

STEP BY STEP

2018

GOOD EATS AT

EZZELL CAFETERIA

SPECIAL ANNOUNCEMENTS

HAPPY GRANDPARENTS DAY!!!
 CEREAL, MILK AND JUICE SERVED WITH BREAKFAST
 FRUIT AND MILK SERVED WITH LUNCH
 REMEMBER TO TAKE THREE ITEMS ONE BEING A FRUIT OR VEGETABLE
 MENU IS SUBJECT TO CHANGE

I'm **SPEEDY CUE** to the rescue!

M	T	W	TH	F
NO SCHOOL 3	MUFFINS QUESIDILLAS REFRIED BEANS CARROTS TEDDY GRAHAMMS FRUIT 4	SAUSAGE ROLLS CHICKEN NUGGETS MASHED POTATOES GREEN BEANS ROLLS FRUIT 5	EGGS SAsAUGE TOAST LAZAGNA CORN PEAS GARLIC BREAD FRUIT 6	FRENCH TOAST STICKS GRILL CHEESE SANDWICHES BROCCOLI CARROTS CHIPS FRUIT 7
BISCUITS GRAVY CHICKEN TENDERS MASHED POTATOES GREEN BEANS ROLLS FRUIT 10	BREAKFAST TACOS TACOS LETT/TOM REFRIED BEANS CHIPS/SALSA FRUIT 11	MUFFINS CHEF SALAD/ POPCORN CHICKEN CARROTS ROLLS FRUIT 12	EGGS SAsAUGE BISCUITS PIZZA CUCUMBERS BROCCOLI TEDDY GRAHAMMS FRUIT 13	PANCAKES CHILI/CHIPS LETT/TOM CELERY CHEESTITS FRUIT 14
OATMEAL/W/TOAST HAMBURGERS FRENCH FRIES BEANS FRUIT 17	BREAKFAST TACOS NACHOS REFRIED BEANS LETT/TOM TEDDY GRAHAMMS FRUIT 18	SAUSAGE ROLLS STEAK FINGERS MASHED POTATOES GREEN BEANS ROLLS FRUIT 19	EGGS SAsAUGE TOAST CHICKEN WRAPS LETT/TOM CARROTS CHIPS FRUIT 20	BREAKFAST CORNDOG BAKED POTATOES W/PULLED PORK CORN ON THE COB ROLLS FRUIT 21
BREAKFAST PIZZA MEATBALL SUB CARROTS BROCCOLI CHIPS FRUIT 24	BREAKFAST TACOS ENCHILADAS REFRIED BEANS CORN CHIPS /SALSA FRUIT 25	HONEY BUNS CHICKEN NUGGETS MASHED POTATOES GREEN BEANS ROLLS FRUIT 26	EGGS SAsAUGE BISCUITS SLOPPY JOES FRENCH FRIES PEAS CHIPS FRUIT 27	WAFFLES PIZZA SALAD CELERY FRUIT 28

GET READY

FOR NATIONAL SCHOOL LUNCH WEEK
 OCTOBER 8-12
 SquareMeals.org/rslw



TEXAS DEPARTMENT OF AGRICULTURE
 COMMISSIONER SID MILLER



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