.00	100.00	150.00	0.00	0.00	0.00
Sub Line, Cheese Swiss 0.5M/MA - LR100563 (1/2 oz.)	2	45.00	3.00	1.75	0.00	10.00	57.50	0.50	0.00	0.50	4.00	0.00	125.00	100.00	0.00	0.00	0.00
Sub Line, Cheese White Amer 0.5M/MA - LR100564 (1/2 oz.)	4	50.00	4.00	2.50	0.00	12.50	235.00	1.00	0.00	0.50	2.50	0.00	75.00	150.00	0.00	0.00	0.00
Sub Line, Flatbread - LR100561 (1 ea.)	2	130.00	1.00	0.00	0.00	0.00	140.00	26.00	3.00	1.00	4.00	1.08	80.00	0.00	0.00	0.00	0.00
Sub Line, Ham 1.5M/MA - LR100566 (1 7/8 oz.)	10	56.40	1.41	0.47	0.00	28.20	563.99	2.82	0.00	1.88	8.46	0.00	0.00	0.00	0.00	(M)	(M)
Sub Line, Hoagie Roll - LR100559 (1 ea.)	10	160.00	3.00	0.50	0.00	0.00	140.00	28.00	3.00	3.00	6.00	0.83	11.70	0.00	0.00	0.00	0.00
Sub Line, Toppings - LR100558 (1 1/2 c.)	14	94.15	0.56	0.10	0.00(M)	0.00(M)	252.94	18.28	6.32	1.65(M)	5.10	1.85(M)	49.93(M)	5293.72(M)	17.59	121.07(M)	0.64(M)
Sub Line, Turkey 1.5M/MA - LR100567 (2 1/4 oz.)	10	52.97	0.38	0.00	0.00	26.49	348.10	0.00	0.00	0.00	12.11	0.27	0.00	0.00	0.00	0.00	0.00
Sub line, Wrap - LR100560 (1 ea.)	10	176.00	3.30	1.25	0.00	0.00	331.50	34.50	5.25	(M)	5.75	0.00	0.00	0.00	0.00	(M)	(M)
Category: CONDIMENT; Choose: 1																	
Asian Bar - Sweet and Sour Sauce - LR100780 (1 oz.)	5	35.00	0.00	0.00	0.00	0.00	190.00	9.00	0.00	7.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Asian Bar - Thai Chili Sauce - LR100779 (1 oz.)	5	47.25	0.00	0.00	0.00	0.00	244.13	11.81	0.00	11.03	0.00	0.00	0.00	78.75	1.89	(M)	(M)
BBQ Sauce, IND - LR100005 (1 ea.)	14	20.00	0.00	0.00	0.00	0.00	89.00	5.00	0.00	3.00	0.00	0.00	0.00	50.00	0.00	0.00	0.00
Ketchup, Ind Pack - LR100157 (2 ea.)	75	20.00	0.00	0.00	0.00	0.00	170.00	5.00	0.00	4.00	0.00	0.00	0.00	0.00	0.00	8.30	0.44

