



**** USDA is an equal opportunity employer & provider****

**** Manager reserves the right to change menu due to food availability****

****Breakfast includes: Choice of (1) Grain entrée, Milk and Fruit/Juice****



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



Tuesday

Wednesday

Thursday

Friday

1

French Toast w/syrup
Or
Blueberry Muffin
Strawberries
Orange Juice
Milk

2
Bacon Egg & Chz Bagel
Or
Cherry Frudel
Diced Pears
Apple Juice
Milk

3
Beef Steak Biscuit
Or
Lucky Charms Cereal
Pineapple Tidbits
Orange Juice
Milk

4
Breakfast Pizza
Or
Choc Chip Muffin
Mixed Fruit
Apple Juice
Milk

7
Pancakes w/syrup
Or
Choc Chip Oatmeal Bar
Applesauce
Orange Juice
Milk

8
Bacon Biscuit
Or
Cinn Toast Crunch Cereal
Diced Peaches
Apple Juice
Milk

9
Sausage, Egg & Chz McMuffin
Or
Keebler Graham Gripz
Mixed Fruit
Orange Juice
Milk

10
Breakfast Pizza
Or
Choc Chip Muffin
Strawberries
Apple Juice
Milk

11
Chicken Biscuit
Or
Lucky Charms Cereal
Diced Pears
Orange Juice
Milk

14
Sausage Biscuit
or
Cinn Toast Crunch Cereal
Diced Peaches
Apple Juice
Milk

15
French Toast w/syrup
Or
Blueberry Muffin
Strawberries
Orange Juice
Milk

16
Bacon Egg & Chz Bagel
Or
Cherry Frudel
Diced Pears
Apple Juice
Milk

17
Beef Steak Biscuit
Or
Lucky Charms Cereal
Pineapple Tidbits
Orange Juice
Milk

18
Breakfast Pizza
Or
Choc Chip Muffin
Mixed Fruit
Apple Juice
Milk

21
Pancakes w/syrup
Or
Choc Chip Oatmeal Bar
Applesauce
Orange Juice
Milk

22
Bacon Biscuit
Or
Cinn Toast Crunch Cereal
Diced Peaches
Apple Juice
Milk

23
Half
Day

24

25

28
****Manager reserves the right to change menu items due to end of year inventory usage****

29

