

Menu Cycle Week Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
MW1M-Lunch-Jan 2018 - Day: 1	100																
Category: MEAT/MEAT ALT; Choose: 1																	
Cheese Sauce-homemade - LR100537 (1 fl. oz.)	30	75.42	4.24	2.00	0.00(M)	12.43	181.43	3.40	0.05	3.14(M)	6.28	0.03	152.40	377.90	0.35	0.03(M)	0.01(M)
Chicken Caesar-Salad - LR100074 (1 salad)	5	262.47	10.99	4.43	0.06(M)	37.65	549.45	21.75	4.07	2.55	18.98	2.41	277.43	11874.24	5.49	139.74(M)	1.45(M)
Corn Dog, Mini - LR100443 (6 ea.)	75	253.65	8.95	1.49	0.00	14.92	626.67	31.33	1.00	7.46	10.45	4.12	0.00	0.00	0.00	0.00	0.00
Salad, Caesar VEG - LR100527 (1 salad)	2	289.97	14.30	5.57	0.06(M)	204.15	461.45	21.31	4.07	3.11	17.77	2.65	302.43	12134.24	5.49	177.05(M)	1.99(M)
Spicy Orange Chicken-Tyson - LR100170 (6 oz.)	18	420.00	22.50	4.50	0.00	172.50	540.00	21.00	0.00	16.50	34.50	2.70	30.00	0.00	3.00	(M)	(M)
Category: GRAIN; Choose: 1																	
1oz Rolls, Breadsticks, Homemade - LR100030 (1 ounce roll)	80	86.92	2.12	0.17	0.00(M)	0.30	103.32	14.59	1.24	2.55	2.56	0.71	22.54	1.10	0.10	10.73(M)	0.16(M)
Asian Rice 1 Cup - Scratch - LR100776 (1 c.)	18	120.34	1.12	0.03	0.00	0.00	548.59	24.26	2.50	1.38	3.55	0.74	10.36(M)	3415.18(M)	2.29(M)	118.01(M)	0.00(M)
Category: VEGETABLE; Choose: 1																	
Steamed Broccoli (Frozen) - LR100070 (1/2 c.)	30	29.46	0.00	0.00	0.00(M)	0.00	19.82	3.93	1.96	1.96	1.28	0.00	19.64	0.00	31.23	5.79(M)	0.00(M)
Tator Tots - LR100045 (1/2 c.)	80	116.27	5.37	0.89	0.00	0.00	277.25	15.20	1.79	0.00	1.79	0.00	0.00	0.00	3.22	0.00	0.00
Category: FRUIT; Choose: 1																	
Assorted Fruit Juice-4oz - LR100210 (1/2 c.)	50	60.00	0.00	0.00	0.00	0.00	17.00	15.00	0.00	13.40	0.00	0.00	0.00	200.00	19.68	0.00	0.00
Fresh Fruit - LR100120 (1 ea.)	30	81.36	0.27	0.06	0.00	0.00	0.89	20.97	3.26	14.05	0.97	0.21	22.41	150.24	28.94	109.84	0.61
Orange Juice, 4oz - LR100381 (1 Carton)	37	60.00	0.00	0.00	0.00	0.00	9.00	14.00	0.00	11.00	1.00	0.00	50.00	0.00	30.00	(M)	(M)
Peach Cup - LR100088 (1 ea.)	25	80.00	0.00	0.00	0.00	0.00	0.00	19.00	1.00	16.00	1.00	0.36	0.00	300.00	162.00	0.00	0.00
Category: MILK; Choose: 1																	
Milk, 1% 8oz - LR100161 (1 Carton)	2	110.00	2.50	0.00	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)

