

APRIL 2018

Breakfast and Lunch Menu

FOWLER R4J

This Institution is an Equal Opportunity Provider

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast Cold Cereal & Yogurt Fresh Fruit-Fruit Juice Choice of Milk		Lunch Salad Bar Choice of Milk				
1	2	3	4	5	6	7
	No School	Cereal Bar Pork Patty w Gravy Mashed Potato Roll Peaches	Breakfast Pizza Spaghetti with Meat Sauce Green Beans Cheesy Breadstick Pineapple	French Toast Bean and Cheese Burrito Green Chili Corn Mixed Fruit	Muffin Turkey and Cheese Sandwich Carrots-Celery Chips Pears	
8	9	10	11	12	13	14
	Cereal Bar Hamburger on a Bun Curley Fries Tomato-Onion-Pickle Mandarin Oranges	Omelet-Sausage 1/2 Day JH Track	Biscuit & Gravy Mandarin Orange Chicken Fried Rice Broccoli Pineapple	Pancakes Salisbury Steak with Gravy Mashed Potato Roll Pears	Muffin Pizza Green Beans Mixed Fruit	
15	16	17	18	18	20	21
	Cereal Bar Quesadilla Southwest Corn Sugar Cookie Pears	Breakfast Pizza Sloppy Joe on a Bun Potato Triangle Tropical Fruit	Waffles Enchilada Casserole Pinto Beans Tortilla Applesauce	Cinni Mini Chicken Patty with Chicken Gravy Mashed Potato Roll Peaches	Muffin Beef Soft Taco Refried Beans Hot Sauce Pineapple	
22	23	24	25	26	27	28
	Cereal Bar Country Fried Steak Mashed Potato Roll Peaches	Biscuit & Gravy Lasagna Corn Slice of Bread Pineapple	Breakfast Burrito Macaroni and Cheese Ham Green Beans Pears	Mini Bagel Corn Dog Tater Tots Applesauce	Muffin Frito Pie Tortilla Mixed Fruit	
29	30					
	Cereal Bar Chicken and Noodles Mashed Potato Roll Mixed Fruit					Menu Subject To Change