



All reimbursable meals **MUST** have a FRUIT or VEGETABLE on the tray. Students may decline 2 of the 5 meal components – Meat, Grain, Fruit, Vegetable and Milk - but cannot decline BOTH Fruit and Vegetable. Milk Choices and Assorted Fruit offered daily.

The Nutrition Department strives to offer the daily menus as planned and advertised. However, due to some circumstances beyond our control, the daily menus may be altered. This institution is an equal opportunity provider.



### Monday



### Tuesday



### Wednesday

### Thursday

### Friday



Franklin County High School may offer pizza, hamburgers, and chicken sandwiches daily. A vegetable bar is available daily.

Mexican Pasta Bake  
White Beans  
Buttered Corn  
Fruit  
Garlic Breadsticks  
Milk

Chicken & Waffle Sandwich  
Roasted Potatoes  
Green Beans  
Fruit  
Milk

Chicken Parmesan  
Roasted Vegetables  
Shoe Peg Corn  
Fruit  
Garlic Knot  
Milk

Salisbury Steak  
Mashed Potatoes  
Brussel Sprouts  
Fruit  
Dinner Roll  
Cookie // Milk

Chicken Alfredo  
Green Beans  
Ranch Potatoes  
Fruit  
Dinner Roll  
Milk

BBQ Nachos w/Queso  
Baked Potato  
Pinto Beans  
Fruit  
Milk

General Tso Chicken  
Stir Fry Vegetables  
Green Peas  
Fruit  
Noodles or Rice  
Milk

Fish  
Baked Beans  
Coleslaw  
Deli Roaster Potatoes  
Fruit // Milk  
Onion Rings & Hushpuppies

"Breakfast for Lunch"  
Breakfast Steak  
Scrambled Eggs  
Potato Sidewinders  
Roasted Corn & Peppers  
Fruit // Biscuit // Gravy // Milk

Boneless Wings  
Green Beans  
Potato Smiles  
Fruit  
Dinner Roll  
Milk

Steak & Cheese Sandwich  
Pinto Beans  
Buttered Corn  
Fruit  
Milk

Spaghetti w/Meat Sauce  
Steamed Broccoli  
Mini Baked Potatoes  
Fruit  
Garlic Knot  
Milk

No School

Steak & Gravy  
Mashed Potatoes  
Green Beans  
Fruit  
Roll  
Milk

BBQ  
Buttered Corn  
Pinto Beans  
Fruit  
Bun  
Milk

Chicken Tenders  
Mashed Potatoes  
Green Peas  
Fruit  
Roll  
Milk

Beef Taco  
Shoe Peg Corn  
Refried Beans  
Fruit  
Tortilla Chips  
Milk

Shrimp & Chicken Basket  
French Fries  
Baked Beans  
Fruit  
Onion Rings  
Milk

Frito Chili Pie  
Potato Smiles  
Shoe Peg Corn  
Fruit  
Milk

Spicy Chicken Tenders  
Cheesy Broccoli  
Redskin Roasted Potatoes  
Fruit  
Dinner Roll  
Milk