Menu Weekly Nutrient Analysis

Mayonnaise, Ind Pkt - LR100158 (1 ea.)	14	35.00	3.44	0.00	0.00	0.00	80.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.07	0.11
Mustard, Indv Pkts - LR100148 (1 packet)	7	0.00	0.00	0.00	0.00	0.00	65.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Salad Dressing Variety - LR100156 (1 ea.)	2	122.61	11.66	1.74	0.00	8.46	549.22	2.85	0.15	1.90	1.15	0.00	16.92	84.61	0.00	(M)	(M)
HW2T-Lunch-Aug 17 - Day: 2	100																
Category: MEAT/MEAT ALT; Choose: 1																	
Chicken Filet Sandwich HS/MS - LR100658 (1 sandwich)	0	360.00	10.00	1.50	0.00	45.00	720.00	45.00	4.00	4.00	23.00	1.80	200.00	0.00	0.00	(M)	(M)
Hot & Spicy Boneless Strips - LR100134 (3 tenders)	7	305.55	15.05	2.76	0.00(M)	55.01	720.87	18.90	2.07	4.22	23.07	1.44	2.26	340.27	0.87	1.18(M)	0.15(M)
Hot Dog - LR100079 (1 ea.)	3	280.00	16.50	5.00	1.00(M)	30.00	690.00	24.00	2.00	0.00(M)	10.00	3.44	150.00	0.00	4.00	(M)	(M)
Pasta Bar, Alfredo Sauce - LR100549 (1/2 c.)	6	180.20	10.01	6.01	0.00	38.04	748.83	10.01	0.00	6.01	12.01	0.00	380.42	450.50	0.00	0.00	0.00
Pasta Bar, Chicken Tender - LR100547 (3 ea.)	6	230.00	9.00	1.50	0.00	55.00	380.00	14.00	1.00	1.00	23.00	1.44	0.00	0.00	0.00	0.00	0.00
Pasta Bar, Grilled Chicken - LR100546 (2 oz.)	6	106.67	4.67	1.33	0.00	46.67	226.66	1.33	0.00	0.67	14.00	0.72	13.33	0.00	0.00	0.00	0.00
Pasta Bar, Meat Sauce made w/ Spaghetti Sauce (Homemade) - LR100771 (1/2 c.)	6	151.35	5.76	1.79	0.00(M)	41.45	492.06	11.15	2.04	0.36(M)	15.04	7.98(M)	74.34(M)	430.04(M)	7.38(M)	0.33(M)	0.35(M)
Pasta Bar, Meatballs w/Marinara w/ Spaghetti Sauce (Homemade) - LR100770 (1/2 c.)	6	166.38	6.02	1.71	0.00(M)	44.31	657.39	15.09	2.04	0.36(M)	14.36	4.54(M)	91.96(M)	427.97(M)	7.28(M)	0.33(M)	0.35(M)
Pizza, Cheese 16" HS - LR100484 (1 slice)	2	309.45	12.98	7.99	0.00	29.95	539.05	28.95	3.00	3.99	19.96	2.69	449.21	399.30	5.99	0.00	0.00
Pizza, Pepperoni 16" HS - LR100492 (1 slice)	25	340.00	17.00	9.00	0.00	35.00	730.00	29.00	3.00	4.00	20.00	2.70	400.00	300.00	6.00	0.00	0.00
Pizza, Philly Beef 16" HS - LR100487 (1 slice)	1	339.17	14.26	8.41	0.00(M)	41.31	604.86	29.92	3.18	4.46(M)	23.66	3.89	451.34	433.51(M)	15.20(M)	0.00(M)	0.00(M)
Pizza, Veggie 16" HS - LR100485 (1 slice)	1	371.93	16.78	10.18	0.00	39.32	672.02	30.95	3.39	4.18	24.56	2.79	577.49	678.51	11.64	23.63(M)	0.13(M)
Sub, Philly - LR100757 (3 ounces)	5	163.70	8.55	4.17	0.00	50.44	1028.55	4.85	0.19	2.40	17.68	1.50	103.07	216.92	4.45	0.00(M)	0.00(M)
Turkey Noodle Soup - LR100113 (1 c.)	5	99.53	1.87	0.35	0.00(M)	25.88	285.92	13.39	1.78	1.39(M)	7.59	0.47	20.14	1934.53	0.90	199.56(M)	0.35(M)
Category: GRAIN; Choose: 1																	
1oz Rolls, Breadsticks, Homemade - LR100030 (1 ounce roll)	10	86.92	2.12	0.17	0.00(M)	0.30	103.32	14.59	1.24	2.55	2.56	0.71	22.54	1.10	0.10	10.73(M)	0.16(M)
Pasta Bar, Pasta - LR100542 (1 c.)	25	190.47	1.00	0.00	0.00	0.00	10.03	39.10	4.01	1.00	8.02	1.70(M)	15.54(M)	0.92(M)	0.00(M)	2.30	0.25
Category: VEGETABLE; Choose: 1																	
Caesar Side Salad - LR100077 (1 c.)	20	117.73	9.28	1.62	0.00(M)	1.84	201.63	5.87	1.55	1.14	2.43	0.76	52.15	5205.79	2.38	58.92(M)	0.53(M)

Menu Weekly Nutrient Analysis

Condiment: Lettuce Leaf/Sliced Tomato - LR100025 (1/2 c.)	11	5.92	0.08	0.01	0.00(M)	0.00	1.98	1.09	0.50	0.40	0.32	0.19	6.55	1458.35	2.67	28.66	0.16
Marinara w/ Spaghetti Sauce (Homemade) - LR100765 (1/2 c.)	7	58.07	1.10	0.24	0.00(M)	0.00	253.71	11.15	2.04	0.36(M)	1.56	3.83(M)	72.27(M)	427.97(M)	5.31(M)	0.33(M)	0.35(M)
Seasoned Corn - LR100049 (1/2 c.)	25	85.06	0.66	0.18	0.00	0.00	147.23	17.54	2.02	2.56	2.13	0.40	9.24	165.92	2.93	2.48(M)	0.00(M)
Category: FRUIT; Choose: 1																	
Applesauce - LR100107 (1/2 c.)	16	55.25	0.11	0.01	0.00	0.00	2.17	15.17	1.08	13.00	0.22	0.33	5.42	37.92	1.30	0.00	0.00
Assorted Fruit Juice-4oz - LR100210 (1/2 c.)	65	60.00	0.00	0.00	0.00	0.00	17.00	15.00	0.00	13.40	0.00	0.00	0.00	200.00	19.68	0.00	0.00
Fresh Fruit - LR100120 (1 ea.)	26	81.36	0.27	0.06	(M)	0.00	0.89	20.97	3.26	14.05	0.97	0.21	22.41	150.24	28.94	109.84	0.61
Orange Juice, 4oz - LR100381 (1 Carton)	44	60.00	0.00	0.00	0.00	0.00	9.00	14.00	0.00	11.00	1.00	0.00	50.00	0.00	30.00	(M)	(M)
Category: MILK; Choose: 1																	
Milk, 1% 8oz - LR100161 (1 Carton)	3	110.00	2.50	0.00	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Milk, Chocolate Trumoo FF 8oz - LR100039 (1 Carton)	26	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Milk, Skim 8oz - LR100040 (1 Carton)	1	90.00	0.00	0.00	0.00	5.00	135.00	13.00	0.00	13.00	9.00	0.00	300.00	500.00	2.40	(M)	(M)
Milk, Strawberry Trumoo FF 8oz - LR100041 (1 Carton)	7	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Milk, Vanilla Trumoo FF 8oz - LR100042 (1 Carton)	3	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Category: SUB LINE; Choose: 1																	
Sub Line, Cheese Amer 0.5M/MA - LR100562 (1/2 oz.)	2	35.00	2.00	1.25	0.00	7.50	105.00	1.00	0.00	1.00	3.50	0.00	100.00	150.00	0.00	0.00	0.00
Sub Line, Cheese Pepper Jack 0.5M/MA - LR100565 (1/2 oz.)	2	55.00	4.50	3.00	0.00	12.50	105.00	0.50	0.00	0.00	3.00	0.00	100.00	150.00	0.00	0.00	0.00
Sub Line, Cheese Swiss 0.5M/MA - LR100563 (1/2 oz.)	2	45.00	3.00	1.75	0.00	10.00	57.50	0.50	0.00	0.50	4.00	0.00	125.00	100.00	0.00	0.00	0.00
Sub Line, Cheese White Amer 0.5M/MA - LR100564 (1/2 oz.)	2	50.00	4.00	2.50	0.00	12.50	235.00	1.00	0.00	0.50	2.50	0.00	75.00	150.00	0.00	0.00	0.00
Sub Line, Flatbread - LR100561 (1 ea.)	2	130.00	1.00	0.00	0.00	0.00	140.00	26.00	3.00	1.00	4.00	1.08	80.00	0.00	0.00	0.00	0.00
Sub Line, Ham 1.5M/MA - LR100566 (1 7/8 oz.)	2	56.40	1.41	0.47	0.00	28.20	563.99	2.82	0.00	1.88	8.46	0.00	0.00	0.00	0.00	(M)	(M)
Sub Line, Hoagie Roll - LR100559 (1 ea.)	2	160.00	3.00	0.50	0.00	0.00	140.00	28.00	3.00	3.00	6.00	0.83	11.70	0.00	0.00	0.00	0.00
Sub Line, Toppings - LR100558 (1 1/2 c.)	2	94.15	0.56	0.10	0.00(M)	0.00(M)	252.94	18.28	6.32	1.65(M)	5.10	1.85(M)	49.93(M)	5293.72(M)	17.59	121.07(M)	0.64(M)
Sub Line, Turkey 1.5M/MA - LR100567 (2 1/4 oz.)	2	52.97	0.38	0.00	0.00	26.49	348.10	0.00	0.00	0.00	12.11	0.27	0.00	0.00	0.00	0.00	0.00
Category: CONDIMENT; Choose: 1																	