Menu Cycle Week Nutrient Analysis

Milk, Chocolate Trumoo FF 8oz - LR100039 (1 Carton)	30	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Milk, Skim 8oz - LR100040 (1 Carton)	1	90.00	0.00	0.00	0.00	5.00	135.00	13.00	0.00	13.00	9.00	0.00	300.00	500.00	2.40	(M)	(M)
Milk, Strawberry Trumoo FF 8oz - LR100041 (1 Carton)	8	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Milk, Vanilla Trumoo FF 8oz - LR100042 (1 Carton)	5	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Category: CONDIMENT; Choose: 1																	
Ketchup, Ind Pack - LR100157 (2 ea.)	68	20.00	0.00	0.00	0.00	0.00	170.00	5.00	0.00	4.00	0.00	0.00	0.00	0.00	0.00	8.30	0.44
Mustard, Indv Pkts - LR100148 (1 packet)	11	0.00	0.00	0.00	0.00	0.00	65.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Salad Dressing Variety - LR100156 (1 ea.)	3	122.61	11.66	1.74	0.00	8.46	549.22	2.85	0.15	1.90	1.15	0.00	16.92	84.61	0.00	(M)	(M)
MW1Tu-Lunch-Jan 2018 - Day: 2	100																
Category: MEAT/MEAT ALT; Choose: 1																	
Cheese, Mozzarella, String - LR100532 (1 ea.)	10	60.75	2.53	2.02	0.00	10.13	212.63	1.01	0.00	0.00	8.10	0.00	202.50	101.25	0.00	0.00	0.00
Meat, Taco Seasoned ES/MS - LR100633 (30 scoop)	50	41.87	2.04	0.68	0.00	18.18	121.78	0.19	0.06	0.00	5.91	1.84	2.19	13.68	0.99	(M)	(M)
PBJamwich 2.8oz - LR100146 (1 ea.)	10	300.00	16.00	2.00	0.00	0.00	310.00	34.00	4.00	15.00	10.00	1.08	40.00	0.00	0.00	0.00	0.00
Salad, Chef -Ham - LR100402 (1 salad)	3	256.13	9.54	4.05	0.00(M)	34.05	736.52	25.16	4.95	4.54(M)	17.71	2.72	296.62	13009.70	28.25	176.33(M)	1.45(M)
Salad, Chef Veg - LR100534 (1 salad)	2	296.13	13.91	5.37	0.00(M)	201.80	423.52	23.84	4.95	4.58(M)	18.38	3.31	321.62	13269.70	28.25	213.64(M)	1.99(M)
Sauce, Queso (Nachos Only) - LR100523 (2 fl. oz.)	70	118.00	9.00	5.30	0.00	30.00	414.99	2.00	0.00	0.00	7.00	0.00	203.00	399.99	0.00	0.00	0.00
Category: GRAIN; Choose: 1																	
1oz Rolls, Breadsticks, Homemade - LR100030 (1 ounce roll)	7	86.92	2.12	0.17	0.00(M)	0.30	103.32	14.59	1.24	2.55	2.56	0.71	22.54	1.10	0.10	10.73(M)	0.16(M)
Chips, Tortilla - LR100525 (16 chips)	80	263.25	9.11	1.01	0.00	0.00	0.00	38.47	4.05	0.00	4.05	0.73	81.00	0.00	0.00	0.00	0.00
Category: VEGETABLE; Choose: 1																	
Baby Carrots 5# - LR100097 (1/2 c.)	0	32.00	0.11	0.02	0.00	0.00	70.40	7.39	2.62	(M)	0.57	0.82	28.80	12508.59	2.40	(M)	(M)
ES/MS Condiment Shredded Lettuce & Diced Tomato Cup - LR100781 (1/2 c.)	10	14.95	0.16	0.02	0.00(M)	0.00	6.00	3.21	1.08	2.16	0.80	0.28	11.40	647.72	9.00	85.19	0.41

