



**A complete lunch MUST consist of at least 3 separate items offered that day, from at least 3 of the 5 food components. One of which MUST be fruit or veggie**



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.  
 . \*\* USDA is an equal opportunity employer & provider \*\*  
 \*\* Manager Reserves the right to substitute due to food availability \*\*



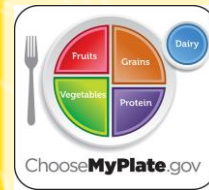
## Monday



## Tuesday



## Wednesday



## Thursday

## Friday

Chicken Parmesan  
OR  
Meatloaf  
Roll  
Green Beans  
Buttered Corn  
Mixed Fruit

5

Chicken Fajita w/wrap  
OR  
Hamburger on Bun  
Corn on Cob  
Tater Wedges  
Applesauce Cups

6

Meatball  
OR  
Popcorn Chicken  
Sub Bun  
Lettuce & Tomato  
Baked Beans  
Pineapple Chunk

7

Pizza Hut Pizza  
OR  
Hot dog w/bun  
Green Beans  
Tomato Wedges  
French Fries  
Oranges

1

Slice Roast Beef Sub  
OR  
Pulled Pork BBQ Sandwich  
Coleslaw  
Sliced Tomatoes  
French Fries  
Apple

2

Spring  
Break

12

Spring  
Break

13

Spring  
Break

14

Spring  
Break

15

Spring  
Break

16

Chicken Strips  
OR  
Mini Corn Dogs  
Roll  
Mashed Potatoes  
Steamed Broccoli w/Cheese  
Mixed Fruit

19

Meatloaf  
OR  
Salisbury Steak w/gravy  
Pinto Beans  
California Veggies  
Cornbread  
Pears

20

Chicken Drumsticks  
OR  
Beef Fingers  
Roll  
Baked Beans  
Veggie Tray  
Applesauce Cups

21

Pizza Hut Pizza  
OR  
Pulled Pork BBQ w/roll  
Baked Potato  
Corn on Cob  
Pineapple

22

Hamburger on Bun  
OR  
Hot Ham & Cheese Sandwich  
Tater Tots  
Side Salad  
Mixed Berry Yogurt Parfait

23

Cheesy Meatloaf  
OR  
Pork Chop Patty  
Roll  
Mac & Cheese  
Steamed Broccoli  
Mixed Fruit

26

Pizza Crunchers  
OR  
Salisbury Steak w/roll  
Mixed Veggies  
French Fries  
Diced Peach Cups

27

Frito Taco Salad  
OR  
Chicken Sliders Sandwich  
Mexican Corn  
Spicy Pintos  
Side Kick Fruit Slush

28

Pizza Hut Pizza  
OR  
Hot dog w/bun  
Green Beans  
Tomato Wedges  
French Fries  
Oranges

29

Good Friday  
  
No School

30