

May 2018

Fayetteville High School

LUNCH



A complete lunch MUST consist of at least 3 separate items offered that day, from at least 3 of the 5 food components. One of which MUST be fruit or veggie



Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.
- ** USDA is an equal opportunity employer & provider **



Monday

Tuesday

Wednesday

Thursday

Friday

Blank menu box for Monday.

Meatloaf
OR
Salisbury Steak w/Gravy
Pinto Beans
Veggies
Cornbread
Mixed Fruit Cups **1**

Popcorn Chicken
OR
Breaded Steak
Roll
Baked Beans
Veggies
Mixed Fruit Cups **2**

Pizza Hut Pizza
OR
Manwich
Baked Potato
Green Beans
Mixed Fruit Cups **3**

Beef Patty w/Bun
OR
Hot Ham & Cheese w/Bun
Tater Tots
Side Salad
Strawberry Cups
Yogurt **4**

Cheesy Meatloaf
OR
Pork Chop Patty
Roll
Mac & Cheese
Green Beans
Mixed Fruit Cups **7**

Pizza Crunchers
OR
Salisbury Steak w/Gravy &
Roll
Veggies
French Fries
Mixed Fruit Cups **8**

Taco Salad
OR
Chicken Sliders Sandwich
Corn
Pinto Beans
Mixed Fruit Cups **9**

Pizza Hut Pizza
OR
Hot Dogs W/Bun
Green Beans
Tomato Wedges
French Fries
Mixed Fruit Cups **10**

Sliced Roast Beef Sub
OR
Chicken Sub
Coleslaw
Sliced Tomatoes
French Fries
Mixed Fruit Cups **11**

Chicken Parmesan
OR
Meatloaf
Roll
Green Beans
Corn
Mixed Fruit Cups **14**

Chicken Fajita w/Wrap
OR
Cheese Burger
Lettuce & Tomato
Tater Wedges
Mixed Fruit Cups **15**

Meatball
OR
Popcorn Chicken
Sub Buns
Baked Beans
Tater Tots
Mixed Fruit Cups **16**

Pizza Hut Pizza
OR
Sloppy Roast Beef Sandwich
Salad
Mixed Veggies
Mixed Fruit Cups **17**

Chicken Sliders Sandwich
OR
Salisbury Steak w/Gravy &
Roll
Mashed Potatoes
Peas & Carrots
Mixed Fruit Cups **18**

Manager's
Choice **21**

Tiger
Cookout
Day **22**

Half
Day **23**

Blank menu box for Thursday **24**

Blank menu box for Friday **25**

****Manager reserves the right to change menu due to end of year inventory use**** **28**

Blank menu box for Friday **29**

SCHOOLS OUT! **30**

Blank menu box for Friday **31**