Menu Cycle Week Nutrient Analysis

Seasoned Corn - LR100049 (1/2 c.)	30	85.06	0.66	0.18	0.00	0.00	147.23	17.54	2.02	2.56	2.13	0.40	9.24	165.92	2.93	2.48(M)	0.00(M)
Category: FRUIT; Choose: 1																	
Applesauce - LR100107 (1/2 c.)	30	55.25	0.11	0.01	0.00	0.00	2.17	15.17	1.08	13.00	0.22	0.33	5.42	37.92	1.30	0.00	0.00
Assorted Fruit Juice-4oz - LR100210 (1/2 c.)	50	60.00	0.00	0.00	0.00	0.00	17.00	15.00	0.00	13.40	0.00	0.00	0.00	200.00	19.68	0.00	0.00
Fresh Fruit - LR100120 (1 ea.)	25	81.36	0.27	0.06	0.00	0.00	0.89	20.97	3.26	14.05	0.97	0.21	22.41	150.24	28.94	109.84	0.61
Orange Juice, 4oz - LR100381 (1 Carton)	37	60.00	0.00	0.00	0.00	0.00	9.00	14.00	0.00	11.00	1.00	0.00	50.00	0.00	30.00	(M)	(M)
Category: MILK; Choose: 1																	
Milk, 1% 8oz - LR100161 (1 Carton)	2	110.00	2.50	0.00	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Milk, Chocolate Trumoo FF 8oz - LR100039 (1 Carton)	50	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Milk, Skim 8oz - LR100040 (1 Carton)	1	90.00	0.00	0.00	0.00	5.00	135.00	13.00	0.00	13.00	9.00	0.00	300.00	500.00	2.40	(M)	(M)
Milk, Strawberry Trumoo FF 8oz - LR100041 (1 Carton)	20	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Milk, Vanilla Trumoo FF 8oz - LR100042 (1 Carton)	20	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Category: CONDIMENT; Choose: 1																	
Salad Dressing Variety - LR100156 (1 ea.)	7	122.61	11.66	1.74	0.00	8.46	549.22	2.85	0.15	1.90	1.15	0.00	16.92	84.61	0.00	(M)	(M)
Side of Salsa - LR100370 (1 oz.)	22	2.70	0.00	0.00	0.00	0.00	18.93	0.68	0.27	0.27	0.00	0.10	5.41	135.19	1.62	(M)	(M)
Sour Cream, Ind - LR100159 (1 oz.)	26	25.00	0.00	0.00	0.00	0.00	30.00	4.00	0.00	2.00	2.00	0.00	60.00	200.00	0.00	0.00	0.00
MW1W-Lunch-Jan 2018 - Day: 3	100																
Category: MEAT/MEAT ALT; Choose: 1																	
Chicken Filet Sandwich HS/MS - LR100658 (1 sandwich)	22	360.00	10.00	1.50	0.00	45.00	720.00	45.00	4.00	4.00	23.00	1.80	200.00	0.00	0.00	(M)	(M)
Meatballs & Marinara w/Spaghetti Sauce - LR100608 (1/2 c.)	20	181.46	6.28	1.75	0.00(M)	44.31	835.16	17.82	2.16	0.48(M)	14.72	4.27(M)	90.35(M)	519.96(M)	8.32(M)	0.31(M)	0.30(M)
Spicy Orange Chicken-Tyson - LR100170 (6 oz.)	43	420.00	22.50	4.50	0.00	172.50	540.00	21.00	0.00	16.50	34.50	2.70	30.00	0.00	3.00	(M)	(M)
Yogurt and Fruit Plate (2oz M/MA) - LR100373 (1 salad)	15	400.75	9.03	3.52	0.00	15.13	353.63	62.01	3.00	27.00	16.10	2.72	314.50	876.25	3.00	0.00(M)	0.00(M)
Category: GRAIN; Choose: 1																	