Menu Weekly Nutrient Analysis

BBQ Sauce, IND - LR100005 (1 ea.)	5	20.00	0.00	0.00	0.00	0.00	89.00	5.00	0.00	3.00	0.00	0.00	0.00	50.00	0.00	0.00	0.00
Ketchup, Ind Pack - LR100157 (2 ea.)	5	20.00	0.00	0.00	0.00	0.00	170.00	5.00	0.00	4.00	0.00	0.00	0.00	0.00	0.00	8.30	0.44
Mayonnaise, Ind Pkt - LR100158 (1 ea.)	5	35.00	3.44	0.00	0.00	0.00	80.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.07	0.11
Mustard, Indv Pkts - LR100148 (1 packet)	5	0.00	0.00	0.00	0.00	0.00	65.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Salad Dressing Variety - LR100156 (1 ea.)	5	122.61	11.66	1.74	0.00	8.46	549.22	2.85	0.15	1.90	1.15	0.00	16.92	84.61	0.00	(M)	(M)
HW2W-Lunch-Aug 17 - Day: 3	100																
Category: MEAT/MEAT ALT; Choose: 1																	
Chicken Tenders - LR100060 (3 tenders)	15	230.00	9.00	1.50	0.00	55.00	380.00	14.00	1.00	1.00	23.00	1.44	0.00	0.00	0.00	0.00	0.00
Chicken, Popcorn - LR100462 (12 pieces)	15	233.25	14.48	2.82	0.00	32.17	233.25	13.67	1.61	0.00	12.06	1.45	0.00	80.43	0.00	0.00	0.00
Deli, Chicken Salad - LR100756 (1/2 c.)	1	152.88	8.62	1.84	0.00(M)	57.20	368.46	3.65	0.14	1.86	14.34	0.75	17.23	40.73	0.28	8.66(M)	0.07(M)
Grilled Cheese Sandwich (2oz) - LR100372 (1 sandwich)	1	290.00	10.00	5.00	0.00	30.00	689.99	30.00	3.00	9.00	21.00	1.80	479.99	599.99	0.00	0.00(M)	0.00(M)
Pizza, Cheese 16" HS - LR100484 (1 slice)	2	309.45	12.98	7.99	0.00	29.95	539.05	28.95	3.00	3.99	19.96	2.69	449.21	399.30	5.99	0.00	0.00
Pizza, Cheeseburger 16" HS - LR100486 (1 slice)	1	344.11	15.02	8.98	0.00	40.32	718.60	29.57	3.00	4.30	24.00	3.26	511.99	493.33	6.27	0.00(M)	0.00(M)
Pizza, Pepperoni 16" HS - LR100492 (1 slice)	20	340.00	17.00	9.00	0.00	35.00	730.00	29.00	3.00	4.00	20.00	2.70	400.00	300.00	6.00	0.00	0.00
Pizza, Veggie 16" HS - LR100485 (1 slice)	1	371.93	16.78	10.18	0.00	39.32	672.02	30.95	3.39	4.18	24.56	2.79	577.49	678.51	11.64	23.63(M)	0.13(M)
Spicy Chicken Sandwich - LR100463 (1 patty)	20	390.00	12.00	2.00	0.00	50.00	679.99	44.00	4.00	5.00	27.00	3.24	220.00	100.00	0.00	0.00(M)	0.00(M)
Tuna Salad - LR100750 (1/2 c.)	1	148.94	6.71	0.76	0.00(M)	48.59	499.06	3.37	0.39	1.17	17.67	0.53	8.06	67.80	1.12	22.27(M)	0.14(M)
Category: GRAIN; Choose: 1																	
1oz Rolls, Breadsticks, Homemade - LR100030 (1 ounce roll)	15	86.92	2.12	0.17	0.00(M)	0.30	103.32	14.59	1.24	2.55	2.56	0.71	22.54	1.10	0.10	10.73(M)	0.16(M)
Waffle Sticks - LR100200 (2 ea.)	15	140.00	2.00	0.00	0.00	0.00	250.00	27.00	2.00	5.00	4.00	1.08	20.00	0.00	0.00	0.00	0.00
Category: VEGETABLE; Choose: 1																	
Beef Vegetable Soup - LR100540 (1 c.)	2	57.40	1.37	0.35	0.00(M)	8.73(M)	243.51	9.09	1.55	3.00(M)	3.70	1.44	33.44	2132.97	6.17	146.39(M)	0.28(M)
Celery Sticks w/Dip - LR100098 (1/2 c.)	15	108.11	8.47	1.60	0.00(M)	5.20	374.18	4.77	1.45	2.26	1.67	0.18	36.29	407.33	2.81	86.57	0.68
Condiment: Lettuce Leaf/Sliced Tomato - LR100025 (1/2 c.)	10	5.92	0.08	0.01	0.00(M)	0.00	1.98	1.09	0.50	0.40	0.32	0.19	6.55	1458.35	2.67	28.66	0.16
Spring Mix Vegetables - LR100306 (1/2 c.)	8	17.78	0.03	0.01	0.00(M)	0.00	220.74	3.90	1.34	1.12	1.20	0.49	26.30	2782.58	20.00	55.84(M)	0.04(M)
Category: FRUIT; Choose: 1																	

