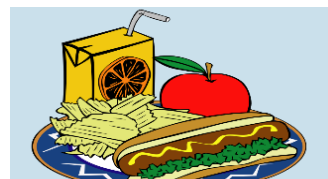




OCTOBER MENU 2019
Elsinboro School
 Breakfast \$2.25 Lunch \$3.50



Breakfast Offered Daily. WGR Cereals, Muffins, Bagels, Fruit, and Milk

| MONDAY | 1 TUESDAY | 2 WEDNESDAY | 3 THURSDAY | 4 FRIDAY |
|---|--|--|---|---|
| | Baked Ziti or American Hoagie Broccoli Garlic Sticks | French Toast Sticks or Buffalo Chicken Wrap Hash Browns Celery Sticks | BBQ Pulled Pork Sandwich or Chicken Caesar Wrap Mixed Vegetables Rice | Cheese Pizza or Tuna Salad Sandwich Green Beans Potato Wedges |
| 7 | 8 | 9 | 10 | 11 |
| WGR Chicken Patty Sandwich or Ham & Cheese Wrap Lettuce & Tomato Steamed Carrots | Chili w/ Cheddar Cheese or American Hoagie Mixed Vegetables Rice | Hot Dog or Chicken Caesar Wrap Green Beans Baked Beans | Chicken Tenders or Buffalo Chicken Wrap Mashed Potatoes Corn Gravy | No School |
| 14 | 15 | 16 | 17 | 18 |
| No School | Chicken Nuggets w/ Dipping Sauce or Ham & Cheese Wrap Steamed Carrots Dinner Roll | Chicken Quesadilla or Buffalo Chicken Wrap Rice Salsa Corn | Hot Ham & Cheese on a Pretzel Bun or BBQ Chicken Wrap Rice Mixed Vegetable | Cheese Pizza or Tuna Salad Sandwich Broccoli Potato Wedges |
| 21 | 22 | 23 | 24 | 25 |
| Cheeseburger or Turkey & Cheese Wrap Broccoli Lettuce & Tomato Baked Potato | Sloppy Joe or American Hoagie Pasta Salad Steamed Carrots | Chicken Parm Sandwich or Ham & Cheese Wrap Green Beans Baked Lays Chips | Chicken Pot Pie or Chicken Caesar Wrap Mixed Vegetables Roll | Cheese Pizza or Chicken Salad Sandwich Potato Wedges Caesar Salad |
| 28 | 29 | 30 | 31 | |
| WGR Chicken Tenders or Ham & Cheese Wrap Baked Potato Dinner Roll Green Beans | Pasta w/ Meat Sauce or American Hoagie Broccoli Garlic Sticks | Tacos w/ WGR Soft Tortilla Shell or Buffalo Chicken Wrap Lettuce, Tomato, Salsa, Cheddar Cheese, Rice Corn | Meatball Sandwich or BBQ Chicken Wrap Mixed Vegetables Carrot Sticks | |

**Alternative Main Entrees: Choose one in place of the main entrée:
 Cold Alternative Platter or PB & J Sandwich**

**Don't forget your Fruit & Veggies!!
 Choice of Fresh or Canned Fruit**

**We Offer 1% White,
 Fat Free Chocolate, or Strawberry Milk**

Lunch Includes: 1-2 Fruit, 1-2 Vegetable, Milk, protein, & grain

Menu Subject to Change