Menu Cycle Week Nutrient Analysis

Spaghetti Noodles - LR100087 (1/2 c.)	20	146.20	0.77	0.00	0.00	0.00	83.04	30.01	3.08	0.77	6.16	2.01	26.65	0.00	0.00	151.34	0.15
Category: VEGETABLE; Choose: 1																	
Beans, Baked (Bush's) - LR100516 (1/2 c.)	30	127.00	0.00	0.00	0.00	0.00	537.31	28.33	4.88	9.77	6.84	1.76	39.08	0.00	0.00	0.00	0.00
Condiment: Lettuce Leaf/Sliced Tomato - LR100025 (1/2 c.)	5	5.92	0.08	0.01	0.00	0.00	1.98	1.09	0.50	0.40	0.32	0.19	6.55	1458.35	2.67	28.66	0.16
Garden Side Salad - LR100071 (1 c.)	20	22.33	0.27	0.04	0.00	0.00	11.39	4.14	1.93	0.00(M)	1.16	0.75	26.80	6133.26	10.35	96.33(M)	0.56(M)
Category: FRUIT; Choose: 1																	
Assorted Fruit Juice-4oz - LR100210 (1/2 c.)	50	60.00	0.00	0.00	0.00	0.00	17.00	15.00	0.00	13.40	0.00	0.00	0.00	200.00	19.68	0.00	0.00
Fresh Fruit - LR100120 (1 ea.)	30	81.36	0.27	0.06	0.00	0.00	0.89	20.97	3.26	14.05	0.97	0.21	22.41	150.24	28.94	109.84	0.61
Mixed Fruit - LR100057 (1/2 c.)	25	74.75	0.00	0.00	0.00	0.00	8.67	19.37	1.63	15.52	0.55	0.00	0.00	216.67	2.17	0.00	0.00
Orange Juice, 4oz - LR100381 (1 Carton)	37	60.00	0.00	0.00	0.00	0.00	9.00	14.00	0.00	11.00	1.00	0.00	50.00	0.00	30.00	(M)	(M)
Category: MILK; Choose: 1																	
Milk, 1% 8oz - LR100161 (1 Carton)	2	110.00	2.50	0.00	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Milk, Chocolate Trumoo FF 8oz - LR100039 (1 Carton)	30	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Milk, Skim 8oz - LR100040 (1 Carton)	1	90.00	0.00	0.00	0.00	5.00	135.00	13.00	0.00	13.00	9.00	0.00	300.00	500.00	2.40	(M)	(M)
Milk, Strawberry Trumoo FF 8oz - LR100041 (1 Carton)	8	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Milk, Vanilla Trumoo FF 8oz - LR100042 (1 Carton)	5	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Category: CONDIMENT; Choose: 1																	
Ketchup, Ind Pack - LR100157 (2 ea.)	0	20.00	0.00	0.00	0.00	0.00	170.00	5.00	0.00	4.00	0.00	0.00	0.00	0.00	0.00	8.30	0.44
Mayonnaise, Ind Pkt - LR100158 (1 ea.)	20	35.00	3.44	0.00	0.00	0.00	80.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.07	0.11
MW1Th-Lunch-Jan 2018 - Day: 4	100																
Category: MEAT/MEAT ALT; Choose: 1																	
Cheese Sticks w/Marinara Sauce - LR100265 (2 ea.)	61	357.56	12.10	6.24	0.00(M)	30.00	733.44	41.03	5.00	5.31(M)	21.56	5.63(M)	471.98(M)	627.93(M)	5.26(M)	0.33(M)	0.35(M)
Chicken Parmesan w/ Sauce-Breaded Tenders - LR100501 (1 serv.)	33	328.56	7.14	3.12	0.00(M)	11.69	671.20	52.78	6.65	1.44(M)	15.36	8.17(M)	312.83(M)	743.85(M)	7.89(M)	153.58(M)	1.07(M)
Meat, Taco Seasoned ES/MS - LR100633	21	41.87	2.04	0.68	0.00	18.18	121.78	0.19	0.06	0.00	5.91	1.84	2.19	13.68	0.99	(M)	(M)