Menu Weekly Nutrient Analysis

Assorted Fruit Juice-4oz - LR100210 (1/2 c.)	70	60.00	0.00	0.00	0.00	0.00	17.00	15.00	0.00	13.40	0.00	0.00	0.00	200.00	19.68	0.00	0.00
Fresh Fruit - LR100120 (1 ea.)	25	81.36	0.27	0.06	(M)	0.00	0.89	20.97	3.26	14.05	0.97	0.21	22.41	150.24	28.94	109.84	0.61
Mixed Fruit - LR100057 (1/2 c.)	15	74.75	0.00	0.00	0.00	0.00	8.67	19.37	1.63	15.52	0.55	0.00	0.00	216.67	2.17	0.00	0.00
Orange Juice, 4oz - LR100381 (1 Carton)	44	60.00	0.00	0.00	0.00	0.00	9.00	14.00	0.00	11.00	1.00	0.00	50.00	0.00	30.00	(M)	(M)
Category: MILK; Choose: 1																	
Milk, 1% 8oz - LR100161 (1 Carton)	3	110.00	2.50	0.00	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Milk, Chocolate Trumoo FF 8oz - LR100039 (1 Carton)	26	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Milk, Skim 8oz - LR100040 (1 Carton)	1	90.00	0.00	0.00	0.00	5.00	135.00	13.00	0.00	13.00	9.00	0.00	300.00	500.00	2.40	(M)	(M)
Milk, Strawberry Trumoo FF 8oz - LR100041 (1 Carton)	7	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Milk, Vanilla Trumoo FF 8oz - LR100042 (1 Carton)	10	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Category: SUB LINE; Choose: 1																	
Sub Line, Cheese Amer 0.5M/MA - LR100562 (1/2 oz.)	2	35.00	2.00	1.25	0.00	7.50	105.00	1.00	0.00	1.00	3.50	0.00	100.00	150.00	0.00	0.00	0.00
Sub Line, Cheese Pepper Jack 0.5M/MA - LR100565 (1/2 oz.)	2	55.00	4.50	3.00	0.00	12.50	105.00	0.50	0.00	0.00	3.00	0.00	100.00	150.00	0.00	0.00	0.00
Sub Line, Cheese Swiss 0.5M/MA - LR100563 (1/2 oz.)	2	45.00	3.00	1.75	0.00	10.00	57.50	0.50	0.00	0.50	4.00	0.00	125.00	100.00	0.00	0.00	0.00
Sub Line, Cheese White Amer 0.5M/MA - LR100564 (1/2 oz.)	2	50.00	4.00	2.50	0.00	12.50	235.00	1.00	0.00	0.50	2.50	0.00	75.00	150.00	0.00	0.00	0.00
Sub Line, Flatbread - LR100561 (1 ea.)	2	130.00	1.00	0.00	0.00	0.00	140.00	26.00	3.00	1.00	4.00	1.08	80.00	0.00	0.00	0.00	0.00
Sub Line, Ham 1.5M/MA - LR100566 (1 7/8 oz.)	20	56.40	1.41	0.47	0.00	28.20	563.99	2.82	0.00	1.88	8.46	0.00	0.00	0.00	0.00	(M)	(M)
Sub Line, Hoagie Roll - LR100559 (1 ea.)	20	160.00	3.00	0.50	0.00	0.00	140.00	28.00	3.00	3.00	6.00	0.83	11.70	0.00	0.00	0.00	0.00
Sub Line, Toppings - LR100558 (1 1/2 c.)	2	94.15	0.56	0.10	0.00(M)	0.00(M)	252.94	18.28	6.32	1.65(M)	5.10	1.85(M)	49.93(M)	5293.72(M)	17.59	121.07(M)	0.64(M)
Sub Line, Turkey 1.5M/MA - LR100567 (2 1/4 oz.)	20	52.97	0.38	0.00	0.00	26.49	348.10	0.00	0.00	0.00	12.11	0.27	0.00	0.00	0.00	0.00	0.00
Sub line, Wrap - LR100560 (1 ea.)	2	176.00	3.30	1.25	0.00	0.00	331.50	34.50	5.25	(M)	5.75	0.00	0.00	0.00	0.00	(M)	(M)
Category: CONDIMENT; Choose: 1																	
BBQ Sauce, IND - LR100005 (1 ea.)	15	20.00	0.00	0.00	0.00	0.00	89.00	5.00	0.00	3.00	0.00	0.00	0.00	50.00	0.00	0.00	0.00
Ketchup, Ind Pack - LR100157 (2 ea.)	33	20.00	0.00	0.00	0.00	0.00	170.00	5.00	0.00	4.00	0.00	0.00	0.00	0.00	0.00	8.30	0.44
Salad Dressing Variety - LR100156 (1 ea.)	2	122.61	11.66	1.74	0.00	8.46	549.22	2.85	0.15	1.90	1.15	0.00	16.92	84.61	0.00	(M)	(M)

