



**\*\* USDA is an equal opportunity employer & provider\*\***  
**\*\* Manager reserves the right to change menu due to food availability\*\***  
**\*\*Breakfast includes: Choice of (1) Grain**



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



### Monday



### Tuesday



### Wednesday



### Thursday

### Friday

French Toast w/syrup  
OR  
Garlic Cheese Toast  
OR  
CTC Cereal Bar  
Applesauce  
Orange Juice

5

Steak & Egg Biscuit  
OR  
Apple Frudel  
OR  
Coco Puff Cereal Bar  
Diced Peach  
Apple Juice

6

Egg & Cheese English Muffin  
OR  
Choc Chip Oatmeal Bar  
OR  
French Toast w/syrup  
Mixed Fruit  
Grape Juice

7

Chicken Biscuit  
OR  
French Toast  
OR  
Trix Cereal Bar  
Pineapple Tidbits  
Orange Juice

1

Breakfast Pizza  
OR  
Choc Chip Muffin  
OR  
CTC Cereal Bar  
Mixed Fruit  
Apple Juice

2

Pancakes w/syrup  
OR  
Popcorn Chicken  
OR  
Trix Cereal Bar  
Diced Pears  
Apple Juice

8

Steak Biscuit  
OR  
Bosco Breakfast Stick  
OR  
CTC Cereal Bar  
Mixed Fruit  
Apple Juice

9

Spring  
Break

12

Spring  
Break

13

Spring  
Break

14

Spring  
Break

15

Spring  
Break

16

Steak Biscuit  
OR  
CTC Cereal Bar  
OR  
French Toast w/Syrup  
Diced Peaches  
Apple Juice

19

Sausage Egg Chz Muffin  
OR  
Bagel w/cream chz  
OR  
Choc Chip Oatmeal Bar  
Strawberry Cup  
Orange Juice

20

Pancake Sausage Stick  
OR  
Blueberry Muffin  
OR  
Coco Puff Cereal Bar  
Diced Peaches  
Grape Juice

21

Chicken Biscuit  
OR  
French Toast  
OR  
Trix Cereal Bar  
Pineapple Tidbits  
Orange Juice

22

Breakfast Pizza  
OR  
Choc Chip Muffin  
OR  
CTC Cereal Bar  
Mixed Fruit  
Apple Juice

23

French Toast w/syrup  
OR  
Garlic Cheese Toast  
OR  
CTC Cereal Bar  
Applesauce  
Orange Juice

26

Steak & Egg Biscuit  
OR  
Apple Frudel  
OR  
Coco Puff Cereal Bar  
Diced Peach  
Apple Juice

27

Egg & Cheese English Muffin  
OR  
Choc Chip Oatmeal Bar  
OR  
French Toast w/syrup  
Mixed Fruit  
Grape Juice

28

Pancakes w/syrup  
OR  
Popcorn Chicken  
OR  
Trix Cereal Bar  
Diced Pears  
Apple Juice

29

Steak Biscuit  
OR  
Bosco Breakfast Stick  
OR  
CTC Cereal Bar  
Mixed Fruit  
Apple Juice

30