

Menu Cycle Week Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
HW3M-Lunch-Jan 2018 - Day: 1	100																
Category: MEAT/MEAT ALT; Choose: 1																	
Broccoli Cheese Soup - LR100732 (1 c.)	5	180.16	10.44	4.66	0.00(M)	23.60	1042.94	11.46	2.28	5.12	12.07	0.23	351.78	7458.77	14.89	0.00(M)	0.00(M)
Cheese Sauce-homemade - LR100537 (1 fl. oz.)	50	75.42	4.24	2.00	0.00(M)	12.43	181.43	3.40	0.05	3.14(M)	6.28	0.03	152.40	377.90	0.35	0.03(M)	0.01(M)
Chicken Tenders - LR100060 (3 tenders)	4	230.00	9.00	1.50	0.00	55.00	380.00	14.00	1.00	1.00	23.00	1.44	0.00	0.00	0.00	0.00	0.00
Chicken Teriyaki- Tyson - LR100656 (6 oz.)	10	253.77	9.06	2.72	0.00	145.01	761.32	10.88	0.00	9.06	30.81	1.96	36.25	0.00	0.00	(M)	(M)
HS Cheeseburger - LR100668 (1 ea.)	10	378.00	15.60	6.00	0.50	46.00	474.00	35.80	4.00	4.80	22.80	3.24	300.00	120.00	0.00	0.00(M)	0.00(M)
Pizza, Cheese 16" HS - LR100484 (1 slice)	1	309.45	12.98	7.99	0.00	29.95	539.05	28.95	3.00	3.99	19.96	2.69	449.21	399.30	5.99	0.00	0.00
Pizza, Pepperoni 16" HS - LR100492 (1 slice)	1	340.00	17.00	9.00	0.00	35.00	730.00	29.00	3.00	4.00	20.00	2.70	400.00	300.00	6.00	0.00	0.00
Pizza, Philly Beef 16" HS - LR100487 (1 slice)	1	339.26(M)	14.26(M)	8.41(M)	0.00(M)	41.31(M)	632.53(M)	30.08(M)	3.19(M)	4.46(M)	23.66(M)	3.94(M)	451.99(M)	434.79(M)	15.22(M)	0.00(M)	0.00(M)
Pizza, Veggie 16" HS - LR100485 (1 slice)	1	371.93	16.78	10.18	0.00	39.32	672.02	30.95	3.39	4.18	24.56	2.79	577.49	678.51	11.64	23.63(M)	0.13(M)
Salad, Asian Chicken - LR100252 (1 salad)	1	322.60	9.08	2.90	0.00	38.92	446.64	40.40	5.85	17.94(M)	21.66	3.77	183.90	12750.37	34.27	154.00	1.14

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Spicy Chicken Sandwich - LR100463 (1 patty)	5	390.00	12.00	2.00	0.00	50.00	679.99	44.00	4.00	5.00	27.00	3.24	220.00	100.00	0.00	0.00(M)	0.00(M)
Spicy Orange Chicken-Tyson - LR100170 (6 oz.)	44	420.00	22.50	4.50	0.00	172.50	540.00	21.00	0.00	16.50	34.50	2.70	30.00	0.00	3.00	(M)	(M)
Category: GRAIN; Choose: 1																	
1oz Rolls, Breadsticks, Homemade - LR100030 (1 ounce roll)	20	86.92	2.12	0.17	0.00(M)	0.30	103.32	14.59	1.24	2.55	2.56	0.71	22.54	1.10	0.10	10.73(M)	0.16(M)
Asian Rice 1 Cup - Scratch - LR100776 (1 c.)	25	120.34	1.12	0.03	0.00	0.00	548.59	24.26	2.50	1.38	3.55	0.74	10.36(M)	3415.18(M)	2.29(M)	118.01(M)	0.00(M)
Category: VEGETABLE; Choose: 1																	
Condiment: Lettuce Leaf/Sliced Tomato - LR100025 (1/2 c.)	10	5.92	0.08	0.01	0.00	0.00	1.98	1.09	0.50	0.40	0.32	0.19	6.55	1458.35	2.67	28.66	0.16
Cucumber Sticksw/dip - LR100353 (1/2 c.)	20	52.47	4.12	0.58	0.00	10.61	199.90	3.02	0.41	1.59	0.89	0.13	26.36	72.36	1.94	56.51(M)	0.21(M)
Steamed Broccoli (Frozen) - LR100070 (1/2 c.)	50	29.46	0.00	0.00	0.00(M)	0.00	19.82	3.93	1.96	1.96	1.28	0.00	19.64	0.00	31.23	5.79(M)	0.00(M)
Category: FRUIT; Choose: 1																	
Assorted Fruit Juice-4oz - LR100210 (1/2 c.)	70	60.00	0.00	0.00	0.00	0.00	17.00	15.00	0.00	13.40	0.00	0.00	0.00	200.00	19.68	0.00	0.00
Fresh Fruit - LR100120 (1 ea.)	80	81.36	0.27	0.06	0.00	0.00	0.89	20.97	3.26	14.05	0.97	0.21	22.41	150.24	28.94	109.84	0.61
Mandarin Oranges - LR100278 (1/2 c.)	20	68.96	0.11	0.01	0.00	0.00	6.78	18.30	0.79	17.51	0.56	0.42	7.91	949.57	22.38	0.00	0.22
Orange Juice, 4oz - LR100381 (1 Carton)	20	60.00	0.00	0.00	0.00	0.00	9.00	14.00	0.00	11.00	1.00	0.00	50.00	0.00	30.00	(M)	(M)
Category: MILK; Choose: 1																	
Milk, 1% 8oz - LR100161 (1 Carton)	5	110.00	2.50	0.00	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)

