

Enterprise Elementary/Middle School

October 2017

Monday	Tuesday	Wednesday	Thursday	Friday
2 <i>*Veggie Quesadilla</i> or Chicken Fajitas Pinto Beans and Mexican Corn Fresh fruit or juice	3 <i>*Vegetable Chili</i> or Chicken Tenders Sweet potatoes w/ apples and Greens Fresh fruit or juice Cheesy Bread Stick w/ marinara	4 <i>*Arroz Con Queso</i> or Grilled Chicken sandwich Crinkle Fries and Steamed Broccoli Fresh Fruit or Juice	5 <i>*Veggie lasagna</i> or Honey BBQ Wings Italian Carrots and Tossed Salad Fresh fruit or juice	6 <i>*Veggie Pizza</i> or Mini Hot dogs Tater Tots and Seasoned Green Beans Fresh fruit or Juice Cookie
9 <i>Columbus Day</i> <i>EMS & Child Nutrition are an EOP</i>	10 Fish Melt Sandwich or Crispy Baked Chicken Cob Corn and Steamed Broccoli Fresh fruit or Juice	11 Corndog Nuggets or Hamburger Crinkle Cut Fries and Glazed Carrots Fresh fruit or Juice Cookie	12 Chicken Parmesan or Italian Baked Chicken New Potatoes and Green Beans Fresh fruit of Juice	13 Salisbury Steak or BBQ Chicken Flatbread Mashed Potatoes w/ gravy and Broccoli Spears Fresh fruit or Juice
16 Chicken Mandarin or BBQ Chicken Corn Pudding and Steamed Broccoli Fresh fruit or juice	17 Beef Tips w/ Rice or Chicken Sandwich Carrot Coins and Cabbage Fresh fruit or juice	18 Pulled Pork burger or Chicken Nuggets Sweet Potato Casserole and Turnip Greens Fresh Fruit or juice	19 <i>Ranch Parmesan Pasta Chicken</i> or Steak fingers Green Peas and Steamed Carrots Fresh fruit or Juice	20 Country fried Steak or Chicken Tenders Scalloped Potatoes and Broccoli Spears Fresh fruit and Juice
23 Red beans and Rice or Spicy chicken Sandwich Yam Patties and Collard Greens Fresh fruit or juice Cornbread	24 Oven Fried Chicken or Pot roast New Potatoes and Steamed carrots Fresh Fruit or juice	25 French Bread Pizza or Corndog Nuggets Crinkle fries Cheesy Broccoli and Fresh fruit or juice	26 <i>BBQ Turkey Sandwich</i> or Fish Nuggets Baked Beans and Potato Salad Fresh Fruit or juice	27 Baked Fish Scandia or Baked Chicken Baked Sweet potatoes and Steamed Zucchini Fresh Fruit or Juice Brownie
30 Chicken Spaghetti or Salisbury Steak Tossed Salad and Carrot Soufflé Fresh fruit or juice	31 Chicken Quesadilla or Beef Burrito Mexican Corn and Refried Beans Fresh Fruit or Juice	1 Steak Fingers or BBQ chicken Mashed Potatoes and Collard Greens Fresh fruit or juice Roll	2 Cajun Catfish or Chicken nuggets Summer Squash or steamed Carrots Fresh fruit or juice	3 Chicken Sandwich or Beef Ravioli Spicy Fries and Cheesy broccoli Fresh fruit or juice

National farm to school week is October 2-6. We will be celebrating this by featuring one VEGETARIAN entrée each day, as well as offering local fresh fruits and veggies grown by local farmers. Support your local farmers by dining with us this week! Show them that you appreciate their hard work and effort! ESD AND CHILD NUTRITION ARE AN EOP.

Enterprise High School

October 2017

Monday	Tuesday	Wednesday	Thursday	Friday
2 <i>*Veggie Quesadilla</i> or Chicken Fajitas Black Bean Salad and Fiesta Rice Fresh fruit or juice	3 <i>*Vegetable Wrap</i> or Fish Tacos Sweet potatoes w/ apples and Coleslaw Fresh fruit or juice	4 <i>*Arroz Con Queso</i> or Grilled Chicken sandwich Crinkle Fries and Steamed Broccoli Fresh Fruit or Juice	5 <i>*Veggie lasagna</i> or Honey BBQ Wings Italian Carrots and Tossed Salad Fresh fruit or juice	6 <i>*Veggie Pizza</i> or Mini Hot dogs Tater Tots and Seasoned Green Beans Fresh fruit or Juice Cookie
9 <i>Columbus Day Holiday</i> <i>EHS & Child Nutrition are an EOP</i>	10 Fish Melt or Crispy Baked Chicken Au Gratin Potatoes and Broccoli Spears Fresh fruit or Juice	11 Corn dog Nuggets or Hamburger Crinkle Fries and Glazed Carrot Coins Fresh fruit or Juice Cookie	12 Chicken Parmesan or Italian Baked Chicken New Potatoes and Green Beans Fresh fruit of Juice	13 Salisbury Steak or BBQ Chicken Flatbread Glazed Carrots and Cheesy Broccoli Fresh fruit or Juice
16 Chicken Mandarin or BBQ Chicken Corn Pudding and California Mix Fresh fruit or juice	17 Beef Tips w/ Rice or Pulled Pork Green Bean Casserole and Glazed Carrots Fresh fruit or juice	18 Bacon Cheeseburger or Chicken Nuggets Sweet Potato Cubes and Broccoli salad Fresh Fruit or juice	19 <i>Ranch Parmesan Pasta Chicken</i> or Steak fingers Green Peas and Steamed Carrots Fresh fruit or Juice	20 Country fried Steak or Chicken Tenders Scalloped Potatoes and Broccoli Spears Fresh fruit and Juice
23 Red beans and Rice or Spicy chicken Sandwich Sweet Potato Cubes and Collard Greens Fresh fruit or juice Cornbread	24 Oven Fried Chicken or Pot roast New Potatoes and Steamed carrots Fresh Fruit or juice	25 French Bread Pizza or Meatball Hoagie Crinkle fries Cheesy Broccoli and Fresh fruit or juice	26 <i>BBQ Turkey Sandwich</i> or Fish Nuggets Baked Beans and Potato Salad Fresh Fruit or juice	27 John Wayne Casserole or Chicken nuggets Summer Squash or steamed Carrots Fresh fruit or juice
30 Salisbury Steak or Steak Fingers Mashed Potatoes w/ Gravy and Broccoli Fresh fruit or juice	31 Chicken Quesadilla or Beef Burrito Mexican Corn and Stewed Tomatoes Fresh Fruit or Juice	1 Chicken spaghetti or BBQ chicken Carrot Soufflé and Tossed Salad Fresh fruit or juice Roll	2 Baked Fish Scandia or Ranch Chicken Sweet Potatoes and Steamed Zucchini Fresh Fruit or Juice Brownie	3 Chicken Sandwich or Beef Ravioli Spicy Fries and Cheesy broccoli Fresh fruit or juice

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