Menu Weekly Nutrient Analysis

Syrup, Ind Cup - LR100190 (1 ea.)	19	120.00	0.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	23.00	0.00	0.00	0.00	0.00	0.00	0.00
HW2Th-Lunch-Aug 17 - Day: 4	100																
Category: MEAT/MEAT ALT; Choose: 1																	
Beef, Taco Seasoned - HS - LR100520 (30 scoop)	30	44.43	2.13	0.71	0.00(M)	18.91	129.68	0.44	0.17	0.12	6.14	1.95	4.41	70.14	1.72	4.74(M)	0.01(M)
Chili w/Beans - LR100237 (1 c.)	5	204.30	4.75	1.38	0.00(M)	36.36	762.86	23.63	5.56	3.71(M)	17.53	5.81(M)	90.23(M)	890.10(M)	16.91(M)	53.45(M)	0.16(M)
Corn Dog, Mini - LR100443 (6 ea.)	5	253.65	8.95	1.49	0.00	14.92	626.67	31.33	1.00	7.46	10.45	4.12	0.00	0.00	0.00	0.00	0.00
Hot & Spicy Boneless Strips - LR100134 (3 tenders)	4	305.55	15.05	2.76	0.00(M)	55.01	720.87	18.90	2.07	4.22	23.07	1.44	2.26	340.27	0.87	1.18(M)	0.15(M)
HS Cheeseburger - LR100668 (1 ea.)	10	378.00	15.60	6.00	0.50	46.00	474.00	35.80	4.00	4.80	22.80	3.24	300.00	120.00	0.00	0.00(M)	0.00(M)
Mexican Bar, Chicken Seasoned - LR100554 (1 1/2 oz.)	10	85.40	3.50	1.00	0.00(M)	35.00	238.74	2.21	0.45	0.77	10.50	0.70	19.54	169.05	1.81	18.94(M)	0.02(M)
Pizza, Buffalo Chicken 16" HS - LR100489 (1 slice)	3	366.41	15.80	8.63	0.00(M)	44.53	767.52	32.13	3.61	6.04(M)	24.34	2.92	453.41	516.84	6.28	0.00(M)	0.00(M)
Pizza, Cheese 16" HS - LR100484 (1 slice)	2	309.45	12.98	7.99	0.00	29.95	539.05	28.95	3.00	3.99	19.96	2.69	449.21	399.30	5.99	0.00	0.00
Pizza, Pepperoni 16" HS - LR100492 (1 slice)	15	340.00	17.00	9.00	0.00	35.00	730.00	29.00	3.00	4.00	20.00	2.70	400.00	300.00	6.00	0.00	0.00
Pizza, Veggie 16" HS - LR100485 (1 slice)	1	371.93	16.78	10.18	0.00	39.32	672.02	30.95	3.39	4.18	24.56	2.79	577.49	678.51	11.64	23.63(M)	0.13(M)
Sauce, Queso (Nachos Only) - LR100523 (2 fl. oz.)	40	118.00	9.00	5.30	0.00	30.00	414.99	2.00	0.00	0.00	7.00	0.00	203.00	399.99	0.00	0.00	0.00
Sub Line, Buffalo Chicken 1.5M/MA - LR100632 (1 1/2 oz.)	5	152.06	7.21	1.79	0.00(M)	49.12	504.09	6.06	1.04	3.79(M)	14.74	0.76	14.10	197.97	0.48	0.00(M)	0.00(M)
Category: GRAIN; Choose: 1																	
1oz Rolls, Breadsticks, Homemade - LR100030 (1 ounce roll)	4	86.92	2.12	0.17	0.00(M)	0.30	103.32	14.59	1.24	2.55	2.56	0.71	22.54	1.10	0.10	10.73(M)	0.16(M)
Mexican Bar, Tortilla - LR100550 (1 ea.)	5	260.00	9.50	5.00	0.00	15.00	890.00	35.00	4.00	1.00(M)	12.00	0.00	200.00	300.00	0.00	0.00(M)	0.00(M)
Mexican Bar, Tortilla CHIPS - LR100551 (2 oz.)	34	292.63	12.80	1.83	(M)	0.00	128.03	38.41	3.66	(M)	3.66	0.00	73.16	0.00	0.00	(M)	(M)
Rice Bowl, Mex Bar - LR100521 (1 c.)	1	68.96	2.49	1.25	0.00(M)	7.43	310.22	7.94	0.91	0.60(M)	4.44	0.29	110.01(M)	195.23(M)	0.48(M)	171.14(M)	0.17(M)
Category: VEGETABLE; Choose: 1																	
Beans, Baked (Bush's) - LR100516 (1/2 c.)	14	127.00	0.00	0.00	0.00	0.00	537.31	28.33	4.88	9.77	6.84	1.76	39.08	0.00	0.00	0.00	0.00
Black Beans & Salsa - LR100081 (1/2 c.)	8	240.74	0.62	0.17	0.00(M)	0.00	337.04	53.29	15.79	1.54(M)	14.58	5.43	117.48	493.04	5.78	0.00(M)	0.00(M)
Condiment Shredded Lettuce and Diced Tomato Cup - LR100051 (1/2 c.)	10	15.24	0.16	0.02	(M)	0.00	6.21	3.28	1.10	2.20	0.82	0.29	11.77	658.16	9.06	87.18	0.41
Glazed Carrots - LR100324 (1/2 c.)	5	117.19	6.25	1.28	0.00(M)	0.00	225.43	15.63	3.73	11.42	0.71	0.61	42.57	19096.99	2.65	1.07(M)	0.14(M)

