



A complete lunch MUST consist of at least 3 separate items offered that day, from at least 3 of the 5 food components. One of which MUST be fruit or veggie.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.
 . ** USDA is an equal opportunity employer & provider **
 ** Manager Reserves the right to substitute due to food availability **



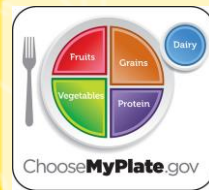
Monday



Tuesday



Wednesday



Thursday

Friday

5
 Chicken Drumsticks
 Or
 Ham & Cheese Sandwich
 Roll
 Mashed Potatoes
 Green Peas
 Mixed Fruit

6
 Pizza
 Or
 Turkey & Cheese Sub
 Buttered Corn
 Tater Wedges
 Peach Cups

7
 Meatloaf
 Or
 Chicken Salad Sandwich
 Cornbread
 Pinto Beans
 Green Beans
 Mixed Berries

1
 Pizza
 Or
 Ham & Cheese Sub
 Side Salad
 Tator Tots
 Pineapple

2
 Green Eggs & Ham
 Or
 Turkey & Cheese Sandwich
 Biscuit
 Tomato Wedges
 Tater Tots
 Yogurt
 Melon

8
 Chicken Sliders w/Bun
 Or
 Grilled Cheese
 ColeSlaw
 Baked Beans
 Diced Peaches

9
 Cheeseburger
 Or
 Turkey & Cheese Sub
 French Fries
 Lettuce & Tomato Tray
 Baby Carrots
 SideKick Fruit Slush

12
 Spring
 Break

13
 Spring
 Break

14
 Spring
 Break

15
 Spring
 Break

16
 Spring
 Break

19
 Chicken Fajita
 Or
 Ham & Cheese Sandwich
 Lettuce
 Salsa, Sour Cream
 Mexican Corn
 Diced Peaches

20
 Pizza
 Or
 Turkey & Cheese Sub
 Tater Wedges
 Buttered Corn
 Pineapple

21
 Cheesy Meatloaf w/cornbread
 Or
 Chicken Salad Sandwich
 Green Beans
 Buttered Corn
 Pinto Beans
 Pears

22
 Popcorn Chicken
 Or
 Grilled Cheese
 Mac & Cheese
 Carrots
 Coleslaw
 Berries

23
 Spaghetti
 Or
 Turkey & Cheese Sub
 Garlic Cheese Toast
 Side Salad
 Applesauce Cups

26
 Chicken Sliders w/bun
 Or
 Ham & Cheese Sandwich
 Green Beans
 Side Salad
 Mixed Fruit

27
 BBQ w/roll
 Or
 Turkey & Cheese Sub
 Baked Potato
 Veggie Tray
 Fruit Slushie

28
 Salisbury Steak w/gravy
 Or
 Chicken Salad Sandwich
 Cornbread
 Pinto Beans
 Steamed Broccoli w/Cheese
 Diced Peaches

29
 Chicken Strips
 Or
 Grilled Cheese
 Roll
 Buttered Corn
 Green Beans
 Pineapple

30
 Good Friday
 No School