

# 2018 Alexander Basketball Camp



## Cougar Camp Dates:

Fundamental Camp

June 5<sup>th</sup>-7<sup>th</sup>

Tuesday-Thursday 9:00 a.m. – 3:00 p.m.

Boys and Girls Ages: 1<sup>st</sup> – 8<sup>th</sup>

Alexander High School Gymnasium

Douglasville, Georgia

Alexander High School  
6500 Alexander Pkwy  
Douglasville, GA 30135

Name \_\_\_\_\_ Grade \_\_\_\_\_ Age \_\_\_\_\_ Male Female (Please Circle)

Home Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Parent/Guardian \_\_\_\_\_

T-SHIRT SIZE (PLEASE CIRCLE): YM YL AS AM AL AXL

Mail to: Jason Slate, Boys Basketball Head Coach      Fundamental Camp June 5th-7th

6500 Alexander Pkwy, Douglasville, GA 30135      Cost: \$125

Make check payable to: AHS-Basketball Booster Club

For more info call Coach Slate at: (770) 651-6181 or (404)-281-9296

## CAMP STAFF

**Camp Directors** - *Coach Slate, Coach Dallas*

### **Assistant Coaches:**

*Derrick Hairston, Jerlisa Taylor*

*Adrian Summerour, Jessica Ellison*

*Terry Bowen, Greg Martin*

## **Camp Goals**

Goal #1: Provide instruction in the fundamental skills of basketball through the use of drills, competitions and games. This will help to lay the foundation for any young player who chooses to become the best basketball player he/she is capable of becoming.

Goal #2: Teach the important life skills of goal setting and maintaining a positive mental attitude. We believe these to be essential skills that help them have a rewarding experience as a Cougar.

Goal #3: The Importance of "Team"

## **A Typical Camp Day**

9 a.m. Camp meeting (attendance, announcements)

9:15 a.m. Stretch

9:30 a.m. Station drills and instruction sessions

11 a.m. Morning games

12:15 p.m. Lunch

1:15 p.m. Shoot for prizes

2 p.m. Competition and fun games (Hot Shot, 3-on-3)

2:30 p.m. Skill development

3 p.m. Dismissal

Cost per camper: \$125

**Register online @ [alxbasketball.com](http://alxbasketball.com)**

**ALL CAMPERS RECEIVE A COUGAR T-SHIRT**

**Gatorade, Water & snacks will be on sale.**

**Bring your own lunch**

**Please have camper eat a healthy breakfast**

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**All Campers need to bring proper athletic gear**

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I understand that each camper is responsible for all medical bills incurred while at camp. I also hereby authorize the directors of the camp or anyone they designate to act for me to the best of their judgment in an emergency requiring medical attention, and give permission to any health care provider to render such treatment. I also relieve all directors and staff members of any and all liability resulting from my child's participation in the camp.

Signature of Parent/Guardian:

Date: