

December 2017

Fayetteville Middle School

BREAKFAST



**** USDA is an equal opportunity employer & provider****

**** Manager reserves the right to change menu due to food availability****

****Breakfast includes: Choice of (1) Grain entrée, Milk and Fruit/Juice****



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.

Monday



Tuesday

Wednesday



Thursday



Friday

Pancakes w/syrup 4
Or
Choc Chip Oatmeal Bar
Applesauce
Orange Juice
Milk

Bacon Biscuit 5
Or
Cinn Toast Crunch Cereal
Diced Peaches
Apple Juice
Milk

Sausage, Egg & Chz McMuffin 6
Or
Keebler Graham Gripz
Mixed Fruit
Orange Juice
Milk

Breakfast Pizza 7
Or
Choc Chip Muffin
Strawberry Cups
Apple Juice
Milk

Breakfast Pizza 1
Or
Choc Chip Muffin
Mixed Fruit
Apple Juice
Milk

Sausage Biscuit 11
or
Cinn Toast Crunch Cereal
Diced Peaches
Apple Juice
Milk

French Toast w/syrup 12
Or
Blueberry Muffin
Strawberry Cups
Orange Juice
Milk

Bacon Egg & Chz Bagel 13
Or
Cherry Frudel
Diced Pears
Apple Juice
Milk

Beef Steak Biscuit 14
Or
Lucky Charms Cereal
Pineapple Tidbits
Orange Juice
Milk

Breakfast Pizza 15
Or
Choc Chip Muffin
Mixed Fruit
Apple Juice
Milk

Pancakes w/syrup 18
Or
Choc Chip Oatmeal Bar
Applesauce
Orange Juice
Milk

Bacon Biscuit 19
Or
Cinn Toast Crunch Cereal
Diced Peaches
Apple Juice
Milk

Half Day 20

Christmas Break 21

Christmas Break 22

Christmas Break 25

Christmas Break 26

Christmas Break 27

Christmas Break 28

Christmas Break 29