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Milk, Chocolate Trumoo FF 8oz - LR100039 (1 Carton)	50	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Milk, Skim 8oz - LR100040 (1 Carton)	1	90.00	0.00	0.00	0.00	5.00	135.00	13.00	0.00	13.00	9.00	0.00	300.00	500.00	2.40	(M)	(M)
Milk, Strawberry Trumoo FF 8oz - LR100041 (1 Carton)	20	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Milk, Vanilla Trumoo FF 8oz - LR100042 (1 Carton)	20	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Category: SUB LINE; Choose: 1																	
Sub Line, Buffalo Chicken - LR100632 (1 1/2 oz.)	5	152.06	7.21	1.79	0.00(M)	49.12	504.09	6.06	1.04	3.79(M)	14.74	0.76	14.10	197.97	0.48	0.00(M)	0.00(M)
Sub Line, Cheese Amer 0.5M/MA - LR100562 (1/2 oz.)	5	35.00	2.00	1.25	0.00	7.50	105.00	1.00	0.00	1.00	3.50	0.00	100.00	150.00	0.00	0.00	0.00
Sub Line, Cheese Pepper Jack 0.5M/MA - LR100565 (1/2 oz.)	5	55.00	4.50	3.00	0.00	12.50	105.00	0.50	0.00	0.00	3.00	0.00	100.00	150.00	0.00	0.00	0.00
Sub Line, Cheese Swiss 0.5M/MA - LR100563 (1/2 oz.)	5	45.00	3.00	1.75	0.00	10.00	57.50	0.50	0.00	0.50	4.00	0.00	125.00	100.00	0.00	0.00	0.00
Sub Line, Cheese White Amer 0.5M/MA - LR100564 (1/2 oz.)	5	50.00	4.00	2.50	0.00	12.50	235.00	1.00	0.00	0.50	2.50	0.00	75.00	150.00	0.00	0.00	0.00
Sub Line, Flatbread - LR100561 (1 ea.)	2	130.00	1.00	0.00	0.00	0.00	140.00	26.00	3.00	1.00	4.00	1.08	80.00	0.00	0.00	0.00	0.00
Sub Line, Ham 1.5M/MA - LR100566 (1 7/8 oz.)	6	56.40	1.41	0.47	0.00	28.20	563.99	2.82	0.00	1.88	8.46	0.00	0.00	0.00	0.00	(M)	(M)
Sub Line, Hoagie Roll - LR100559 (1 ea.)	8	160.00	3.00	0.50	0.00	0.00	140.00	28.00	3.00	3.00	6.00	0.83	11.70	0.00	0.00	0.00	0.00
Sub Line, Toppings - LR100558 (1 1/2 c.)	20	94.15	0.56	0.10	0.00(M)	0.00(M)	252.94	18.28	6.32	1.65(M)	5.10	1.85(M)	49.93(M)	5293.72(M)	17.59	121.07(M)	0.64(M)
Sub Line, Turkey	6	52.97	0.38	0.00	0.00	26.49	348.10	0.00	0.00	0.00	12.11	0.27	0.00	0.00	0.00	0.00	0.00

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1.5M/MA - LR100567 (2 1/4 oz.)																	
Sub line, Wrap - LR100560 (1 ea.)	2	176.00	3.30	1.25	0.00	0.00	331.50	34.50	5.25	(M)	5.75	0.00	0.00	0.00	0.00	(M)	(M)
Category: CONDIMENT; Choose: 1																	
Asian Bar - Sweet and Sour Sauce - LR100780 (1 oz.)	10	35.00	0.00	0.00	0.00	0.00	190.00	9.00	0.00	7.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Asian Bar - Thai Chili Sauce - LR100779 (1 oz.)	10	47.25	0.00	0.00	0.00	0.00	244.13	11.81	0.00	11.03	0.00	0.00	0.00	78.75	1.89	(M)	(M)
BBQ Sauce, IND - LR100005 (1 ea.)	14	20.00	0.00	0.00	0.00	0.00	89.00	5.00	0.00	3.00	0.00	0.00	0.00	50.00	0.00	0.00	0.00
Ketchup, Ind Pack - LR100157 (2 ea.)	36	20.00	0.00	0.00	0.00	0.00	170.00	5.00	0.00	4.00	0.00	0.00	0.00	0.00	0.00	8.30	0.44
Mayonnaise, Ind Pkt - LR100158 (1 ea.)	14	35.00	3.44	0.00	0.00	0.00	80.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.07	0.11
Mustard, Indv Pkts - LR100148 (1 packet)	6	0.00	0.00	0.00	0.00	0.00	65.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Salad Dressing Variety - LR100156 (1 ea.)	7	122.61	11.66	1.74	0.00	8.46	549.22	2.85	0.15	1.90	1.15	0.00	16.92	84.61	0.00	(M)	(M)
HW3Tu-Lunch-Jan 2018 - Day: 2	100																
Category: MEAT/MEAT ALT; Choose: 1																	
Chicken Filet Sandwich HS/MS - LR100658 (1 sandwich)	26	360.00	10.00	1.50	0.00	45.00	720.00	45.00	4.00	4.00	23.00	1.80	200.00	0.00	0.00	(M)	(M)
Hot & Spicy Boneless Strips - LR100134 (3 tenders)	10	305.55	15.05	2.76	0.00(M)	55.01	720.87	18.90	2.07	4.22	23.07	1.44	2.26	340.27	0.87	1.18(M)	0.15(M)
Hot Dog - LR100079 (1 ea.)	5	280.00	16.50	5.00	1.00(M)	30.00	690.00	24.00	2.00	0.00(M)	10.00	3.44	150.00	0.00	4.00	(M)	(M)
Pasta Bar, Alfredo Sauce - LR100549 (1/2	10	180.20	10.01	6.01	0.00	38.04	748.83	10.01	0.00	6.01	12.01	0.00	380.42	450.50	0.00	0.00	0.00

