

JANUARY

2019



I'm
ORANGE STAR

M

T

W

TH

F

NO SCHOOL 1

POPTARTS
CHICKEN NUGGETS
MASHED POTATOES
GREEN BEANS
ROLLS
FRUIT 7

NO SCHOOL 2

MUFFINS
CHEF SALAD
POPCORN CHICKEN
CARROTS
ROLLS
FRUIT 9

NO SCHOOL 3

EGGS SAUSAGE TOAST
LASAGNA
CORN
PEAS
GARLIC BREAD
FRUIT 10

NO SCHOOL 4

FRENCH TOAST STICKS
TACO SOUP
CHIPS
SALAD
CELERY
CHEEZITS
FRUIT 18

NO SCHOOL 5

Waffles
PIZZA
SALAD
CUCUMBERS
CHEEZITS
FRUIT 25

M

NO SCHOOL 1

BREAKFAST TACOS
BEEF MACHOS
REFRIED BEANS
LETT/TOM
TEDDY GRAHAMS
FRUIT 8

NO SCHOOL 2

HONEY BUNS
CHILI
BAKED POTATO
CORN ON THE COB
CORNREAD
TEDDY GRAHAMS
FRUIT 16

NO SCHOOL 3

EGGS SAUSAGE BISCUITS
SPAGETTI
CARROTS
BROCCOLI
GARLIC BREAD
FRUIT 17

NO SCHOOL 4

EGGS SAUSAGE BISCUITS
SAUSAGE W/TORTILLA
MAC N CHEESE
BROCCOLI
CARROTS
TEDDY GRAHAMS
FRUIT 24

M

NO SCHOOL 1

BREAKFAST TACOS
CHICKEN QUESADILLAS
REFRIED BEANS
CORN
CHIPS /SALSA
FRUIT 15

NO SCHOOL 2

CINNAMON ROLLS
STEAKFINGERS
MASHED POTATOES
GREEN BEANS
ROLLS
FRUIT 23

NO SCHOOL 3

DONUTS
CHICKEN TENDERS
MASHED POTATOES
CORN
ROLLS
FRUIT 30

NO SCHOOL 4

BREAKFAST TACOS
TACOS
REFRIED BEANS
LETT/TOM
CHIPS/SALSA
FRUIT 29

M

NO SCHOOL 1

SAUUSAGE ROLLS
HAMBURGERS
TATOR TOTS
BEANS
FRUIT 14

NO SCHOOL 2

CINNAMON TOAST
CHICKEN BURGERS
FRENCH FRIES
BEANS
FRUIT 21

NO SCHOOL 3

OATMEAL
HOT DOGS
BAKED BEANS
TATOR TOTS
FRUIT 28

NO SCHOOL 4

FRUIT AND MILK SERVED WITH LUNCH

EZZELL
CAFETERIA

CEREAL, MILK AND JUICE
SERVED WITH BREAKFAST

FRUIT AND MILK SERVED
WITH LUNCH

REMEMBER TO TAKE THREE
ITEMS
ONE OF THEM NEEDS TO BE
A FRUIT OR VEGETABLE
MENU SUBJECT TO CHANGE

TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



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