



# November 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>ESD Prices</i>  <b>Full Price Lunch</b>  <b>\$2.50</b>  <b>Full Price Breakfast</b>  <b>\$1.25</b>  <b>Reduced Lunch</b>  <b>\$.40</b>  <b>Reduced Breakfast</b>  <b>\$.30</b></p>	<p>Meats,            Grains/Breads,            Fruits, Vegetables,            and Milk are the 5            different food            components offered            for lunch. Students            must select 3 food            components. <b>1 food            item must be a fruit            or vegetable.</b></p>	<p><i>Salads and Cold            Sandwich Plates            also offered Daily</i></p>	<p><b>1</b>            Taco Soup            or Meatball Sub            Summer Squash            and Broccoli            Florets            Fresh Fruit or Juice            Bread Stick</p>	<p><b>2</b>            Cheesy Chicken            over Rice or            Corndog Nuggets            Yam Patties and            Green Peas            Fresh Fruit or Juice            Roll</p>
<p><b>5</b>            Chicken Sausage            Gumbo or            BBQ Rib Sandwich            Corn on the Cob            and            Collard Greens            Fresh Fruit or Juice            Cornbread</p>	<p><b>6</b>            Seasoned Baked            Chicken or Fish            Nuggets            Baked Sweet            Potato and Green            Beans            Fresh Fruit or Juice            Roll</p>	<p><b>7</b>            Baked Pork Chop            or Steak Fingers            Rice w/ Gravy            Lima Beans and            Stewed Tomatoes            Fresh Fruit or Juice</p>	<p><b>8</b>            Walking Tacos or            Sausage Pizza            Pinto Beans and            Mexicali Corn            Fresh Fruit or Juice            Brownie</p>	<p><b>9</b>            Loaded Baked            Potato Soup or            Grilled Cheese            Sandwich            Steamed Broccoli            and Carrot Coins            Fresh Fruit or Juice            Roll</p>
<p><b>12</b>            Salisbury Steak or            Chicken Nuggets            Mashed Potatoes            and Green Beans            Fresh Fruit or Juice            Roll</p>	<p><b>13</b>            Chicken Parmesan            or Chili Cheese Dog            Tater Tots and            Kernel Corn            Fresh Fruit or Juice            Roll</p>	<p><b>14</b>  <u><b>Thanksgiving Dinner</b></u>  <i>Turkey &amp; Dressing            Macaroni and Cheese            Yam Patties &amp;            Green Bean Casserole            Fresh Fruit or Juice            Roll            Special Dessert</i></p>	<p><b>15</b>            French Bread Pizza            or Turkey Sandwich            Carrot Coins and            Cheesy Broccoli            Fresh Fruit or Juice</p>	<p><b>16</b>            Hamburgers w/            Trimmings            Stewed Tomatoes            Baked Beans            Fresh Fruit or Juice</p>
<p><b>19</b>            Thanksgiving            Break             No School</p>	<p><b>20</b>            Thanksgiving            Break             No School</p>	<p><b>21</b>            Thanksgiving            Break             No School</p>	<p><b>22</b>               No School</p>	<p><b>23</b>            Thanksgiving            Break             No School</p>
<p><b>26</b>            Bacon            Cheeseburger or            Beef Ravioli            Crinkle Fries and            Green Beans            Fresh Fruit or Juice</p>	<p><b>27</b>            Chicken Tetrizzini            or Steak Fingers            Steamed Broccoli            and Yam Patties            Fresh Fruit or Juice            Roll</p>	<p><b>28</b>            Cheesy Chicken w/            Rice or            Philly Cheesesteak            Sandwich            Potato Wedges and            Steamed Carrots            Fresh Fruit or Juice</p>	<p><b>29</b>            Beef Tips over Rice            or Spicy Chicken            Sandwich            Sweet Potato            Cubes and            Collard Greens            Fresh Fruit or Juice            Cornbread</p>	<p><b>30</b>            Chicken and            Dumplings or            Corndog Nuggets            Seasoned Squash            and Green Peas            Fresh Fruit or Juice</p>