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Pasta Bar, Chicken Tender - LR100547 (3 ea.)	10	230.00	9.00	1.50	0.00	55.00	380.00	14.00	1.00	1.00	23.00	1.44	0.00	0.00	0.00	0.00	0.00
Pasta Bar, Grilled Chicken - LR100546 (2 oz.)	10	106.67	4.67	1.33	0.00	46.67	226.66	1.33	0.00	0.67	14.00	0.72	13.33	0.00	0.00	0.00	0.00
Pasta Bar, Meat Sauce made w/ Spaghetti Sauce (Homemade) - LR100771 (1/2 c.)	10	151.35	5.76	1.79	0.00(M)	41.45	492.06	11.15	2.04	0.36(M)	15.04	7.98(M)	74.34(M)	430.04(M)	7.38(M)	0.33(M)	0.35(M)
Pasta Bar, Meatballs w/Marinara w/ Spaghetti Sauce (Homemade) - LR100770 (1/2 c.)	10	166.38	6.02	1.71	0.00(M)	44.31	657.39	15.09	2.04	0.36(M)	14.36	4.54(M)	91.96(M)	427.97(M)	7.28(M)	0.33(M)	0.35(M)
Pizza, Cheese 16" HS - LR100484 (1 slice)	1	309.45	12.98	7.99	0.00	29.95	539.05	28.95	3.00	3.99	19.96	2.69	449.21	399.30	5.99	0.00	0.00
Pizza, Macaroni and Cheese 16" HS - LR100773 (1 slice)	1	407.32	16.11	9.35	0.00(M)	38.39	664.74	40.84	4.01	6.37(M)	26.20	3.36	559.83	657.20	6.22	2.84(M)	0.32(M)
Pizza, Pepperoni 16" HS - LR100492 (1 slice)	1	340.00	17.00	9.00	0.00	35.00	730.00	29.00	3.00	4.00	20.00	2.70	400.00	300.00	6.00	0.00	0.00
Pizza, Veggie 16" HS - LR100485 (1 slice)	22	371.93	16.78	10.18	0.00	39.32	672.02	30.95	3.39	4.18	24.56	2.79	577.49	678.51	11.64	23.63(M)	0.13(M)
Turkey Noodle Soup - LR100113 (1 c.)	1	99.53	1.87	0.35	0.00	25.88	285.92	13.39	1.78	1.39(M)	7.59	0.47	20.14	1934.53	0.90	199.56(M)	0.35(M)
Category: GRAIN; Choose: 1																	
1oz Rolls, Breadsticks, Homemade - LR100030 (1 ounce roll)	10	86.92	2.12	0.17	0.00(M)	0.30	103.32	14.59	1.24	2.55	2.56	0.71	22.54	1.10	0.10	10.73(M)	0.16(M)
Pasta Bar, Pasta - LR100542 (1 c.)	28	190.47	1.00	0.00	0.00	0.00	10.03	39.10	4.01	1.00	8.02	1.70(M)	15.54(M)	0.92(M)	0.00(M)	2.30	0.25
Category: VEGETABLE; Choose: 1																	

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Caesar Side Salad - LR100077 (1 c.)	25	117.51	9.26	1.62	0.02(M)	1.80	201.63	5.87	1.55	1.14	2.43	0.76	52.15	5205.79	2.38	58.92(M)	0.53(M)
Condiment: Lettuce Leaf/Sliced Tomato - LR100025 (1/2 c.)	10	5.92	0.08	0.01	0.00	0.00	1.98	1.09	0.50	0.40	0.32	0.19	6.55	1458.35	2.67	28.66	0.16
Glazed Carrots - LR100324 (1/2 c.)	50	75.78	5.51	1.14	0.00(M)	0.00	529.30	6.91	0.00	6.84	0.06	0.00	2.48	245.07	0.01	1.08	0.14
Marinara w/ Spaghetti Sauce (Homemade) - LR100765 (1/2 c.)	7	57.56	1.10	0.24	0.00(M)	0.00	253.44	11.03	2.00	0.31(M)	1.56	3.83(M)	71.98(M)	427.93(M)	5.26(M)	0.33(M)	0.35(M)
Category: FRUIT; Choose: 1																	
Assorted Fruit Juice-4oz - LR100210 (1/2 c.)	60	60.00	0.00	0.00	0.00	0.00	17.00	15.00	0.00	13.40	0.00	0.00	0.00	200.00	19.68	0.00	0.00
Fresh Fruit - LR100120 (1 ea.)	80	81.36	0.27	0.06	0.00	0.00	0.89	20.97	3.26	14.05	0.97	0.21	22.41	150.24	28.94	109.84	0.61
Orange Juice, 4oz - LR100381 (1 Carton)	10	60.00	0.00	0.00	0.00	0.00	9.00	14.00	0.00	11.00	1.00	0.00	50.00	0.00	30.00	(M)	(M)
Pears, Canned - LR100047 (1/2 c.)	40	81.39	0.00	0.00	0.00	0.00	5.65	21.52	2.26	17.17	0.27	0.40	6.78	0.00	1.02	0.00	0.00
Category: MILK; Choose: 1																	
Milk, 1% 8oz - LR100161 (1 Carton)	3	110.00	2.50	0.00	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Milk, Chocolate Trumoo FF 8oz - LR100039 (1 Carton)	80	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Milk, Skim 8oz - LR100040 (1 Carton)	1	90.00	0.00	0.00	0.00	5.00	135.00	13.00	0.00	13.00	9.00	0.00	300.00	500.00	2.40	(M)	(M)
Milk, Strawberry Trumoo FF 8oz - LR100041 (1 Carton)	7	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Milk, Vanilla Trumoo FF 8oz - LR100042 (1 Carton)	3	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Category: SUB LINE; Choose: 1																	

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Sub Line, Cheese Amer 0.5M/MA - LR100562 (1/2 oz.)	5	35.00	2.00	1.25	0.00	7.50	105.00	1.00	0.00	1.00	3.50	0.00	100.00	150.00	0.00	0.00	0.00
Sub Line, Cheese Pepper Jack 0.5M/MA - LR100565 (1/2 oz.)	3	55.00	4.50	3.00	0.00	12.50	105.00	0.50	0.00	0.00	3.00	0.00	100.00	150.00	0.00	0.00	0.00
Sub Line, Cheese Swiss 0.5M/MA - LR100563 (1/2 oz.)	2	45.00	3.00	1.75	0.00	10.00	57.50	0.50	0.00	0.50	4.00	0.00	125.00	100.00	0.00	0.00	0.00
Sub Line, Cheese White Amer 0.5M/MA - LR100564 (1/2 oz.)	5	50.00	4.00	2.50	0.00	12.50	235.00	1.00	0.00	0.50	2.50	0.00	75.00	150.00	0.00	0.00	0.00
Sub Line, Flatbread - LR100561 (1 ea.)	3	130.00	1.00	0.00	0.00	0.00	140.00	26.00	3.00	1.00	4.00	1.08	80.00	0.00	0.00	0.00	0.00
Sub Line, Ham 1.5M/MA - LR100566 (1 7/8 oz.)	5	56.40	1.41	0.47	0.00	28.20	563.99	2.82	0.00	1.88	8.46	0.00	0.00	0.00	0.00	(M)	(M)
Sub Line, Hoagie Roll - LR100559 (1 ea.)	10	160.00	3.00	0.50	0.00	0.00	140.00	28.00	3.00	3.00	6.00	0.83	11.70	0.00	0.00	0.00	0.00
Sub Line, Philly - LR100757 (3 ounces)	4	163.70	8.55	4.17	0.00	50.44	1028.55	4.85	0.19	2.40	17.68	1.50	103.07	216.92	4.45	0.00(M)	0.00(M)
Sub Line, Toppings - LR100558 (1 1/2 c.)	15	94.15	0.56	0.10	0.00(M)	0.00(M)	252.94	18.28	6.32	1.65(M)	5.10	1.85(M)	49.93(M)	5293.72(M)	17.59	121.07(M)	0.64(M)
Sub Line, Turkey 1.5M/MA - LR100567 (2 1/4 oz.)	10	52.97	0.38	0.00	0.00	26.49	348.10	0.00	0.00	0.00	12.11	0.27	0.00	0.00	0.00	0.00	0.00
Sub line, Wrap - LR100560 (1 ea.)	2	176.00	3.30	1.25	0.00	0.00	331.50	34.50	5.25	(M)	5.75	0.00	0.00	0.00	0.00	(M)	(M)
Category: CONDIMENT; Choose: 1																	
Ketchup, Ind Pack - LR100157 (2 ea.)	35	20.00	0.00	0.00	0.00	0.00	170.00	5.00	0.00	4.00	0.00	0.00	0.00	0.00	0.00	8.30	0.44
Mayonnaise, Ind Pkt - LR100158 (1 ea.)	14	35.00	3.44	0.00	0.00	0.00	80.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.07	0.11
Mustard, Indv Pkts -	6	0.00	0.00	0.00	0.00	0.00	65.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00

