

NOVEMBER

2018



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Call me
CAPTAIN CARROTENE!

GOOD EATS AT

EZZELL
CAFETERIA

SPECIAL ANNOUNCEMENTS

CEREAL, MILK AND JUICE
SERVED WITH
BREAKFAST

FRUIT AND MILK SERVED
WITH LUNCH

REMEMBER TO TAKE
THREE ITEMS
ONE OF THEM NEEDS TO
BE A FRUIT OR
VEGETABLE

HAPPY THANKSGIVING

OATMEAL
HAMBURGERS
TATOR TOTS
BEANS
FRUIT
5

BREAKFAST TACO
CORNDOGS
BROCCOLI
CARROTS
TEDDY GRAHAMS
FRUIT
6

DONUTS
TURKEY AND HAM
DRESSING
MASHED POTATOES
GREEN BEANS
ROLLS
7

EGG, SAUSAGE, BISCUITS
CHICKEN SALAD
SANDWICH
CUCUMBERS
LETT/ TOM
CHIPS FRUIT
8

EGG, SAUSAGE, BISCUITS
PANCAKES
GRILL CHEESE
VEGETABLE SOUP
BROCCOLI
FRUIT
2

YOGURT
CHICKEN BURGERS
FRENCH FRIES
BEANS
FRUIT
12

BREAKFAST TACOS
CHEESE NACHOS
REFRIED BEANS
LETT/TOM
TEDDY GRAHAMS
FRUIT
13

HONEYBUNS
CHICKEN NUGGETS
MASHED POTATOES
GREEN BEANS
ROLLS
FRUIT
14

EGG, SAUSAGE, BISCUITS
PIZZA
SALAD/ TOM
CUCUMBERS
FRUIT
15

MUFFINS
PIZZA STICKS
SALAD
CORN
FRUIT
9

19

20

21

22

23

POPARTS
RAVIOLI
CORN
PEAS
GARLIC BREAD
FRUIT
26

BREAKFAST TACOS
CHICKEN QUESADILLAS
REFRIED BEANS
LETT/TOM
CHIPS/SALSA
FRUIT
27

CINNAMON ROLLS
CHEF SALAD
POPCORN CHICKEN
CORN ON COB
ROLLS
FRUIT
28

EGG, SAUSAGE, BISCUITS
CHICKEN AND RICE
EGG ROLLS
BROCCOLI
CORN
FRUIT
29

WAFFLES
PORK ROAST
CARROTS
PEAS
TEDDY GRAHAMS
ROLLS
30



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



This product was funded by USDA.
This institution is an equal opportunity provider.

