



APRIL | 2018

Frankfort JR/SR High

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 No School Spring Break	3 Scrambled Eggs and Toast 1---Corn Dog 2---Grilled Cheese w/Tomato Soup 3---PB&J W/PROTEIN 4---Chef Salad w/Roll 5---Pizza V---Sweet Potato F---Fruit Salad	4 French Toast 1---Beef Nachos 2---Chicken Burrito 3---PB&J W/PROTEIN 4---Club Sub 5---Pizza V---Refried Beans/Salsa F---Mandarin Oranges	5 Breakfast Pizza 1---Pepperoni Pizza 2---French Toast Sticks 3---PB&J W/PROTEIN 4---Chicken Caesar Salad 5---Bosco Sticks V---Salad Bar F---Fruit Salad	6 Smoothies and Waffles 1---Chicken Nuggets w/Roll 2---Fish Sandwich 3---PB&J W/PROTEIN 4---Chef Salad w/Roll 5---Pepperoni Pizza V---Broccoli F---Applesauce
9 Breakfast Pizza 1---Cheeseburger 2---BBQ Pulled Pork Sandwich 3---PB&J W/PROTEIN 4---Chef Salad w/Roll 5---Pizza V---Baked Beans F---Watermelon and Pineapple	10 Breakfast Burrito 1---Chicken Patty on a Bun 2---Grilled Cheese w/Soup 3---PB&J W/PROTEIN 4---Chef Salad/roll 5---Pepperoni Pizza V---Sweet Potato Fries F---Peaches	11 French Toast Sticks 1---Spaghetti w/Bread 2---Honey Lemon Chicken 3---PB&J W/PROTEIN 4---Caesar Salad w/Roll 5---Bosco Sticks V---Roasted Green Beans F---Pineapple	12 Pancakes 1---Pizza Choices 2---Beef Stew w/Biscuit 3---Cheese Sandwich 4---Turkey Wrap 5---Bosco Sticks V---Salad Bar F---Bananas	13 Cinnamon Rolls 1---Popcorn Chicken w/Roll 2---H/M Mac and Cheese w/Roll 3---PB&J W/PROTEIN 4---Club Sub 5---Pizza V---Corn F---Slush cups
16 Breakfast Sandwich 1---Flatbread Pizza 2---Grilled Chicken Sandwich 3---PB&J W/PROTEIN 4---Turkey Wrap 5---BBQ Pork Sandwich V---Baked Beans F---Peaches	17 Breakfast Burrito 1---Chicken Legs w/Roll 2---Grilled Cheese w/Soup 3---PB&J W/PROTEIN 4---Chef Salad w/Roll 5---Bosco Sticks V---Baked Potatoes F---Pineapple and Oranges	18 Flavored Pancakes 1---Orange Chicken 2---Fish Sandwich 3---PB&J W/PROTEIN 4---Caesar Wrap 5---Bosco Sticks V---Pea Pods F---Mandarin Oranges Brown Rice and Egg Rolls	19 Quiche 1---Pizza Choices 2---Stuffed Peppers w/Roll 3---PB&J W/PROTEIN 4---Chef Salad w/Roll 5---Bosco Sticks V---Tossed Salad F---Apples	20 Smoothies and F.T sticks 1---Beef Tacos 2---Fajita 3---Cheese Sandwich 4---Club Sub 5---Pizza V---Cherry Tomatoes/Salsa F---Slush cups
23 Breakfast Pizza 1---Chicken Tenders w/Roll 2---Sweet and Sour Chicken 3---PB&J W/PROTEIN 4---Chef Salad w/Roll 5---Pizza V---Roasted Carrots F---Applesauce	24 Breakfast Sandwich 1---Cinnamon French Toast 2---Breakfast Burrito 3---PB&J W/PROTEIN 4---Turkey Sub 5---Bosco Sticks V---Hash browns F---Orange Smiles	25 Breakfast Burrito 1---Sloppy Joe 2---Sweet and Sour Chicken 3---PB&J W/PROTEIN 4---Chef Salad w/Roll 5---Ramen Noodles V---Peas F---Applesauce	26 Pancakes 1---Pizza Choices 2---Garden Wrap 3---Cheese Sandwich 4---Ham & Cheese Sub 5---Bosco Sticks V---Salad Bar F---Bananas and Apples	27 Cinnamon French Toast 1---Cheeseburger 2---Hot Dog 3---PB&J W/PROTEIN 4---Chicken Caesar Salad w/Roll 5---Pizza V---Green Beans F---Applesauce
30 Cheesy Eggs and Toast 1---Hot Turkey Sandwich 2---Pulled Pork Sandwich 3---PB&J W/PROTEIN 4---Chef Salad 5---Bosco Sticks V---Baked Beans F---Baked Cherry Crisp				100% Fruit Juices are offered at Breakfast Tuesday and Thursday. Fortified 1% White Milk and Fortified 1% Chocolate and/or Fat Free Strawberry Milk are offered at breakfast and lunch every day. Menu is subject to change. Oatmeal will be served often as an alternative breakfast option.

News

**Welcome Back April 3rd
from spring break!
Hope it was relaxing
and enjoyable for all!**

**❖ Only two full months
left of the school
year!**

**Students must choose at
least ½ Cup
fruit/vegetable/juice to
constitute a reimbursable
meal. Students must take at
least 3 items to constitute a
reimbursable meal. If the
minimum meal components
are not met a la carte pricing
will apply.**

**The USDA is an equal
opportunity employer
and provider.**