Menu Weekly Nutrient Analysis

Refried Beans - LR100104 (1/2 c.)	11	62.98	1.95	1.04	0.00	3.91	206.30	7.55	2.53	0.77	3.58	0.86	80.75	390.91	6.01	0.00(M)	0.50(M)
Category: FRUIT; Choose: 1																	
Assorted Fruit Juice-4oz - LR100210 (1/2 c.)	70	60.00	0.00	0.00	0.00	0.00	17.00	15.00	0.00	13.40	0.00	0.00	0.00	200.00	19.68	0.00	0.00
Fresh Fruit - LR100120 (1 ea.)	20	81.36	0.27	0.06	(M)	0.00	0.89	20.97	3.26	14.05	0.97	0.21	22.41	150.24	28.94	109.84	0.61
Milk, Strawberry Trumoo FF 8oz - LR100041 (1 Carton)	7	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Orange Juice, 4oz - LR100381 (1 Carton)	44	60.00	0.00	0.00	0.00	0.00	9.00	14.00	0.00	11.00	1.00	0.00	50.00	0.00	30.00	(M)	(M)
Peaches-Diced - LR100068 (1/2 c.)	16	61.24	0.03	0.00	(M)	0.00	5.67	16.50	1.47	15.03	0.51	0.41	3.40	401.44	2.72	96.07	0.28
Category: MILK; Choose: 1																	
Milk, 1% 8oz - LR100161 (1 Carton)	3	110.00	2.50	0.00	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Milk, Chocolate Trumoo FF 8oz - LR100039 (1 Carton)	26	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Milk, Skim 8oz - LR100040 (1 Carton)	1	90.00	0.00	0.00	0.00	5.00	135.00	13.00	0.00	13.00	9.00	0.00	300.00	500.00	2.40	(M)	(M)
Milk, Vanilla Trumoo FF 8oz - LR100042 (1 Carton)	3	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Category: SUB LINE; Choose: 1																	
Sub Line, Cheese Amer 0.5M/MA - LR100562 (1/2 oz.)	5	35.00	2.00	1.25	0.00	7.50	105.00	1.00	0.00	1.00	3.50	0.00	100.00	150.00	0.00	0.00	0.00
Sub Line, Cheese Pepper Jack 0.5M/MA - LR100565 (1/2 oz.)	5	55.00	4.50	3.00	0.00	12.50	105.00	0.50	0.00	0.00	3.00	0.00	100.00	150.00	0.00	0.00	0.00
Sub Line, Cheese Swiss 0.5M/MA - LR100563 (1/2 oz.)	5	45.00	3.00	1.75	0.00	10.00	57.50	0.50	0.00	0.50	4.00	0.00	125.00	100.00	0.00	0.00	0.00
Sub Line, Cheese White Amer 0.5M/MA - LR100564 (1/2 oz.)	5	50.00	4.00	2.50	0.00	12.50	235.00	1.00	0.00	0.50	2.50	0.00	75.00	150.00	0.00	0.00	0.00
Sub Line, Flatbread - LR100561 (1 ea.)	3	130.00	1.00	0.00	0.00	0.00	140.00	26.00	3.00	1.00	4.00	1.08	80.00	0.00	0.00	0.00	0.00
Sub Line, Ham 1.5M/MA - LR100566 (1 7/8 oz.)	10	56.40	1.41	0.47	0.00	28.20	563.99	2.82	0.00	1.88	8.46	0.00	0.00	0.00	0.00	(M)	(M)
Sub Line, Hoagie Roll - LR100559 (1 ea.)	20	160.00	3.00	0.50	0.00	0.00	140.00	28.00	3.00	3.00	6.00	0.83	11.70	0.00	0.00	0.00	0.00
Sub Line, Toppings - LR100558 (1 1/2 c.)	20	94.15	0.56	0.10	0.00(M)	0.00(M)	252.94	18.28	6.32	1.65(M)	5.10	1.85(M)	49.93(M)	5293.72(M)	17.59	121.07(M)	0.64(M)
Sub Line, Turkey 1.5M/MA - LR100567 (2 1/4 oz.)	10	52.97	0.38	0.00	0.00	26.49	348.10	0.00	0.00	0.00	12.11	0.27	0.00	0.00	0.00	0.00	0.00
Sub line, Wrap - LR100560 (1 ea.)	3	176.00	3.30	1.25	0.00	0.00	331.50	34.50	5.25	(M)	5.75	0.00	0.00	0.00	0.00	(M)	(M)
Category: CONDIMENT; Choose: 1																	
BBQ Sauce, IND - LR100005 (1 ea.)	0	20.00	0.00	0.00	0.00	0.00	89.00	5.00	0.00	3.00	0.00	0.00	0.00	50.00	0.00	0.00	0.00
Dressing, Ranch Lite Ind -	0	135.02	12.00	2.25	0.00	7.50	435.05	3.00	0.00	1.50	1.50	0.00	0.00	0.00	0.00	0.00	0.00

