

There are 5 food components offered at lunch each day. Student must select at least 3 different food components for a full meal. One choice must be a fruit or vegetable.


Monday
Tuesday
Wednesday
Thursday
Friday
1
Happy New Year!
2

Lunch Prices
 \$2.50 Full Price
 \$0.40 Reduced
 \$0.00 Free

3
4
7

Salisbury Steak
 Stuffed Crust Pizza
 Tuna Salad Salad
 Whole Wheat Roll
 Creamy Mashed Potatoes
 Seasoned Green Beans
 Pineapple Chunks
 Fresh Fruit Selection

8

Chicken Spaghetti
 Steak Fingers
 Tuna Salad Salad
 Garlic Toast
 Whole Kernel Corn
 Steamed Carrots
 Cinnamon Apples
 Assorted Juices

9

Seasoned Baked Chicken
 Corndog Nuggets
 Tuna Salad Salad
 Whole Wheat Roll
 Baked Sweet Potato
 Steamed Squash
 Sliced Peaches
 Fresh Fruit Selection

10

Cheeseburger
 Nacho Bites W/ Marana
 Tuna Salad Salad
 Crinkle Cut French Fries
 Black Bean Salad
 Blushing Pears
 Sliced Peaches
 Brownies

11

Pig-In-a-Blanket
 French Bread Pizza
 Tuna Salad Salad
 Green Peas
 Baby Carrots W/ Dip
 Blushing Pears
 Fresh Fruit Selection

14

Cheesy Chicken w/ Rice
 Meatball Hoagie
 Chicken Fajita Salad
 Yeast Roll
 Yam Patties
 Steamed Broccoli Florets
 Mandarin Oranges
 Fresh Fruit Selection

15

Chicken Nuggets
 Turkey Club
 Chicken Fajita Salad
 Mashed Potatoes
 Lima Beans
 Mixed Fruit Cocktail
 Assorted Juices
 Sugar Cookie

16

Spaghetti w/ Meat Sauce
 Carnival Corndog
 Chicken Fajita Salad
 Garlic Bread
 English Peas
 Corn On the Cob
 Fresh Fruit Selection
 Tropical Fruit

17

BBQ Baked Chicken
 Pulled Pork Sandwich
 Chicken Fajita Salad
 Baked Beans
 Creamy Coleslaw
 Fresh Fruit Selection
 Assorted Juice

18

Baked Fish Scandia
 Chicken Tenders
 Chicken Fajita Salad
 Yeast Roll
 Au Gratin Potatoes
 Broccoli Salad
 Fresh Fruit Selection
 Diced Peaches

21

HOLIDAY
 Martin Luther King Jr. Day
 NO School

22

Walking Tacos
 Chicken Quesadilla
 Chef Salad
 Spanish Rice
 Refried Beans
 Fresh Veggies w/ Dip
 Pineapple Tidbits
 Assorted Fruit Juice

23

John Wayne Casserole
 Fish Nuggets
 Chef Salad
 Whole Wheat Roll
 Lima Bean
 Whole kernel Corn
 Fresh Fruit Selection
 Apple Slices

24

Beef Tips/ W Rice
 Grilled Chicken Sandwich
 Chef Salad
 California Mixed Vegetables
 Seasoned Squash
 Fresh Fruit Selection
 Assorted Juice
 Vanilla Pudding

25

Chicken Tetrizzini
 BBQ Rib Sandwich
 Chef Salad
 Whole Wheat Roll
 Carrot Coins
 Crinkle Cut French Fries
 Orange slices
 Fresh Fruit Selection

28

Shepard's Pie
 Mini Hotdogs
 Grilled Chicken Salad
 Wheat Roll
 Green peas
 Fresh Veggies w/ Dip
 Fresh Fruit Selection
 Blushing Pears

29

Chicken Sausage Gumbo
 Spicy Chicken Sandwich
 Grilled Chicken Salad
 Cornbread
 Seasoned Collard Greens
 Corn on the Cob
 Fresh Fruit Bowl
 Assorted Fruit Juice

30

Crispy Baked Chicken
 Pot Roast
 Grilled Chicken Salad
 Yeast Roll
 New Potatoes
 Steamed Carrots
 Tropical Fruit
 Fresh Fruit Selection

31

Assorted Pizza
 Steak Fingers
 Grilled Chicken Salad
 Potato Wedges
 Seasoned Green Beans
 Fresh Fruit Selection
 Assorted Juices
 Chocolate Pudding

This Institution is an Equal Opportunity Provider.

