

Alta Mesa School Menus

May & June 2017



<p>Breakfast: Full pay K-8: \$1.00 Full Paid Week K-8: \$5.00 Reduced daily: \$.25 Reduced week: \$1.25</p>	<p>Lunch prices: Full pay K-5: \$2.00 Full Paid Week K-5: \$10.00 Full pay 6-8: \$2.25 Full Paid Week 6-8: \$11.25 Reduced daily: \$.40 Reduced week: \$2.00</p>	<p><u>Daily Breakfast Choices:</u> Cereal, Fruit</p> <p><u>Daily Lunch Choices:</u> Various Veggies & Salads; Fruit or Juice Assortment</p>	<p><i>Two Choices of Chilled Milk offered Daily at Breakfast & Lunch</i></p>	<p><i>Our meal program proudly serves locally grown produce when available.</i></p>
May 1 Minimum Day	May 2	May 3	May 4	May 5
<p>Breakfast: Cereal Choice & English Muffin</p> <p>Lunch: Whole Grain Turkey Corn Dog, Barbeque Beans, Garden Salad w/Dressing, Fruit</p>	<p>Breakfast: Ham & Cheese Croissant</p> <p>Lunch: Oven Crisp Chicken Drumstick, Mashed Potatoes, Pan Bread, Fruit or Juice</p>	<p>Breakfast: WG French Toast Sticks</p> <p>Lunch: Crispy Chicken Sandwich, Baked Fries, Garden Salad w/Dressing, Fruit</p>	<p>Breakfast: Pan Dulce</p> <p>Lunch: Beef Stroganoff, Vegetables, Fruit</p>	<p>Breakfast: Breakfast Burrito</p> <p>Lunch: Pizza Sticks or Cook's Choice, Vegetables with Dip, Fruit</p>
May 8	May 9	May 10	May 11	May 12
<p>Breakfast: Cereal Choice & English Muffin</p> <p>Lunch: Brunch For Lunch! French Toast, Sausage, Fruit or Juice, Vegetable Sticks</p>	<p>Breakfast: Cheese Omelet</p> <p>Lunch: Lowfat Hamburger w/Lettuce, Pickle & Tomato, Baked Fries, Fruit</p>	<p>Breakfast: Muffin Bread</p> <p>Lunch: Turkey & Gravy</p>	<p>Breakfast: 100% WW Bagel & Cream Cheese</p> <p>Lunch: Rainbow Treasures or Beef Taco Boat, Spanish Rice, Refried Beans, Fresh Salsa, Fruit</p>	<p>Breakfast: Cook's Choice</p> <p>Lunch: Pizza or Cook's Choice, Vegetables with Dip, Fruit</p>
May 15	May 16	May 17	May 18	May 19
<p>Breakfast: Cereal Choice & English Muffin</p> <p>Lunch: Chicken Nuggets, Pan Bread, Baked Beans, Fruit</p>	<p>Breakfast: Blueberry Muffin</p> <p>Lunch: Baked Potato Bar or Mac & Cheese, Broccoli, Fruit</p>	<p>Breakfast: Cook's Choice</p> <p>Lunch: Lasagna w/ Garlic Bread, Garden Salad w/Dressing, Fruit</p>	<p>Breakfast: Egg , Cheese Muffin</p> <p>Lunch: Bean Burrito or Sandwich Choice, Soup, Fruit</p>	<p>Breakfast: Yogurt Parfait</p> <p>Lunch: Pizza Sticks or Cook's Choice, Vegetables with Dip, Fruit</p>
May 22	May 23	May 24	May 25	May 26
<p>Breakfast: Cereal Choice & English Muffin</p> <p>Lunch: Whole Grain Turkey Corn Dog, Barbeque Beans, Garden Salad w/Dressing, Fruit</p>	<p>Breakfast: Ham & Cheese Croissant</p> <p>Lunch: Brunch For Lunch! French Toast, Sausage, Fruit or Juice, Vegetable Sticks</p>	<p>Breakfast: WG French Toast Sticks</p> <p>Lunch: Crispy Chicken Sandwich, Baked Fries, Garden Salad w/Dressing, Fruit</p>	<p>Breakfast: Pan Dulce</p> <p>Lunch: Philly Cheesesteak Sandwich or Fish Sandwich, Spanish Rice, Vegetables, Fruit</p>	<p>Breakfast: Breakfast Burrito</p> <p>Lunch: Pizza Sticks or Cook's Choice, Vegetables with Dip, Fruit</p>
May 29	May 30	May 31	June 1	June 2 Minimum Day
<p>Memorial Day</p> <p>No School</p>	<p>Breakfast: Cereal Choice & English Muffin</p> <p>Lunch: Chicken Drum, Macaroni Salad, Fruit or Juice, Vegetable Sticks</p>	<p>Breakfast: Cheese Omelet</p> <p>Lunch: Lowfat Hamburger w/Lettuce, Pickle & Tomato, Baked Fries, Fruit</p>	<p>Breakfast: 100% WW Bagel & Cream Cheese</p> <p>Lunch: Hot Dogs, Sun Chips, Vegetables, Fruit</p>	<p>Cook's Choice!!!</p> <p>Last Day of School Happy Summer</p>