



**** USDA is an equal opportunity employer & provider****
**** Manager reserves the right to change menu due to food availability****
****Breakfast includes: Choice of (1) Grain entrée, Milk and Fruit/Juice****



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



Tuesday

Wednesday

Thursday

Friday

1
 Pancakes w/syrup
 Or
 Choc Chip Oatmeal Bar
 Applesauce
 Orange Juice
 Milk

2
 French Toast w/syrup
 Or
 BlueBerry Muffin
 Applesauce
 Orange Juice
 Milk

3
 Egg & Chz Omelet w/Muffin
 Or
 Cherry Frudel
 Diced Pears
 Apple Juice
 Milk

4
 Beef Steak Biscuit
 Or
 Lucky Charms Cereal
 Pineapple Tidbits
 Orange Juice
 Milk

5
 Breakfast Pizza
 Or
 Keebler Animal Crackers
 Mixed Fruit
 Apple Juice
 Milk

7
 Pancakes w/syrup
 Or
 Choc Chip Oatmeal Bar
 Applesauce
 Orange Juice
 Milk

8
 Bacon Biscuit
 Or
 Cinn Toast Crunch Cereal
 Diced Peaches
 Apple Juice
 Milk

9
 Sausage, Egg & Chz on English Muffin
 Or
 Keebler Graham Gripz
 Mixed Fruit
 Orange Juice
 Milk

10
 Breakfast Pizza
 Or
 Choc Chip Muffin
 Pineapple Tidbits
 Apple Juice
 Milk

11
 Chicken Sliders
 Or
 Lucky Charms Cereal
 Diced Pears
 Orange Juice
 Milk

14
 Sausage Biscuit
 or
 Cinn Toast Crunch Cereal
 Diced Peaches
 Apple Juice
 Milk

15
 French Toast w/syrup
 Or
 BlueBerry Muffin
 Applesauce
 Orange Juice
 Milk

16
 Egg & Chz Omelet w/Muffin
 Or
 Cherry Frudel
 Diced Pears
 Apple Juice
 Milk

17
 Beef Steak Biscuit
 Or
 Lucky Charms Cereal
 Pineapple Tidbits
 Orange Juice
 Milk

18
 Breakfast Pizza
 Or
 Keebler Animal Crackers
 Mixed Fruit
 Apple Juice
 Milk

21
 Pancakes w/syrup
 Or
 Choc Chip Oatmeal Bar
 Applesauce
 Orange Juice
 Milk

22
 Bacon Biscuit
 Or
 Cinn Toast Crunch Cereal
 Diced Peaches
 Apple Juice
 Milk

23
 Half Day

24

25

28
****Please understand menu may change due to end of year stock****

29


30

31


31