Menu Weekly Nutrient Analysis

LR100343 (1 ea.)																	
Ketchup, Ind Pack - LR100157 (2 ea.)	0	20.00	0.00	0.00	0.00	0.00	170.00	5.00	0.00	4.00	0.00	0.00	0.00	0.00	0.00	8.30	0.44
Mayonnaise, Ind Pkt - LR100158 (1 ea.)	0	35.00	3.44	0.00	0.00	0.00	80.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.07	0.11
Mustard, Indv Pkts - LR100148 (1 packet)	0	0.00	0.00	0.00	0.00	0.00	65.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Salad Dressing Variety - LR100156 (1 ea.)	0	122.61	11.66	1.74	0.00	8.46	549.22	2.85	0.15	1.90	1.15	0.00	16.92	84.61	0.00	(M)	(M)
Side of Salsa - LR100370 (1 oz.)	0	2.70	0.00	0.00	0.00	0.00	18.93	0.68	0.27	0.27	0.00	0.10	5.41	135.19	1.62	(M)	(M)
Sour Cream, Ind - LR100159 (1 oz.)	0	25.00	0.00	0.00	0.00	0.00	30.00	4.00	0.00	2.00	2.00	0.00	60.00	200.00	0.00	0.00	0.00
HW2F-Lunch-Aug 17 - Day: 5	100																
Category: MEAT/MEAT ALT; Choose: 1																	
BBQ Pork-Brookwood Farms Sandwich - LR100053 (1 sandwich)	10	459.00	19.00	6.00	0.00	71.00	433.00	46.00	3.00	20.00	24.00	4.86	280.00	1649.97	25.20	0.00(M)	0.00(M)
Chicken Tenders - LR100060 (3 tenders)	15	230.00	9.00	1.50	0.00	55.00	380.00	14.00	1.00	1.00	23.00	1.44	0.00	0.00	0.00	0.00	0.00
Macaroni and Cheese w/ homemade sauce 1 cup - LR100434 (1 c.)	10	400.69	13.37	5.72	0.00(M)	33.77	517.24	47.59	4.08	9.51(M)	24.97	2.64	443.75	1023.46	0.95	12.03(M)	1.35(M)
Pizza, Cheese 16" HS - LR100484 (1 slice)	1	309.45	12.98	7.99	0.00	29.95	539.05	28.95	3.00	3.99	19.96	2.69	449.21	399.30	5.99	0.00	0.00
Pizza, Pepperoni 16" HS - LR100492 (1 slice)	20	340.00	17.00	9.00	0.00	35.00	730.00	29.00	3.00	4.00	20.00	2.70	400.00	300.00	6.00	0.00	0.00
Pizza, Taco 16" HS - LR100491 (1 slice)	2	350.25	15.02	8.98	0.00	40.27	864.55	30.89	3.62	4.43	23.98	3.39(M)	519.49(M)	605.83(M)	9.57	0.00(M)	0.00(M)
Pizza, Veggie 16" HS - LR100485 (1 slice)	1	371.93	16.78	10.18	0.00	39.32	672.02	30.95	3.39	4.18	24.56	2.79	577.49	678.51	11.64	23.63(M)	0.13(M)
Soup, Chicken w/Rice - LR100541 (1 c.)	10	77.18	3.38	1.45	0.00(M)	24.43	555.74	3.59	0.44	0.71	7.65	0.47	12.46(M)	47.89(M)	0.53(M)	10.14(M)	0.08(M)
Spicy Chicken Sandwich - LR100463 (1 patty)	20	390.00	12.00	2.00	0.00	50.00	679.99	44.00	4.00	5.00	27.00	3.24	220.00	100.00	0.00	0.00(M)	0.00(M)
Sub Line, Meatball - LR100111 (5 ea.)	10	207.33	10.20	4.05	0.00	67.38	754.35	10.30	0.40	0.00(M)	19.40	1.36	115.81	327.60	4.42	0.00(M)	0.00(M)
Category: GRAIN; Choose: 1																	
1oz Rolls, Breadsticks, Homemade - LR100030 (1 ounce roll)	15	86.92	2.12	0.17	0.00(M)	0.30	103.32	14.59	1.24	2.55	2.56	0.71	22.54	1.10	0.10	10.73(M)	0.16(M)
Category: VEGETABLE; Choose: 1																	
Condiment: Lettuce Leaf/Sliced Tomato - LR100025 (1/2 c.)	10	5.92	0.08	0.01	0.00(M)	0.00	1.98	1.09	0.50	0.40	0.32	0.19	6.55	1458.35	2.67	28.66	0.16
Green Beans, canned - LR100037 (1/2 c.)	15	23.27	0.12	0.00	0.00	0.00	224.10	4.94	2.76	0.29	1.37	0.99	27.59	410.55	4.96	0.00(M)	1.26(M)
Sweet Potato Waffle Fries (McCain's) - LR100435 (1/2 c.)	25	150.00	5.00	1.00	0.00	0.00	250.00	24.00	3.00	6.00	1.00	(M)	(M)	(M)	(M)	(M)	(M)

