



MAY | 2018

Frankfort JR/SR High

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 1---Chicken Alfredo w/Roll 2---Beef Burrito 3---PB&J W/PROTEIN 4---Turkey Wraps 5---Mini Corn Dogs V--- Green Beans F---Peaches	2 1---Flatbread Pizza 2---Grilled Chicken Sandwich 3---PB&J W/PROTEIN 4---Lasagna w/Bread 5---BBQ Pork Sandwich V---Baked Beans F---Watermelon	3 1---Pizza Choices 2---BBQ Chicken w/Roll 3---PB&J W/PROTEIN 4---Ham and Cheese Sub 5---Bosco Sticks V---Sweet Potato Puffs /Veggie Tray F---Fresh Pineapple	4 1---Chicken Nuggets w/Roll 2---Goulash w/Roll 3---PB&J W/PROTEIN 4---Chef Salad w/Roll 5---Pepperoni Pizza V---Broccoli F---Applesauce
7 1---Beef Tacos 2---Chicken Quesadilla 3---PB&J W/PROTEIN 4---Turkey Sub 5---Pepperoni Pizza V--- Green Beans/Salsa F---Slush Cups	8 1---Chicken Patty on a Bun 2---Fish Sandwich 3---PB&J W/PROTEIN 4---Chef Salad w/Roll 5---Pepperoni Pizza V---Hash browns F---Mandarin Oranges	9 1---Sloppy Joe on WG Bun 2--- Mac n-Cheese w/Roll 3---PB&J W/PROTEIN 4---Chef Salad w/Roll 5---Garden Wrap V---Baked Beans F---Applesauce	10 1---Pizza Choices 2---Grilled Cheese 3---PB&J W/PROTEIN 4---Ham and Cheese Sub 5---Bosco Sticks V---Kale and Spinach F---Pears and Oranges	11 1---Popcorn Chicken w/Roll 2--- Blueberry Pancakes 3---PB&J W/PROTEIN 4---Veggie Burger 5---Pizza V---Cherry Tomatoes F---Fruit Cocktail
14 1---Corn Dogs 2---Grilled Cheese w/Soup 3---PB&J W/PROTEIN 4---Lasagna w/Roll 5---Burgers V--- Broccoli F---Apples & Bananas	15 1---Pancakes w/Sausage 2---Breakfast Sandwich 3---PB&J W/PROTEIN 4---Chicken Caesar Salad 5---Pizza V--- Hash Browns F---Applesauce	16 1---Orange Chicken w/Brown Rice 2---Cheese Quesadilla 3---PB&J W/PROTEIN 4---Chef Salad 5---Pizza V--- Asparagus F---Pineapple	17 1---Pizza Choices 2---Chicken Taco 3---Cheese Sandwich 4---Turkey and Cheese Sub 5---Bosco Sticks V---Salad Bar/Veggie Tray F---Oranges	18 1--- Cheeseburger 2---Grilled Chicken Sandwich 3---PB&J W/PROTEIN 4---Club Sub 5---Pulled Pork Sandwich V--- Sweet Potato F---Slush cups
21 1---Beef Nachos 2---Fajitas 3---Cheese Sandwich 4---Club Sub 5---Pizza V--- Refried Beans/Fresh Salsa F---Fruit Salad Blend	22 1---Spaghetti w/garlic bread 2---Fish Sticks w/Roll 3---PB&J W/PROTEIN 4---Chef Salad w/Roll 5---Quesadilla V--- Corn F---Peaches	23 Breakfast Bagel 1---Popcorn Chicken w/Roll 2---Turkey Noodle Soup w/Roll 3---PB&J 4---Chef Salad 5---Pizza V--- Roasted Carrots F---Pineapple	24 1---Pizza Choices 2---Beef Stew w/Biscuit 3---Cheese Sandwich 4---Turkey Wrap 5---Bosco Sticks V---Spinach Salad F---Bananas	25 1---Breaded Chicken Sandwich 2--- Mac and Cheese w/Roll 3---PB&J W/PROTEIN 4---Chef Salad 5---Philly Subs V--- Roasted Zucchini F---Mandarin Oranges
28 No School- Memorial Day	29 1---Cheeseburger 2---Hot Dog 3---PB&J W/PROTEIN 4---Chicken Caesar Salad w/Roll 5---Pizza V---Fries F---Applesauce	30 1---Beef Tacos 2---Fajita 3---Cheese Sandwich 4---Club Sub 5---Pizza V---Cherry Tomatoes/Salsa F---Slush cups	31 1---Pepperoni Pizza 2---French Toast Sticks 3---PB&J W/PROTEIN 4---Chicken Caesar Salad 5---Bosco Sticks V---Salad Bar F---Fruit Salad	Fortified 1% White Milk and Fortified 1% Chocolate and/or Fat Free Strawberry Milk are offered lunch at least once a week. Menu is subject to change. Salad Bar is available daily.

News
May 28th – Memorial Day, No School
May 31st- Senior Breakfast and Graduation Practice

The USDA is an equal opportunity provider.