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LR100148 (1 packet)																	
Salad Dressing Variety - LR100156 (1 ea.)	2	122.61	11.66	1.74	0.00	8.46	549.22	2.85	0.15	1.90	1.15	0.00	16.92	84.61	0.00	(M)	(M)
HW3W-Lunch-Jan 2018 - Day: 3	100																
Category: MEAT/MEAT ALT; Choose: 1																	
Chicken Creole - LR100666 (1 1/2 c.)	1	231.00	7.98	1.52	0.00(M)	46.67(M)	445.35	22.61	2.08	3.53	16.69	1.68	40.14(M)	934.92(M)	25.40(M)	17.85(M)	0.06(M)
Chicken, Popcorn - LR100462 (12 pieces)	1	233.25	14.48	2.82	0.00	32.17	233.25	13.67	1.61	0.00	12.06	1.45	0.00	80.43	0.00	0.00	0.00
Deli, Chicken Salad - LR100756 (1/2 c.)	1	152.88	8.62	1.84	0.00	57.20	368.46	3.65	0.14	1.86	14.34	0.75	17.23	40.73	0.28	8.66(M)	0.07(M)
Garlic Cheese Bread - LR100333 (2 ea.)	1	348.78	18.05	8.12	0.00(M)	30.00	1106.72	30.52	3.00	3.16(M)	18.78	3.35(M)	435.99(M)	613.97(M)	2.63(M)	0.17(M)	0.18(M)
Pizza, Cheese 16" HS - LR100484 (1 slice)	1	309.45	12.98	7.99	0.00	29.95	539.05	28.95	3.00	3.99	19.96	2.69	449.21	399.30	5.99	0.00	0.00
Pizza, Cheeseburger 16" HS - LR100486 (1 slice)	1	344.11	15.02	8.98	0.00	40.32	718.60	29.57	3.00	4.30	24.00	3.26	511.99	493.33	6.27	0.00(M)	0.00(M)
Pizza, Pepperoni 16" HS - LR100492 (1 slice)	1	340.00	17.00	9.00	0.00	35.00	730.00	29.00	3.00	4.00	20.00	2.70	400.00	300.00	6.00	0.00	0.00
Pizza, Veggie 16" HS - LR100485 (1 slice)	9	371.93	16.78	10.18	0.00	39.32	672.02	30.95	3.39	4.18	24.56	2.79	577.49	678.51	11.64	23.63(M)	0.13(M)
Salad, Chicken Tender - LR100535 (1 salad)	1	218.63	8.61	3.74	0.00(M)	15.30	361.52	23.28	4.95	3.66(M)	12.09	2.72	296.62	13009.70	28.25	176.33(M)	1.45(M)
Spicy Chicken Sandwich - LR100463 (1 patty)	62	390.00	12.00	2.00	0.00	50.00	679.99	44.00	4.00	5.00	27.00	3.24	220.00	100.00	0.00	0.00(M)	0.00(M)
Tuna Salad - LR100750 (1/2 c.)	1	148.94	6.71	0.76	0.00	48.59	499.06	3.37	0.39	1.17	17.67	0.53	8.06	67.80	1.12	22.27(M)	0.14(M)
Category: GRAIN; Choose: 1																	
1oz Rolls, Breadsticks,	20	86.92	2.12	0.17	0.00(M)	0.30	103.32	14.59	1.24	2.55	2.56	0.71	22.54	1.10	0.10	10.73(M)	0.16(M)

Menu Cycle Week Nutrient Analysis

Homemade - LR100030 (1 ounce roll)																	
Category: VEGETABLE; Choose: 1																	
Baby Carrots 5# - LR100097 (1/2 c.)	20	32.00	0.11	0.02	0.00	0.00	70.40	7.39	2.62	(M)	0.57	0.82	28.80	12508.59	2.40	(M)	(M)
Beef Vegetable Soup - LR100540 (1 c.)	5	57.40	1.37	0.35	0.00(M)	8.73(M)	243.51	9.09	1.55	3.00(M)	3.70	1.44	33.44	2132.97	6.17	146.39(M)	0.28(M)
Condiment: Lettuce Leaf/Sliced Tomato - LR100025 (1/2 c.)	10	5.92	0.08	0.01	0.00	0.00	1.98	1.09	0.50	0.40	0.32	0.19	6.55	1458.35	2.67	28.66	0.16
Marinara w/ Spaghetti Sauce (Homemade) - LR100765 (1/2 c.)	1	57.56	1.10	0.24	0.00(M)	0.00	253.44	11.03	2.00	0.31(M)	1.56	3.83(M)	71.98(M)	427.93(M)	5.26(M)	0.33(M)	0.35(M)
Mashed Potatoes-pearls - LR100036 (1/2 c.)	65	74.17	0.95	0.18	0.00(M)	0.00	26.18	15.34	1.25	0.64	1.58	0.23	5.10	56.58	15.31	98.07(M)	0.66(M)
Category: FRUIT; Choose: 1																	
Assorted Fruit Juice-4oz - LR100210 (1/2 c.)	40	60.00	0.00	0.00	0.00	0.00	17.00	15.00	0.00	13.40	0.00	0.00	0.00	200.00	19.68	0.00	0.00
Fresh Fruit - LR100120 (1 ea.)	80	81.36	0.27	0.06	0.00	0.00	0.89	20.97	3.26	14.05	0.97	0.21	22.41	150.24	28.94	109.84	0.61
Mixed Fruit - LR100057 (1/2 c.)	15	74.75	0.00	0.00	0.00	0.00	8.67	19.37	1.63	15.52	0.55	0.00	0.00	216.67	2.17	0.00	0.00
Orange Juice, 4oz - LR100381 (1 Carton)	44	60.00	0.00	0.00	0.00	0.00	9.00	14.00	0.00	11.00	1.00	0.00	50.00	0.00	30.00	(M)	(M)
Category: MILK; Choose: 1																	
Milk, 1% 8oz - LR100161 (1 Carton)	5	110.00	2.50	0.00	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Milk, Chocolate Trumoo FF 8oz - LR100039 (1 Carton)	60	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Milk, Skim 8oz - LR100040 (1 Carton)	1	90.00	0.00	0.00	0.00	5.00	135.00	13.00	0.00	13.00	9.00	0.00	300.00	500.00	2.40	(M)	(M)