Menu Cycle Week Nutrient Analysis

(30 scoop)																	
Salad, Taco - LR100536 (1 salad)	2	383.00	17.56	4.36	0.00(M)	15.00	605.67	43.71	5.61	1.42(M)	11.87	0.87	302.89	7826.26	5.32	80.47(M)	0.49(M)
Salad, Taco VEG - LR100539 (1 salad)	2	453.05	22.09	6.86	0.00(M)	30.00	1075.54	45.76	5.61	2.00(M)	18.83	0.86	502.64	8125.93	5.34	93.86(M)	0.56(M)
Category: GRAIN; Choose: 1																	
1oz Rolls, Breadsticks, Homemade - LR100030 (1 ounce roll)	33	86.92	2.12	0.17	0.00(M)	0.30	103.32	14.59	1.24	2.55	2.56	0.71	22.54	1.10	0.10	10.73(M)	0.16(M)
Category: VEGETABLE; Choose: 1																	
Caesar Side Salad - LR100077 (1 c.)	30	117.51	9.26	1.62	0.02(M)	1.80	201.63	5.87	1.55	1.14	2.43	0.76	52.15	5205.79	2.38	58.92(M)	0.53(M)
Sweet Peas - LR100064 (1/2 c.)	10	107.90	6.68	1.38	0.00(M)	0.00	314.48	9.41	3.16	3.07	3.14	0.98	19.63	1667.92	9.41	1.25	0.16
Category: FRUIT; Choose: 1																	
Assorted Fruit Juice-4oz - LR100210 (1/2 c.)	50	60.00	0.00	0.00	0.00	0.00	17.00	15.00	0.00	13.40	0.00	0.00	0.00	200.00	19.68	0.00	0.00
Fresh Fruit - LR100120 (1 ea.)	30	81.36	0.27	0.06	0.00	0.00	0.89	20.97	3.26	14.05	0.97	0.21	22.41	150.24	28.94	109.84	0.61
Orange Juice, 4oz - LR100381 (1 Carton)	37	60.00	0.00	0.00	0.00	0.00	9.00	14.00	0.00	11.00	1.00	0.00	50.00	0.00	30.00	(M)	(M)
Pears, Canned - LR100047 (1/2 c.)	5	81.39	0.00	0.00	0.00	0.00	5.65	21.52	2.26	17.17	0.27	0.40	6.78	0.00	1.02	0.00	0.00
Category: MILK; Choose: 1																	
Milk, 1% 8oz - LR100161 (1 Carton)	2	110.00	2.50	0.00	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Milk, Chocolate Trumoo FF 8oz - LR100039 (1 Carton)	30	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Milk, Skim 8oz - LR100040 (1 Carton)	1	90.00	0.00	0.00	0.00	5.00	135.00	13.00	0.00	13.00	9.00	0.00	300.00	500.00	2.40	(M)	(M)
Milk, Strawberry Trumoo FF 8oz - LR100041 (1 Carton)	8	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Milk, Vanilla Trumoo FF 8oz - LR100042 (1 Carton)	5	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Category: CONDIMENT; Choose: 1																	
Ketchup, Ind Pack - LR100157 (2 ea.)	68	20.00	0.00	0.00	0.00	0.00	170.00	5.00	0.00	4.00	0.00	0.00	0.00	0.00	0.00	8.30	0.44
Salad Dressing Variety - LR100156 (1 ea.)	5	122.61	11.66	1.74	0.00	8.46	549.22	2.85	0.15	1.90	1.15	0.00	16.92	84.61	0.00	(M)	(M)
Side of Salsa - LR100370 (1 oz.)	5	2.70	0.00	0.00	0.00	0.00	18.93	0.68	0.27	0.27	0.00	0.10	5.41	135.19	1.62	(M)	(M)
Sour Cream, Ind - LR100159 (1 oz.)	4	25.00	0.00	0.00	0.00	0.00	30.00	4.00	0.00	2.00	2.00	0.00	60.00	200.00	0.00	0.00	0.00

