

January 2018

Franklin County High School

BREAKFAST

The Nutrition Department strives to offer the daily menus as planned and advertised. However, due to some circumstances beyond our control, the daily menus may be altered. This institution is an equal opportunity provider



Breakfast is available at no charge to all Franklin County School Students!



Monday

Tuesday

Wednesday

Thursday

Friday



1

No School

2

No School

3

No School

4

No School

5



Choose 1 or 2:
Assorted Cereal
Poptart

8

OR Choose 1:
Mini Cinnis

Choose 1 or 2:
Assorted Cereal
Biscuit
Sausage
Poptart

9

Choose 1 or 2:
Assorted Cereal
Poptart
Chicken
Biscuit
OR Choose 1:
Breakfast Pizza

10

Choose 1 or 2:
Assorted Cereal
Cheese Stick
Scrambled Eggs
Poptart
Biscuit

11

Choose 1 or 2:
Assorted Cereal
Poptart
OR Choose 1:
Cinnamon Roll
Powdered Donuts

12

No School

15

Choose 1 or 2:
Assorted Cereal
Biscuit
Sausage
Poptart

16

Choose 1 or 2:
Assorted Cereal
Poptart
Steak
Biscuit

17

Choose 1 or 2:
Assorted Cereal
Muffin
Cheese Stick
Poptart
OR Choose 1:
Dutch Waffle

18

Choose 1 or 2:
Assorted Cereal
Poptart
OR Choose 1:
Bacon, Egg, Cheese Croissant

19

Choose 1 or 2:
Assorted Cereal
Poptart

22

OR Choose 1:
Mini Cinnis

Choose 1 or 2:
Assorted Cereal
Biscuit
Sausage
Poptart

23

Choose 1 or 2:
Assorted Cereal
Poptart
Chicken
Biscuit

24

Choose 1 or 2:
Assorted Cereal
Breakfast Steak
Biscuit
Poptart

25

Choose 1 or 2:
Assorted Cereal
Poptart
OR Choose 1:
Cinnamon Roll
Powdered Donuts

26

Choose 1 or 2:
Assorted Cereal
Poptart
OR Choose 1:
Breakfast Pizza
Breakfast Bun

29

Choose 1 or 2:
Assorted Cereal
Biscuit
Sausage
Poptart

30

Choose 1 or 2:
Assorted Cereal
Poptart
Chicken
Biscuit
OR Choose 1:
Breakfast Pizza

31

Assorted juice and/or fruit is offered daily. Milk is offered daily: 0% flavored, 1% unflavored & 0% unflavored. Each reimbursable breakfast must include a minimum of ½ cup fruit or juice. Additional breakfast offerings may include grab 'n go meals and breakfast sandwiches.