

# January 2018

## Franklin County High School

### BREAKFAST

The Nutrition Department strives to offer the daily menus as planned and advertised. However, due to some circumstances beyond our control, the daily menus may be altered. This institution is an equal opportunity provider



Breakfast is available at no charge to all Franklin County School Students!



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday



1

No School

2

No School

3

No School

4

No School

5



**Choose 1 or 2:**  
Assorted Cereal  
Poptart

8

**OR Choose 1:**  
Mini Cinnis

**Choose 1 or 2:**  
Assorted Cereal  
Biscuit  
Sausage  
Poptart

9

**Choose 1 or 2:**  
Assorted Cereal  
Poptart  
Chicken  
Biscuit  
**OR Choose 1:**  
Breakfast Pizza

10

**Choose 1 or 2:**  
Assorted Cereal  
Cheese Stick  
Scrambled Eggs  
Poptart  
Biscuit

11

**Choose 1 or 2:**  
Assorted Cereal  
Poptart  
Cinnamon Roll  
**OR Choose 1:**  
Powdered Donuts

12

No School

15

**Choose 1 or 2:**  
Assorted Cereal  
Biscuit  
Sausage  
Poptart

16

**Choose 1 or 2:**  
Assorted Cereal  
Poptart  
Steak  
Biscuit

17

**Choose 1 or 2:**  
Assorted Cereal  
Muffin  
Cheese Stick  
Poptart  
**OR Choose 1:**  
Dutch Waffle

18

**Choose 1 or 2:**  
Assorted Cereal  
Poptart  
**OR Choose 1:**  
Bacon, Egg, Cheese Croissant

19

**Choose 1 or 2:**  
Assorted Cereal  
Poptart

22

**OR Choose 1:**  
Mini Cinnis

**Choose 1 or 2:**  
Assorted Cereal  
Biscuit  
Sausage  
Poptart

23

**Choose 1 or 2:**  
Assorted Cereal  
Poptart  
Chicken  
Biscuit

24

**Choose 1 or 2:**  
Assorted Cereal  
Breakfast Steak  
Biscuit  
Poptart

25

**Choose 1 or 2:**  
Assorted Cereal  
Poptart  
Cinnamon Roll  
**OR Choose 1:**  
Powdered Donuts

26

**Choose 1 or 2:**  
Assorted Cereal  
Poptart  
**OR Choose 1:**  
Breakfast Pizza  
Breakfast Bun

29

**Choose 1 or 2:**  
Assorted Cereal  
Biscuit  
Sausage  
Poptart

30

**Choose 1 or 2:**  
Assorted Cereal  
Poptart  
Chicken  
Biscuit  
**OR Choose 1:**  
Breakfast Pizza

31

Assorted juice and/or fruit is offered daily. Milk is offered daily: 0% flavored, 1% unflavored & 0% unflavored. Each reimbursable breakfast must include a minimum of ½ cup fruit or juice. Additional breakfast offerings may include grab 'n go meals and breakfast sandwiches.