

September 2017 – Fannin County Elementary School Breakfast and Lunch Menus
 This institution is an equal opportunity provider. Menus are subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Breakfast Pop Tart w/String Cheese OR Breakfast Bun OR WG Cereal w/WG Crackers, Juice OR Applesauce, Choice of Milk Lunch Pepperoni Pizza Side Salad, Baby Carrots, Corn Fruit Punch Juice Mandarin Oranges OR Chicken Sandwich OR Turkey & Cheese Sandwich OR Protein Power Pack
4 No School Today	5 Breakfast Mini Waffles OR Breakfast Bun OR WG Cereal w/WG Crackers Juice OR Applesauce Choice of Milk Lunch Chicken 2-Fer Sandwiches Lettuce & Sliced Tomatoes, Seasoned Potato Wedges, Slaw, Ranch Beans, Apple Juice, Sliced Peaches OR Beef Hotdog OR Turkey & Cheese Sandwich OR Protein Power Pack	6 Breakfast Colby Cheese Omelet w/Biscuit OR Breakfast Bun OR Plain Biscuit OR WG Cereal w/WG Crackers Juice OR Applesauce Choice of Milk Lunch Popcorn Chicken w/Roll Side Salad, Broccoli, Creamed Potatoes & Gravy, Orange Juice, Bananas OR Beef Burrito OR Turkey & Cheese Sandwich OR Protein Power Pack	7 Breakfast Biscuit w/Gravy OR Plain Biscuit OR Cinnamon Swirl OR WG Cereal w/WG Crackers Juice OR Banana Choice of Milk Lunch Chicken Alfredo w/Garlic Toast California Blend Vegetables, Green Beans, Baked Sweet Potato, Apple Juice, Cantaloupe OR Cheese Sticks w/Marinara OR Ham & Cheese Sandwich OR Protein Power Pack	8 Breakfast Muffin w/Yogurt OR Breakfast Bun OR WG Cereal w/WG Crackers Juice OR Applesauce Choice of Milk Lunch Sausage Pizza Corn, Side Salad, Baby Carrots Fruit Punch Juice, Applesauce OR Fish Nuggets w/Mac & Cheese OR Turkey & Cheese Sandwich OR Protein Power Pack
11 Breakfast French Toast OR Breakfast Bun OR WG Cereal w/WG Crackers Juice OR Applesauce Choice of Milk Lunch Beef 2-Fer Burgers Lettuce & Sliced Tomatoes, Ranch Beans, Oven Fries, Apple Juice, Pineapple OR Mini Corndogs OR Turkey & Cheese Sandwich OR Protein Power Pack	12 Breakfast Chicken Biscuit OR Plain Biscuit OR Cinnamon Swirl OR WG Cereal w/WG Crackers Juice OR Raisins Choice of Milk Lunch Chicken Fajita Nachos w/Queso Cheese Lettuce & Diced Tomatoes, Corn, Sliced Cucumbers, Fruit Punch Juice, Apple Slices OR Meatball Sub OR Ham & Cheese Sandwich OR Protein Power Pack	13 Breakfast Maple Pancake Pup OR Breakfast Bun OR WG Cereal w/WG Crackers Juice OR Applesauce Choice of Milk Lunch Chicken Nuggets w/Roll Creamed Potatoes & Gravy, Broccoli, Side Salad, Orange Juice, Fresh Strawberries OR Cheese Quesadilla OR Turkey & Cheese Sandwich OR Protein Power Pack	14 Breakfast Sausage Biscuit OR Plain Biscuit OR Cinnamon Swirl OR WG Cereal w/WG Crackers Juice OR Banana Choice of Milk Lunch Spaghetti w/Beef Sauce Green Beans, Carrots, Side Salad, Apple Juice Watermelon OR Chicken Burrito OR Ham & Cheese Sandwich OR Protein Power Pack	15 Breakfast Pop Tart w/String Cheese OR Breakfast Bun OR WG Cereal w/WG Crackers Juice OR Applesauce Choice of Milk Lunch Cheese Pizza Side Salad, Corn, Baby Carrots Fruit Punch Juice, Mandarin Oranges OR Chicken Sandwich OR Turkey & Cheese Sandwich OR Protein Power Pack

