September 2017 Breakfast and Lunch Menu Fowler R4J

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
Breakfast					**Muffin**	
Cold Cereal & Yogurt					Sloppy Joe on a Bun	
Fresh Friut-Fruit Juice					Crinkle Fries	
Choice of Milk	Lunch				Applesauce	
	Salad Bar					
	Choice of Milk					
3		5	6	7	8	9
	NO School	**Cereal Bar**	**Breakfast Pizza**	**Mini Bagel**	**Muffin**	
	Labor Day	Chicken Fried Steak	Spaghetti with	Monte Cristo with	Corn Dogs	
		with Gravy	Meat Sauce	Cheese Sauce	Tater Tots	
		Mashed Potato	Corn	California Veggies	Mandarin Oranges	
		Roll	Cheesy Breadstick	Fruit Cocktail		
		Peaches	Pears			
10	11	12	13	14	15	16
	Cereal Bar	**Biscuit and Gravy**	**Omelet & Sausage**	**Pancakes**	**Muffin**	
	Quesadilla	Teriyaki Chicken	Hamburger on a Bun	Pork Patty with Gravy	Ham and Cheese	
	SW Corn	Rice	Tomato-Onion-Pickle	Mashed Potato	Sandwich	
	Peaches	Oriental Veggies	Curley Fries	Roll	Carrots-Celery	
		Pineapple	Fruit Cocktail	Applesauce	Sun Chips	
					Peaches	
17	18	19	20	21	22	23
	Cereal Bar	**Breakfast Pizza**	**Waffle**	**Frugal**	**Muffin**	
	Chicken Patty with	Hot Dog on a Bun	Macaroni & Cheese	Chicken Smackers	Beef Soft Taco	
	Gravy	Potato Triangles	Ham	Potato Wedges	Refried Beans	
	Mashed Potato	Pineapple	Green Beans	BBQ Sauce	Hot Sauce	
	Roll		Applesauce	Peaches	Fruit Cocktail	
	Pears					
24	25	26	27	28	29	30
	Cereal Bar	**Breakfast Sandwich**	**Biscuit and Gravy**	**Breakfast Burrito**	**Muffin**	
	Cheesy Loaf	BBQ Chicken	Enchilada Casserole	Chicken & Noodles	Pizza	
	Rice	Diced Potatoes	Pinto Beans	Mashed Potato	Corn	
	Mixed Veggies	Roll	Tortillla	Roll	Pudding	
	Pineapple	Applesauce	Pears	Peaches	Fruit Cocktail	
						Menu
						Subject
						To
						Change
This Institution is an Equal Opportunity Provider						