

May 2018

Frankfort JR/SR High

BREAKFAST

Breakfast Meal

(1) Entrée Choice
 (1) Fruit or Fruit Juice
 (1) 1% White Milk, 1% Chocolate Milk (8oz)



Daily Entrées Include:

WG Pop-tarts
 Cold Cereal (1-2 bowls)
 Hot Oatmeal (2 times/wk)

Hot Options for April 30th- May 4th are:

Monday

Cheesy Eggs and Toast

Tuesday

Breakfast Burrito

Wednesday

French Toast Sticks

Thursday

Pancakes

Friday

Waffles and Smoothies

Hot Options for May 7th-11th are:

Monday

Breakfast Pizza

Tuesday

French Toast

Wednesday

Breakfast Burrito

Thursday

Granola and Yogurt

Friday

Pancakes and Sausage

Hot Options for May 14th-18th are:

Monday

Pizza Bagels

Tuesday

Breakfast Burrito

Wednesday

Breakfast Sandwich

Thursday

Pancakes and Sausage

Friday

Smoothies & Waffle Sticks

Hot Options for May 21st -25th are:

Monday

Breakfast Pizza

Tuesday

Breakfast Burrito

Wednesday

Mini Quiche Cups

Thursday

Pancakes

Friday

Cinnamon Rolls

Hot Options for May 28th-June 1st are:

Monday

No School

Tuesday

French Toast Sticks

Wednesday

Breakfast Sandwich

Thursday

Pancakes

Friday

Granola and Yogurt

June Starts!

**Menu Subject to Change*

Farm to School

Local Frozen Fruit used in Smoothies

Cream Cup Dairy 1% Chocolate Milk is available Daily too!

Breakfast is available daily in the cafeteria!

7:30-8:15 am

If you qualify for free or reduced meals this includes breakfast as well!

Full Pay Breakfast costs only \$1.80.

Start your day off right and enjoy time with your friends before school!