<p>18</p> <p><u>Breakfast</u> Mini Maple Pancakes OR Breakfast Bun OR WG Cereal w/WG Crackers Juice OR Applesauce Choice of Milk</p> <p><u>Lunch</u> BBQ Sandwich Tater Tots, Ranch Beans, Side Salad, Slaw, Apple Juice, Sliced Peaches</p> <p>OR Beef Hotdog OR Turkey & Cheese Sandwich OR Protein Power Pack</p>	<p>19</p> <p><u>Breakfast</u> Chicken Biscuit OR Plain Biscuit OR Cinnamon Swirl OR WG Cereal w/WG Crackers Juice OR Raisins Choice of Milk</p> <p><u>Lunch</u> Beef Nachos w/Cheese Lettuce & Diced Tomatoes, Corn, Red & Green Pepper Strips, Fruit Punch Juice, Blueberries</p> <p>OR Chicken Sandwich OR Ham & Cheese Sandwich OR Protein Power Pack</p>	<p>20</p> <p><u>Breakfast</u> Ham & Cheese Croissant OR Breakfast Bun OR WG Cereal w/WG Crackers Juice OR Applesauce Choice of Milk</p> <p><u>Lunch</u> Chicken Strips w/Roll Broccoli, Baked Potato, Side Salad, Orange Juice, Banana</p> <p>OR Beef Burrito OR Turkey & Cheese Sandwich OR Protein Power Pack</p>	<p>21</p> <p><u>Breakfast</u> Biscuit w/Gravy OR Plain Biscuit OR Cinnamon Swirl OR WG Cereal w/WG Crackers Juice OR Banana Choice of Milk</p> <p><u>Lunch</u> Chicken Noodle Soup w/ Crackers Side Salad, Green Peas, Carrots, Apple Juice, Cantaloupe</p> <p>OR Fish Nuggets w/Mac & Cheese OR Ham & Cheese Sandwich OR Protein Power Pack</p>	<p>22</p> <p><u>Breakfast</u> Doughnut OR Breakfast Bun OR WG Cereal w/WG Crackers Juice OR Applesauce Choice of Milk</p> <p><u>Lunch</u> Pizza Sticks w/Marinara Side Salad, Corn, Baby Carrots, Fruit Punch Juice, Applesauce</p> <p>OR Cheese Quesadilla OR Turkey & Cheese Sandwich OR Protein Power Pack</p>
<p>25</p> <p><u>Breakfast</u> Sausage Breakfast Pizza OR Breakfast Bun OR WG Cereal w/WG Crackers Juice OR Applesauce Choice of Milk</p> <p><u>Lunch</u> Hamburger Oven Fries, Ranch Beans, Lettuce & Sliced Tomatoes, Slaw, Apple Juice, Pineapple</p> <p>OR Beef Hotdog OR Turkey & Cheese Sandwich OR Protein Power Pack</p>	<p>26</p> <p><u>Breakfast</u> Chicken Biscuit OR Plain Biscuit OR Cinnamon Swirl OR WG Cereal w/WG Crackers Juice OR Raisins Choice of Milk</p> <p><u>Lunch</u> Chili w/Fritos Side Salad, Baby Carrots, Baked Potatoes, Cheese Cup, Fruit Punch Juice, Sliced Apples</p> <p>OR Chicken Fajita Sub OR Ham & Cheese Sandwich OR Protein Power Pack</p>	<p>27</p> <p><u>Breakfast</u> Dutch Waffle OR Breakfast Bun OR WG Cereal w/WG Crackers Juice OR Applesauce Choice of Milk</p> <p><u>Lunch</u> Chicken Nuggets w/Roll Creamed Potatoes & Gravy, Broccoli, Side Salad, Orange Juice, Fresh Strawberries</p> <p>OR Cheese Quesadilla OR Turkey & Cheese Sandwich OR Protein Power Pack</p>	<p>28</p> <p><u>Breakfast</u> Sausage Biscuit OR Plain Biscuit OR Cinnamon Swirl OR WG Cereal w/WG Crackers Juice OR Banana Choice of Milk</p> <p><u>Lunch</u> Rotini w/Roll Green Beans, Side Salad, Baked Sweet Potato, Apple Juice, Watermelon</p> <p>OR Turkey & Gravy w/Roll OR Ham & Cheese Sandwich OR Protein Power Pack</p>	<p>29</p> <p><u>Breakfast</u> Pop Tart w/String Cheese OR Breakfast Bun OR WG Cereal w/WG Crackers, Juice OR Applesauce, Choice of Milk</p> <p><u>Lunch</u> Pepperoni Pizza Side Salad, Baby Carrots, Corn Fruit Punch Juice Mandarin Oranges</p> <p>OR Chicken Sandwich OR Turkey & Cheese Sandwich OR Protein Power Pack</p>

Available Daily

Breakfast

The “Sausage McRebel” is a sausage patty between two pancakes.

Lunch

The “**Protein Power Pack**” includes yogurt, string cheese, saltine crackers, and whole grain cheddar crackers or graham crackers. Students may add fruit, vegetable, & milk to complete the meal.

Si es necesario que esta información sea traducida en su idioma, por favor de comunicarse con la escuela de su hijo.