

# September 2017



Monday	Tuesday	Wednesday	Thursday	Friday
<b><i>ESD and child nutrition is an EOP</i></b>				<b>1</b>
<b>4</b> <b><i>Labor Day Holiday</i></b>	<b>5</b> Cheeseburger or Crispy Chicken Tenders Crinkle fries and Steamed Broccoli Apple wedges, fresh fruit or juice	<b>6</b> Fish Sandwich or Macaroni cheese w/ ham baked beans and collard greens grapes, fresh fruit or juice.	<b>7</b> Chicken Nuggets or Baked Pork Chop Brown rice and lima beans Peach slices, fresh fruit or juice.	<b>8</b> Salisbury steak or BBQ Chicken Mashed Potatoes and Lemon-Glazed carrots fresh fruit or juice.
<b>11</b> Burrito or Chicken Quesadilla Fiesta Rice, mexicali corn, and pinto beans Fresh Fruit or juice.	<b>12</b> Chicken Mandarin or Egg Roll California Veggies and steamed carrots Fresh fruit or juice.	<b>13</b> Hamburger or Ranch Chicken Sweet potato fries and steamed spinach Fresh fruit or Juice.	<b>14</b> Creole Catfish or Baked Chicken Fingers Green beans or steamed Carrots Fresh fruit or juice. Sugar Cookie	<b>15</b> Country Fried Steak or Fish nuggets Mac&Cheese and Collard Greens Fresh fruit or Juice.
<b>18</b> Turkey & Cheese Wrap or Hot wings Summer Squash and Carrots w/ dip Fresh fruit or juice. Roll Brownie	<b>19</b> Bacon CheeseBurger or sausage Pizza Crinkle Fries and Tossed Salad Fresh fruit or juice	<b>20</b> Spaghetti w/ meatsauce or Corn Dog Nuggets Broccoli florets and corn. Fresh fruit or Juice. Garlic Toast	<b>21</b> Spicy Chicken Sandwich or Beef Tips over Rice Sweet potato cubes or Seasoned Green Beans Fresh Fruit or Juice.	<b>22</b> BBQ Turkey Sandwich or Seafood Basket Confetti Coleslaw and Baked Beans Fresh Fruit or Juice.
<b>25</b> Chicken Spaghetti or Hamburger Steak w/ Gravy Tossed Salad and Carrot Souffle Fresh Fruit or Juice. Sugar Cookie	<b>26</b> Fish nuggets or Crispy Baked Chicken Mashed Potatoes and collard greens Fresh Fruit or Juice. Roll	<b>27</b> Grilled Chicken Sandwich or Steak Fingers Sweet Potato Cubes and Green Beans Fresh Fruit or Juice. roll	<b>28</b> Meatball Hoagie or Mexican Pizza Crinkle Fries and Broccoli florets Fresh fruit or juice.	<b>29</b> Creole Catfish or Red Beans and Rice Collard Greens and Mac&Cheese Fresh fruit or Juice. Cornbread