Menu Cycle Week Nutrient Analysis

MW1F-Lunch-Jan 2018 - Day: 5	100																
Category: MEAT/MEAT ALT; Choose: 1																	
Chicken Sliders - Lunch - LR100531 (2 ea.)	60	440.00	18.00	3.00	0.00	50.00	1080.00	46.00	2.00	8.00	26.00	2.16	120.00	0.00	0.00	0.00(M)	0.00(M)
Fish Nuggets - LR100502 (4 ea.)	15	287.18	10.94	2.05	0.00	47.86	382.91	30.09	4.10	1.37	16.41	1.48	27.35	0.00	0.00	0.00	0.00
Macaroni and Cheese w/ homemade sauce 1 cup - LR100434 (1 c.)	15	391.48	12.51	5.44	0.00(M)	33.77	502.77	47.55	4.08	9.51(M)	24.93	2.64	442.47	1031.61	0.94	11.36(M)	1.26(M)
Macaroni and Cheese w/ homemade sauce 1/2 cup - LR100528 (1/2 c.)	15	207.49	6.63	2.88	0.00(M)	17.90	266.47	25.20	2.16	5.04(M)	13.21	1.40	234.51	546.75	0.50	6.02(M)	0.67(M)
Salad, Chef Veg - LR100534 (1 salad)	2	296.13	13.91	5.37	0.00(M)	201.80	423.52	23.84	4.95	4.58(M)	18.38	3.31	321.62	13269.70	28.25	213.64(M)	1.99(M)
Salad, Chicken Tender - LR100535 (1 salad)	8	218.63	8.61	3.74	0.00(M)	15.30	361.52	23.28	4.95	3.66(M)	12.09	2.72	296.62	13009.70	28.25	176.33(M)	1.45(M)
Category: GRAIN; Choose: 1																	
1oz Rolls, Breadsticks, Homemade - LR100030 (1 ounce roll)	10	86.92	2.12	0.17	0.00(M)	0.30	103.32	14.59	1.24	2.55	2.56	0.71	22.54	1.10	0.10	10.73(M)	0.16(M)
Category: VEGETABLE; Choose: 1																	
Celery Sticks w/Dip - LR100098 (1/2 c.)	15	108.11	8.47	1.60	0.00	5.20	374.18	4.77	1.45	2.26	1.67	0.18	36.29	407.33	2.81	86.57	0.68
Condiment: Lettuce Leaf/Sliced Tomato - LR100025 (1/2 c.)	10	5.92	0.08	0.01	0.00	0.00	1.98	1.09	0.50	0.40	0.32	0.19	6.55	1458.35	2.67	28.66	0.16
Green Beans, canned - LR100037 (1/2 c.)	15	23.27	0.12	0.00	0.00	0.00	224.10	4.94	2.76	0.29	1.37	0.99	27.59	410.55	4.96	0.00(M)	1.26(M)
Category: FRUIT; Choose: 1																	
Assorted Fruit Juice-4oz - LR100210 (1/2 c.)	50	60.00	0.00	0.00	0.00	0.00	17.00	15.00	0.00	13.40	0.00	0.00	0.00	200.00	19.68	0.00	0.00
Fresh Fruit - LR100120 (1 ea.)	30	81.36	0.27	0.06	0.00	0.00	0.89	20.97	3.26	14.05	0.97	0.21	22.41	150.24	28.94	109.84	0.61
Mandarin Oranges - LR100278 (1/2 c.)	25	68.96	0.11	0.01	0.00	0.00	6.78	18.30	0.79	17.51	0.56	0.42	7.91	949.57	22.38	0.00	0.22
Orange Juice, 4oz - LR100381 (1 Carton)	37	60.00	0.00	0.00	0.00	0.00	9.00	14.00	0.00	11.00	1.00	0.00	50.00	0.00	30.00	(M)	(M)
Category: MILK; Choose: 1																	
Milk, 1% 8oz - LR100161 (1 Carton)	2	110.00	2.50	0.00	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Milk, Chocolate Trumoo FF 8oz - LR100039 (1 Carton)	30	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Milk, Skim 8oz - LR100040 (1 Carton)	1	90.00	0.00	0.00	0.00	5.00	135.00	13.00	0.00	13.00	9.00	0.00	300.00	500.00	2.40	(M)	(M)

Menu Cycle Week Nutrient Analysis

Milk, Strawberry Trumoo FF 8oz - LR100041 (1 Carton)	8	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Milk, Vanilla Trumoo FF 8oz - LR100042 (1 Carton)	5	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Category: CONDIMENT; Choose: 1																	
Ketchup, Ind Pack - LR100157 (2 ea.)	44	20.00	0.00	0.00	0.00	0.00	170.00	5.00	0.00	4.00	0.00	0.00	0.00	0.00	0.00	8.30	0.44
Mayonnaise, Ind Pkt - LR100158 (1 ea.)	19	35.00	3.44	0.00	0.00	0.00	80.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.07	0.11
Mustard, Indv Pkts - LR100148 (1 packet)	10	0.00	0.00	0.00	0.00	0.00	65.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Salad Dressing Variety - LR100156 (1 ea.)	4	122.61	11.66	1.74	0.00	8.46	549.22	2.85	0.15	1.90	1.15	0.00	16.92	84.61	0.00	(M)	(M)
Tartar Sauce, Ind - LR100018 (1 pkg.)	6	45.00	3.50	0.50	0.00	0.00	100.00	3.00	0.00	2.00	0.00	0.02	1.99	4.46	0.01	0.00	0.00