Menu Weekly Nutrient Analysis

Category: FRUIT; Choose: 1																	
Assorted Fruit Juice-4oz - LR100210 (1/2 c.)	65	60.00	0.00	0.00	0.00	0.00	17.00	15.00	0.00	13.40	0.00	0.00	0.00	200.00	19.68	0.00	0.00
Fresh Fruit - LR100120 (1 ea.)	20	81.36	0.27	0.06	(M)	0.00	0.89	20.97	3.26	14.05	0.97	0.21	22.41	150.24	28.94	109.84	0.61
Orange Juice, 4oz - LR100381 (1 Carton)	44	60.00	0.00	0.00	0.00	0.00	9.00	14.00	0.00	11.00	1.00	0.00	50.00	0.00	30.00	(M)	(M)
Pears, Canned - LR100047 (1/2 c.)	10	81.39	0.00	0.00	0.00	0.00	5.65	21.52	2.26	17.17	0.27	0.40	6.78	0.00	1.02	0.00	0.00
Category: MILK; Choose: 1																	
Milk, 1% 8oz - LR100161 (1 Carton)	3	110.00	2.50	0.00	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Milk, Chocolate Trumoo FF 8oz - LR100039 (1 Carton)	26	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Milk, Skim 8oz - LR100040 (1 Carton)	1	90.00	0.00	0.00	0.00	5.00	135.00	13.00	0.00	13.00	9.00	0.00	300.00	500.00	2.40	(M)	(M)
Milk, Strawberry Trumoo FF 8oz - LR100041 (1 Carton)	7	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Milk, Vanilla Trumoo FF 8oz - LR100042 (1 Carton)	3	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Category: SUB LINE; Choose: 1																	
Sub Line, Cheese Amer 0.5M/MA - LR100562 (1/2 oz.)	5	35.00	2.00	1.25	0.00	7.50	105.00	1.00	0.00	1.00	3.50	0.00	100.00	150.00	0.00	0.00	0.00
Sub Line, Cheese Pepper Jack 0.5M/MA - LR100565 (1/2 oz.)	5	55.00	4.50	3.00	0.00	12.50	105.00	0.50	0.00	0.00	3.00	0.00	100.00	150.00	0.00	0.00	0.00
Sub Line, Cheese Swiss 0.5M/MA - LR100563 (1/2 oz.)	5	45.00	3.00	1.75	0.00	10.00	57.50	0.50	0.00	0.50	4.00	0.00	125.00	100.00	0.00	0.00	0.00
Sub Line, Cheese White Amer 0.5M/MA - LR100564 (1/2 oz.)	5	50.00	4.00	2.50	0.00	12.50	235.00	1.00	0.00	0.50	2.50	0.00	75.00	150.00	0.00	0.00	0.00
Sub Line, Flatbread - LR100561 (1 ea.)	2	130.00	1.00	0.00	0.00	0.00	140.00	26.00	3.00	1.00	4.00	1.08	80.00	0.00	0.00	0.00	0.00
Sub Line, Ham 1.5M/MA - LR100566 (1 7/8 oz.)	3	56.40	1.41	0.47	0.00	28.20	563.99	2.82	0.00	1.88	8.46	0.00	0.00	0.00	0.00	(M)	(M)
Sub Line, Hoagie Roll - LR100559 (1 ea.)	2	160.00	3.00	0.50	0.00	0.00	140.00	28.00	3.00	3.00	6.00	0.83	11.70	0.00	0.00	0.00	0.00
Sub Line, Toppings - LR100558 (1 1/2 c.)	6	94.15	0.56	0.10	0.00(M)	0.00(M)	252.94	18.28	6.32	1.65(M)	5.10	1.85(M)	49.93(M)	5293.72(M)	17.59	121.07(M)	0.64(M)
Sub Line, Turkey 1.5M/MA - LR100567 (2 1/4 oz.)	3	52.97	0.38	0.00	0.00	26.49	348.10	0.00	0.00	0.00	12.11	0.27	0.00	0.00	0.00	0.00	0.00
Sub line, Wrap - LR100560 (1 ea.)	2	176.00	3.30	1.25	0.00	0.00	331.50	34.50	5.25	(M)	5.75	0.00	0.00	0.00	0.00	(M)	(M)
Category: CONDIMENT; Choose: 1																	
BBQ Sauce, IND - LR100005 (1 ea.)	16	20.00	0.00	0.00	0.00	0.00	89.00	5.00	0.00	3.00	0.00	0.00	0.00	50.00	0.00	0.00	0.00
Condiment, Cheese, Parmesan - LR100618 (1 tsp.)	1	13.33	1.33	0.67	0.00	3.33	46.67	0.00	0.00	0.00	1.33	0.00	40.00	66.67	0.00	(M)	(M)

Menu Weekly Nutrient Analysis

Condiment, Pepper, Red Flakes - LR100619 (1 tsp.)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	
Ketchup, Ind Pack - LR100157 (2 ea.)	30	20.00	0.00	0.00	0.00	0.00	170.00	5.00	0.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	8.30	0.44
Mayonnaise, Ind Pkt - LR100158 (1 ea.)	25	35.00	3.44	0.00	0.00	0.00	80.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.07	0.11
Mustard, Indv Pkts - LR100148 (1 packet)	9	0.00	0.00	0.00	0.00	0.00	65.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Salad Dressing Variety - LR100156 (1 ea.)	4	122.61	11.66	1.74	0.00	8.46	549.22	2.85	0.15	1.90	1.15	0.00	16.92	84.61	0.00	(M)	(M)	