

February 2018

Breakfast and Lunch Menu

Fowler R4J

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
Breakfast		Lunch		Mini Bagel	Muffin	
Cold Cereal & Yogurt		Salad Bar		Spaghetti and Meat	Rib A Que	
Fresh Fruit-Fruit Juice		Choice of Milk		Sauce	Curley Fries	
Choice of Milk				Corn	Breadstick	
				Cheesy Breadstick	Pears	
				Pineapple		
4	5	6	7	8	9	10
	Cereal Bar	Biscuit & Gravy	Breakfast Sand.	Pancake on Stick	Muffin	
	Frito Pie	Monte Cristo	Salisbury Steak	BBQ Chicken	Peanut Butter and	
	Tortilla	Cheese Sauce	with Gravy	Scalloped Potatoes	Jelly Sandwich	
	Chocolate Chip	California Veggies	Mashed Potatoes	Roll	Chips	
	Cookie	Pineapple	Roll	Peaches	Carrots-Celery	
	Mixed Fruit		Pears		Applesauce	
11	12	13	14	15	16	17
	Cereal Bar	Breakfast Pizza	Pancakes	Breakfast Burrito	Muffin	
	Mac and Cheese	Chicken & Noodles	Beef Soup	Quesadilla	Country Fried Steak	
	Ham	Mashed Potato	Cheese-Crackers	Southwest Corn	with Brown Gravy	
	Green Beans	Roll	Cinnamon Roll	Peaches	Mashed Potato	
	Pears	Mixed Fruit	Pineapple		Roll	
					Applesauce	
18	19	20	21	22	23	24
		Cereal Bar	Biscuit & Gravy	Waffles	Muffin	
		Pork Patty w Gravy	Chicken Soft Taco	Corn Dog	Mandarin Orange	
	NO SCHOOL	Mashed Potato	Pinto Beans	Tater Tots	Chicken	
	PRESIDENTS' DAY	Roll	Hot Sauce	Pears	Fried Rice	
		Peaches	Applesauce		Broccoli	
					Pineapple	
25	26	27	28			
	Cereal Bar	Omelet-Sausage	Breakfast Pizza			
	Hot Dog on a Bun	Chicken Fried Steak	Bean and Cheese			
	Potato Triangle	with Gravy	Burrito			
	Mixed Fruit	Mashed Potato	Green Chili			
		Roll	Corn			
		Pears	Peaches			
						Menu
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