Menu Cycle Week Nutrient Analysis

Milk, Strawberry Trumoo FF 8oz - LR100041 (1 Carton)	20	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Milk, Vanilla Trumoo FF 8oz - LR100042 (1 Carton)	8	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Category: SUB LINE; Choose: 1																	
Sub Line, Cheese Amer 0.5M/MA - LR100562 (1/2 oz.)	5	35.00	2.00	1.25	0.00	7.50	105.00	1.00	0.00	1.00	3.50	0.00	100.00	150.00	0.00	0.00	0.00
Sub Line, Cheese Pepper Jack 0.5M/MA - LR100565 (1/2 oz.)	5	55.00	4.50	3.00	0.00	12.50	105.00	0.50	0.00	0.00	3.00	0.00	100.00	150.00	0.00	0.00	0.00
Sub Line, Cheese Swiss 0.5M/MA - LR100563 (1/2 oz.)	5	45.00	3.00	1.75	0.00	10.00	57.50	0.50	0.00	0.50	4.00	0.00	125.00	100.00	0.00	0.00	0.00
Sub Line, Cheese White Amer 0.5M/MA - LR100564 (1/2 oz.)	5	50.00	4.00	2.50	0.00	12.50	235.00	1.00	0.00	0.50	2.50	0.00	75.00	150.00	0.00	0.00	0.00
Sub Line, Flatbread - LR100561 (1 ea.)	3	130.00	1.00	0.00	0.00	0.00	140.00	26.00	3.00	1.00	4.00	1.08	80.00	0.00	0.00	0.00	0.00
Sub Line, Ham 1.5M/MA - LR100566 (1 7/8 oz.)	5	56.40	1.41	0.47	0.00	28.20	563.99	2.82	0.00	1.88	8.46	0.00	0.00	0.00	0.00	(M)	(M)
Sub Line, Hoagie Roll - LR100559 (1 ea.)	15	160.00	3.00	0.50	0.00	0.00	140.00	28.00	3.00	3.00	6.00	0.83	11.70	0.00	0.00	0.00	0.00
Sub Line, Toppings - LR100558 (1 1/2 c.)	20	94.15	0.56	0.10	0.00(M)	0.00(M)	252.94	18.28	6.32	1.65(M)	5.10	1.85(M)	49.93(M)	5293.72(M)	17.59	121.07(M)	0.64(M)
Sub Line, Turkey 1.5M/MA - LR100567 (2 1/4 oz.)	5	52.97	0.38	0.00	0.00	26.49	348.10	0.00	0.00	0.00	12.11	0.27	0.00	0.00	0.00	0.00	0.00
Sub line, Wrap - LR100560 (1 ea.)	2	176.00	3.30	1.25	0.00	0.00	331.50	34.50	5.25	(M)	5.75	0.00	0.00	0.00	0.00	(M)	(M)
Category: CONDIMENT; Choose: 1																	
BBQ Sauce, IND -	13	20.00	0.00	0.00	0.00	0.00	89.00	5.00	0.00	3.00	0.00	0.00	0.00	50.00	0.00	0.00	0.00

Menu Cycle Week Nutrient Analysis

LR100005 (1 ea.)																	
Ketchup, Ind Pack - LR100157 (2 ea.)	37	20.00	0.00	0.00	0.00	0.00	170.00	5.00	0.00	4.00	0.00	0.00	0.00	0.00	0.00	8.30	0.44
Mayonnaise, Ind Pkt - LR100158 (1 ea.)	25	35.00	3.44	0.00	0.00	0.00	80.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.07	0.11
Mustard, Indv Pkts - LR100148 (1 packet)	7	0.00	0.00	0.00	0.00	0.00	65.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Salad Dressing Variety - LR100156 (1 ea.)	2	122.61	11.66	1.74	0.00	8.46	549.22	2.85	0.15	1.90	1.15	0.00	16.92	84.61	0.00	(M)	(M)
HW3Th-Lunch-Jan 2018 - Day: 4	100																
Category: MEAT/MEAT ALT; Choose: 1																	
Chili w/Beans - LR100237 (1 c.)	2	204.30	4.75	1.38	0.00(M)	36.36	762.86	23.63	5.56	3.71(M)	17.53	5.81(M)	90.23(M)	890.10(M)	16.91(M)	53.45(M)	0.16(M)
Corn Dog, Mini - LR100443 (6 ea.)	5	253.65	8.95	1.49	0.00	14.92	626.67	31.33	1.00	7.46	10.45	4.12	0.00	0.00	0.00	0.00	0.00
Hot & Spicy Boneless Strips - LR100134 (3 tenders)	10	305.55	15.05	2.76	0.00(M)	55.01	720.87	18.90	2.07	4.22	23.07	1.44	2.26	340.27	0.87	1.18(M)	0.15(M)
HS Cheeseburger - LR100668 (1 ea.)	5	378.00	15.60	6.00	0.50	46.00	474.00	35.80	4.00	4.80	22.80	3.24	300.00	120.00	0.00	0.00(M)	0.00(M)
Meat, Taco Seasoned - HS - LR100520 (30 scoop)	24	44.43	2.13	0.71	0.00	18.91	129.68	0.44	0.17	0.12	6.14	1.95	4.41	70.14	1.72	4.74(M)	0.01(M)
Mexican Bar, Chicken Seasoned - LR100554 (1 1/2 oz.)	30	85.40	3.50	1.00	0.00	35.00	238.74	2.21	0.45	0.77	10.50	0.70	19.54	169.05	1.81	18.94(M)	0.02(M)
Pizza, Buffalo Chicken 16" HS - LR100489 (1 slice)	2	366.41	15.80	8.63	0.00(M)	44.53	767.52	32.13	3.61	6.04(M)	24.34	2.92	453.41	516.84	6.28	0.00(M)	0.00(M)
Pizza, Cheese 16" HS - LR100484 (1 slice)	1	309.45	12.98	7.99	0.00	29.95	539.05	28.95	3.00	3.99	19.96	2.69	449.21	399.30	5.99	0.00	0.00
Pizza, Pepperoni 16" HS - LR100492 (1 slice)	15	340.00	17.00	9.00	0.00	35.00	730.00	29.00	3.00	4.00	20.00	2.70	400.00	300.00	6.00	0.00	0.00

