



Triple P

A Positive Parenting Program

What is Primary Care Triple P?

Primary Care Triple P is a brief and private way for parents to learn positive parenting skills and get Triple P support for free. There are four sessions with just you and your Primary Care practitioner.

What happens at the sessions?

Over four sessions you will talk with your practitioner about the problem you have. You will discuss what may be causing your child to behave this way and work out changes you would like to see in your child's behavior. You will be given suggestions to deal with the problem. You will be given a Tip Sheet to remind you what was discussed. You and your practitioner will devise a parenting plan for the problem behavior

How long do sessions last?

Sessions last from 30 to 45 minutes. Over four sessions that is 3 hours maximum. Just three hours that could help you turn your family's life around.

Where do I get it?

Enterprise Elementary School District is committed and ready to provide services to interested parents. Primary Care sessions can be held at home or at the school your child attends. Call Robert Kehoe @ 247-0266 today.

About Your Triple P Primary Care Practitioner

Robert Kehoe is a qualified Triple P Primary Care practitioner with decades of experience as a parent, an expert communicator, an instructor, and a business owner. The father of two daughters and a son, Robert understands the pleasures and the sometimes-frustrating experiences of parenting. From his educational pursuits, Robert has been awarded a Master's in Education and Bachelors degree in Human Communication. His interest in human communication is a key to his becoming a Triple P practitioner and provider. His human communication focus is on listening, and he has created a website listeningandcommunication.com dedicated to the art of listening. His teaching



experiences include a college level communication course, training employees in work place safety, and teaching specific work related skills. As a business owner, Robert has a wide range of skills dealing with clients and resolving conflicts. Robert can be contacted at rkehoe@listeningandcommunication.com or 530.247.0266

Small changes, big differences.

Triple P Primary Care

A Positive Parenting Program

Proven to work. Simple to use.

Who is this for?

- Parents of children 5 -12 years old



Triple P can help you:

- Encourage the behavior you like
- Deal with problem behavior
- Become a confident parent
- Be realistic about parenting
- Take care of yourself



Who do I contact ?

Robert Kehoe
247.0266

Is this you?

- Being a parent should be easier than this
- I am staying home because of my child's tantrums
- My child makes bedtime a nightmare
- My child is having problems at school

If your child has a particular behavior problem that is making family life more difficult than it should be Primary Care Triple P can help! Primary Care Triple P provides guidance that is tailored to deal with specific problems.

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