




MAY | 2017

Frankfort Elementary

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Breakfast burrito 1---Flatbread Pizza 2---Goulash w/Roll 3---PB&J V--- Carrots w/Dip F---Fruit Jell-O	2 Pancakes 1---Breaded Chicken Sandwich 2---H/M Mac and Cheese w/Roll 3---PB&J V--- Roasted Zucchini F---Grapes	3 Breakfast Sandwich 1---Pancakes w/Sausage 2---Scrambled Eggs & Toast 3---PB&J V--- Hash Browns F---Applesauce	4 Waffles w/Sausage 1---Pizza Choices 2---Grilled Cheese 3---PB&J V---Green Beans F---Slush Cups	5 Cinnamon Rolls 1---Chicken Tenders w/Roll 2---Foot long Hot Dog 3---PB&J V--- Hummus with Veggies F---Peaches
8 Cheesy Scrambled Eggs w/Toast 1---Chicken Pot Pie 2---Club Sub 3---PB&J V--- Peas F---Watermelon	9 Breakfast Bagel 1---Popcorn Chicken w/Roll 2---Turkey Noodle Soup w/Roll 3---PB&J V--- Corn F---Pineapple	10 Burritos 1---Beef Nachos 2---Burrito 3---PB&J V--- Fresh Pico de Gallo F---Mandarin Oranges	11 Pancakes w/Sausage 1---Pizza Choices 2---Breakfast Sandwich 3---PB&J V---Salad Bar F---Slush Cups	12 Smoothies and Waffles 1---Corn Dogs 2---Grilled Cheese w/Soup 3---PB&J V--- Broccoli F---Apples & Bananas
15 Breakfast Pizza 1---Chicken Stir Fry 2---Cheese Quesadilla 3---PB&J V--- Stir Fry Blend w/Pea Pods F---Pineapple	Baseball Day!!! French Toast 1---Grilled Cheeseburgers 2---Grilled Hot Dogs 3---PB&J V--- Chips F---Slush Cups 	17 Pancakes 1---Chicken Tenders w/Roll 2---Chicken Alfredo w/ Roll 3---PB&J V--- Roasted Carrots F---Applesauce	18 Breakfast Sandwich 1---Pizza Choices 2---BBQ Chicken w/Roll 3---PB&J V---Salad Bar F---Fresh Fruit	19 Cinnamon Rolls 1---Beef Tacos 2---Fajitas 3---PB&J V--- Refried Beans F---Apples & Bananas
22 Scrambled Eggs w/toast 1---Corn Dog 2---Ravioli w/ Roll 3---PB&J V--- Broccoli and Spinach F---Fruit Salad	23 Meat & Egg Burrito 1---Spaghetti w/Roll 2---Blueberry Pancakes 3---PB&J V--- Roasted Potatoes F---Peaches	24 Cinnamon French Toast 1---Breaded Chicken Sandwich 2---Chicken Caesar Salad w/Roll 3---PB&J V--- Peas F---Apples & Bananas	25 Pancakes w/Sausage 1---Pizza Choices 2---Chicken Taco 3---PB&J V---Salad Bar F---Oranges and Jell-O	26 Smoothies & French Toast 1---Bacon Cheeseburger 2---Grilled Chicken Sandwich 3---PB&J V--- Sweet Potato F---Slush cups
29 No School – Memorial Day	30 Breakfast Sandwich 1---Flatbread Pizza 2---Foot long Hot Dog 3---PB&J V--- Baked Potato F---Applesauce	31 Granola and Yogurt 1---Lasagna w/Bread 2---Grilled Cheese 3---PB&J V--- Green Beans F---Fresh Fruit	100% Fruit Juice are offered at Breakfast Tuesday and Thursday. Fortified 1% White Milk and Fortified Fat Free Chocolate and/or Strawberry Milk are offered at breakfast and lunch every day. Menu is subject to change. Oatmeal will be served often as an alternative breakfast option.	

News

May 16th – Baseball Day in the Cafeteria!! We encourage students to wear their favorite team colors! Tiger are playing the Orioles at Home! We are going to serve food you see at ballparks.

May 26th ~ Last Day for Senior's

May 29 ~ Memorial Day No School

All dishes using eggs are made with local eggs from May Farm!

The USDA is an equal opportunity provider.