Menu Cycle Week Nutrient Analysis

Pizza, Veggie 16" HS - LR100485 (1 slice)	1	371.93	16.78	10.18	0.00	39.32	672.02	30.95	3.39	4.18	24.56	2.79	577.49	678.51	11.64	23.63(M)	0.13(M)
Sauce, Queso (Nachos Only) - LR100523 (2 fl. oz.)	70	118.00	9.00	5.30	0.00	30.00	414.99	2.00	0.00	0.00	7.00	0.00	203.00	399.99	0.00	0.00	0.00
Category: GRAIN; Choose: 1																	
1oz Rolls, Breadsticks, Homemade - LR100030 (1 ounce roll)	10	86.92	2.12	0.17	0.00(M)	0.30	103.32	14.59	1.24	2.55	2.56	0.71	22.54	1.10	0.10	10.73(M)	0.16(M)
Mexican Bar, Tortilla - LR100550 (1 ea.)	25	260.00	9.50	5.00	0.00	15.00	890.00	35.00	4.00	1.00(M)	12.00	0.00	200.00	300.00	0.00	0.00(M)	0.00(M)
Mexican Bar, Tortilla CHIPS - LR100551 (2 oz.)	12	292.63	12.80	1.83	(M)	0.00	128.03	38.41	3.66	(M)	3.66	0.00	73.16	0.00	0.00	(M)	(M)
Rice Bowl, Mex Bar - LR100521 (1 c.)	1	68.96	2.49	1.25	0.00	7.43	310.22	7.94	0.91	0.60(M)	4.44	0.29	110.01(M)	195.23(M)	0.48(M)	171.14(M)	0.17(M)
Category: VEGETABLE; Choose: 1																	
Beans, Baked (Bush's) - LR100516 (1/2 c.)	11	127.00	0.00	0.00	0.00	0.00	537.31	28.33	4.88	9.77	6.84	1.76	39.08	0.00	0.00	0.00	0.00
Black Beans & Salsa - LR100081 (1/2 c.)	8	240.74	0.62	0.17	0.00(M)	0.00	337.04	53.29	15.79	1.54(M)	14.58	5.43	117.48	493.04	5.78	0.00(M)	0.00(M)
HS - Condiment Shredded Lettuce and Diced Tomato Cup - LR100051 (1/2 c.)	13	15.24	0.16	0.02	0.00	0.00	6.21	3.28	1.10	2.20	0.82	0.29	11.77	658.16	9.06	87.18	0.41
Refried Beans - LR100104 (1/2 c.)	25	62.98	1.95	1.04	0.00	3.91	206.30	7.55	2.53	0.77	3.58	0.86	80.75	390.91	6.01	0.00(M)	0.50(M)
Seasoned Corn - LR100049 (1/2 c.)	17	85.06	0.66	0.18	0.00	0.00	147.23	17.54	2.02	2.56	2.13	0.40	9.24	165.92	2.93	2.48(M)	0.00(M)
Category: FRUIT; Choose: 1																	
Applesauce - LR100107 (1/2 c.)	60	55.25	0.11	0.01	0.00	0.00	2.17	15.17	1.08	13.00	0.22	0.33	5.42	37.92	1.30	0.00	0.00
Assorted Fruit Juice-4oz - LR100210 (1/2	70	60.00	0.00	0.00	0.00	0.00	17.00	15.00	0.00	13.40	0.00	0.00	0.00	200.00	19.68	0.00	0.00

Menu Cycle Week Nutrient Analysis

c.)																	
Fresh Fruit - LR100120 (1 ea.)	21	81.36	0.27	0.06	0.00	0.00	0.89	20.97	3.26	14.05	0.97	0.21	22.41	150.24	28.94	109.84	0.61
Orange Juice, 4oz - LR100381 (1 Carton)	44	60.00	0.00	0.00	0.00	0.00	9.00	14.00	0.00	11.00	1.00	0.00	50.00	0.00	30.00	(M)	(M)
Category: MILK; Choose: 1																	
Milk, 1% 8oz - LR100161 (1 Carton)	3	110.00	2.50	0.00	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Milk, Chocolate Trumoo FF 8oz - LR100039 (1 Carton)	60	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Milk, Skim 8oz - LR100040 (1 Carton)	1	90.00	0.00	0.00	0.00	5.00	135.00	13.00	0.00	13.00	9.00	0.00	300.00	500.00	2.40	(M)	(M)
Milk, Strawberry Trumoo FF 8oz - LR100041 (1 Carton)	15	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Milk, Vanilla Trumoo FF 8oz - LR100042 (1 Carton)	15	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Category: SUB LINE; Choose: 1																	
Sub Line, Buffalo Tender - LR100676 (1 sandwich)	2	462.18	17.60	3.16	0.00(M)	55.00	2821.35	47.11	4.99	7.27	29.06	2.44	17.12	350.20	1.61	3.54(M)	0.20(M)
Sub Line, Cheese Amer 0.5M/MA - LR100562 (1/2 oz.)	5	35.00	2.00	1.25	0.00	7.50	105.00	1.00	0.00	1.00	3.50	0.00	100.00	150.00	0.00	0.00	0.00
Sub Line, Cheese Pepper Jack 0.5M/MA - LR100565 (1/2 oz.)	5	55.00	4.50	3.00	0.00	12.50	105.00	0.50	0.00	0.00	3.00	0.00	100.00	150.00	0.00	0.00	0.00
Sub Line, Cheese Swiss 0.5M/MA - LR100563 (1/2 oz.)	5	45.00	3.00	1.75	0.00	10.00	57.50	0.50	0.00	0.50	4.00	0.00	125.00	100.00	0.00	0.00	0.00
Sub Line, Cheese White Amer 0.5M/MA - LR100564 (1/2 oz.)	5	50.00	4.00	2.50	0.00	12.50	235.00	1.00	0.00	0.50	2.50	0.00	75.00	150.00	0.00	0.00	0.00
Sub Line, Flatbread - LR100561 (1 ea.)	3	130.00	1.00	0.00	0.00	0.00	140.00	26.00	3.00	1.00	4.00	1.08	80.00	0.00	0.00	0.00	0.00

Menu Cycle Week Nutrient Analysis

Sub Line, Ham 1.5M/MA - LR100566 (1 7/8 oz.)	10	56.40	1.41	0.47	0.00	28.20	563.99	2.82	0.00	1.88	8.46	0.00	0.00	0.00	0.00	(M)	(M)
Sub Line, Hoagie Roll - LR100559 (1 ea.)	15	160.00	3.00	0.50	0.00	0.00	140.00	28.00	3.00	3.00	6.00	0.83	11.70	0.00	0.00	0.00	0.00
Sub Line, Toppings - LR100558 (1 1/2 c.)	20	94.15	0.56	0.10	0.00(M)	0.00(M)	252.94	18.28	6.32	1.65(M)	5.10	1.85(M)	49.93(M)	5293.72(M)	17.59	121.07(M)	0.64(M)
Sub Line, Turkey 1.5M/MA - LR100567 (2 1/4 oz.)	10	52.97	0.38	0.00	0.00	26.49	348.10	0.00	0.00	0.00	12.11	0.27	0.00	0.00	0.00	0.00	0.00
Sub line, Wrap - LR100560 (1 ea.)	2	176.00	3.30	1.25	0.00	0.00	331.50	34.50	5.25	(M)	5.75	0.00	0.00	0.00	0.00	(M)	(M)
Category: CONDIMENT; Choose: 1																	
Ketchup, Ind Pack - LR100157 (2 ea.)	24	20.00	0.00	0.00	0.00	0.00	170.00	5.00	0.00	4.00	0.00	0.00	0.00	0.00	0.00	8.30	0.44
Mayonnaise, Ind Pkt - LR100158 (1 ea.)	16	35.00	3.44	0.00	0.00	0.00	80.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.07	0.11
Mustard, Indv Pkts - LR100148 (1 packet)	8	0.00	0.00	0.00	0.00	0.00	65.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Salad Dressing Variety - LR100156 (1 ea.)	2	122.61	11.66	1.74	0.00	8.46	549.22	2.85	0.15	1.90	1.15	0.00	16.92	84.61	0.00	(M)	(M)
Side of Salsa - LR100370 (1 oz.)	21	2.70	0.00	0.00	0.00	0.00	18.93	0.68	0.27	0.27	0.00	0.10	5.41	135.19	1.62	(M)	(M)
Sour Cream, Ind - LR100159 (1 oz.)	21	25.00	0.00	0.00	0.00	0.00	30.00	4.00	0.00	2.00	2.00	0.00	60.00	200.00	0.00	0.00	0.00
HW3F-Lunch-Jan 2018 - Day: 5	100																
Category: MEAT/MEAT ALT; Choose: 1																	
BBQ Pork-Brookwood Farms Sandwich - LR100053 (1 sandwich)	1	459.00	19.00	6.00	0.00	71.00	433.00	46.00	3.00	20.00	24.00	4.86	280.00	1649.97	25.20	0.00(M)	0.00(M)
Chicken Caesar-Salad - LR100074 (1	1	262.47	10.99	4.43	0.06(M)	37.65	549.45	21.75	4.07	2.55	18.98	2.41	277.43	11874.24	5.49	139.74(M)	1.45(M)

Menu Cycle Week Nutrient Analysis

salad)																	
Chicken Tenders - LR100060 (2 oz.)	25	117.06	4.58	0.76	0.00	27.99	193.41	7.13	0.51	0.51	11.71	0.73	0.00	0.00	0.00	0.00	0.00
Fish Nuggets - LR100502 (3 ea.)	1	215.38	8.21	1.54	0.00	35.90	287.18	22.56	3.08	1.03	12.31	1.11	20.51	0.00	0.00	0.00	0.00
Macaroni and Cheese w/ homemade sauce 1 cup - LR100434 (1 c.)	53	391.48	12.51	5.44	0.00(M)	33.77	502.77	47.55	4.08	9.51(M)	24.93	2.64	442.47	1031.61	0.94	11.36(M)	1.26(M)
Macaroni and Cheese w/ homemade sauce 1/2 cup - LR100528 (1/2 c.)	1	207.49	6.63	2.88	0.00(M)	17.90	266.47	25.20	2.16	5.04(M)	13.21	1.40	234.51	546.75	0.50	6.02(M)	0.67(M)
Pizza, Cheese 16" HS - LR100484 (1 slice)	1	309.45	12.98	7.99	0.00	29.95	539.05	28.95	3.00	3.99	19.96	2.69	449.21	399.30	5.99	0.00	0.00
Pizza, Pepperoni 16" HS - LR100492 (1 slice)	1	340.00	17.00	9.00	0.00	35.00	730.00	29.00	3.00	4.00	20.00	2.70	400.00	300.00	6.00	0.00	0.00
Pizza, Taco 16" HS - LR100491 (1 slice)	1	350.25	15.02	8.98	0.00	40.27	864.55	30.89	3.62	4.43	23.98	3.39(M)	519.49(M)	605.83(M)	9.57	0.00(M)	0.00(M)
Pizza, Veggie 16" HS - LR100485 (1 slice)	1	371.93	16.78	10.18	0.00	39.32	672.02	30.95	3.39	4.18	24.56	2.79	577.49	678.51	11.64	23.63(M)	0.13(M)
Soup, Chicken w/Rice - LR100541 (1 c.)	2	77.18	3.38	1.45	0.00	24.43	555.74	3.59	0.44	0.71	7.65	0.47	12.46(M)	47.89(M)	0.53(M)	10.14(M)	0.08(M)
Spicy Chicken Sandwich - LR100463 (1 patty)	30	390.00	12.00	2.00	0.00	50.00	679.99	44.00	4.00	5.00	27.00	3.24	220.00	100.00	0.00	0.00(M)	0.00(M)
Category: GRAIN; Choose: 1																	
1oz Rolls, Breadsticks, Homemade - LR100030 (1 ounce roll)	25	86.92	2.12	0.17	0.00(M)	0.30	103.32	14.59	1.24	2.55	2.56	0.71	22.54	1.10	0.10	10.73(M)	0.16(M)
Category: VEGETABLE; Choose: 1																	
Condiment: Lettuce Leaf/Sliced Tomato - LR100025 (1/2 c.)	2	5.92	0.08	0.01	0.00	0.00	1.98	1.09	0.50	0.40	0.32	0.19	6.55	1458.35	2.67	28.66	0.16

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French Fries-Straight Cut BAKED - LR100250 (1/2 c.)	60	200.00	6.67	0.83	0.00	0.00	225.00	33.33	3.33	(M)	1.67	0.60	0.00	0.00	4.00	0.00	0.00
Green Beans, canned - LR100037 (1/2 c.)	50	23.27	0.12	0.00	0.00	0.00	224.10	4.94	2.76	0.29	1.37	0.99	27.59	410.55	4.96	0.00(M)	1.26(M)
Category: FRUIT; Choose: 1																	
Assorted Fruit Juice-4oz - LR100210 (1/2 c.)	40	60.00	0.00	0.00	0.00	0.00	17.00	15.00	0.00	13.40	0.00	0.00	0.00	200.00	19.68	0.00	0.00
Fresh Fruit - LR100120 (1 ea.)	70	81.36	0.27	0.06	0.00	0.00	0.89	20.97	3.26	14.05	0.97	0.21	22.41	150.24	28.94	109.84	0.61
Orange Juice, 4oz - LR100381 (1 Carton)	54	60.00	0.00	0.00	0.00	0.00	9.00	14.00	0.00	11.00	1.00	0.00	50.00	0.00	30.00	(M)	(M)
Peaches-Diced - LR100068 (1/2 c.)	30	61.24	0.03	0.00	0.00	0.00	5.67	16.50	1.47	15.03	0.51	0.41	3.40	401.44	2.72	96.07	0.28
Category: MILK; Choose: 1																	
Milk, 1% 8oz - LR100161 (1 Carton)	6	110.00	2.50	0.00	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Milk, Chocolate Trumoo FF 8oz - LR100039 (1 Carton)	60	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Milk, Skim 8oz - LR100040 (1 Carton)	3	90.00	0.00	0.00	0.00	5.00	135.00	13.00	0.00	13.00	9.00	0.00	300.00	500.00	2.40	(M)	(M)
Milk, Strawberry Trumoo FF 8oz - LR100041 (1 Carton)	15	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Milk, Vanilla Trumoo FF 8oz - LR100042 (1 Carton)	10	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Category: SUB LINE; Choose: 1																	
Sub Line, Meatball - LR100111 (5 ea.)	3	207.33	10.20	4.05	0.00	67.38	754.35	10.30	0.40	0.00(M)	19.40	1.36	115.81	327.60	4.42	0.00(M)	0.00(M)
Sub Line, Cheese Amer 0.5M/MA - LR100562 (1/2 oz.)	5	35.00	2.00	1.25	0.00	7.50	105.00	1.00	0.00	1.00	3.50	0.00	100.00	150.00	0.00	0.00	0.00
Sub Line, Cheese Pepper	3	55.00	4.50	3.00	0.00	12.50	105.00	0.50	0.00	0.00	3.00	0.00	100.00	150.00	0.00	0.00	0.00

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Jack 0.5M/MA - LR100565 (1/2 oz.)																	
Sub Line, Cheese Swiss 0.5M/MA - LR100563 (1/2 oz.)	3	45.00	3.00	1.75	0.00	10.00	57.50	0.50	0.00	0.50	4.00	0.00	125.00	100.00	0.00	0.00	0.00
Sub Line, Cheese White Amer 0.5M/MA - LR100564 (1/2 oz.)	0	50.00	4.00	2.50	0.00	12.50	235.00	1.00	0.00	0.50	2.50	0.00	75.00	150.00	0.00	0.00	0.00
Sub Line, Flatbread - LR100561 (1 ea.)	3	130.00	1.00	0.00	0.00	0.00	140.00	26.00	3.00	1.00	4.00	1.08	80.00	0.00	0.00	0.00	0.00
Sub Line, Ham 1.5M/MA - LR100566 (1 7/8 oz.)	3	56.40	1.41	0.47	0.00	28.20	563.99	2.82	0.00	1.88	8.46	0.00	0.00	0.00	0.00	(M)	(M)
Sub Line, Hoagie Roll - LR100559 (1 ea.)	3	160.00	3.00	0.50	0.00	0.00	140.00	28.00	3.00	3.00	6.00	0.83	11.70	0.00	0.00	0.00	0.00
Sub Line, Toppings - LR100558 (1 1/2 c.)	9	94.15	0.56	0.10	0.00(M)	0.00(M)	252.94	18.28	6.32	1.65(M)	5.10	1.85(M)	49.93(M)	5293.72(M)	17.59	121.07(M)	0.64(M)
Sub Line, Turkey 1.5M/MA - LR100567 (2 1/4 oz.)	3	52.97	0.38	0.00	0.00	26.49	348.10	0.00	0.00	0.00	12.11	0.27	0.00	0.00	0.00	0.00	0.00
Sub line, Wrap - LR100560 (1 ea.)	3	176.00	3.30	1.25	0.00	0.00	331.50	34.50	5.25	(M)	5.75	0.00	0.00	0.00	0.00	(M)	(M)
Category: CONDIMENT; Choose: 1																	
BBQ Sauce, IND - LR100005 (1 ea.)	13	20.00	0.00	0.00	0.00	0.00	89.00	5.00	0.00	3.00	0.00	0.00	0.00	50.00	0.00	0.00	0.00
Condiment, Cheese, Parmesan - LR100618 (1 tsp.)	13	13.33	1.33	0.67	0.00	3.33	46.67	0.00	0.00	0.00	1.33	0.00	40.00	66.67	0.00	(M)	(M)
Condiment, Pepper, Red Flakes - LR100619 (1 tsp.)	13	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Ketchup, Ind Pack - LR100157 (2 ea.)	42	20.00	0.00	0.00	0.00	0.00	170.00	5.00	0.00	4.00	0.00	0.00	0.00	0.00	0.00	8.30	0.44
Mayonnaise, Ind Pkt -	13	35.00	3.44	0.00	0.00	0.00	80.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.07	0.11

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LR100158 (1 ea.)																	
Mustard, Indv Pkts - LR100148 (1 packet)	5	0.00	0.00	0.00	0.00	0.00	65.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Salad Dressing Variety - LR100156 (1 ea.)	2	122.61	11.66	1.74	0.00	8.46	549.22	2.85	0.15	1.90	1.15	0.00	16.92	84.61	0.00	(M)	(M)