



All reimbursable meals **MUST** have a **FRUIT** or **VEGETABLE** on the tray. Students may decline 2 of the 5 meal components – Meat, Grain, Fruit, Vegetable and Milk - but cannot decline **BOTH** Fruit and Vegetable. Milk Choices and Assorted Fruit offered daily. Franklin County High School may offer pizza, hamburgers, and chicken sandwiches daily. A vegetable bar is available daily.



Monday

Tuesday

Wednesday

Thursday

Friday

2018

No School

2

No School

3

No School

4

No School

5

The Nutrition Department strives to offer the daily menus as planned and advertised. However, due to some circumstances beyond our control, the daily menus may be altered. This institution is an equal opportunity provider.

Chicken Parmesan
Roasted Vegetables
Shoe Peg Corn
Fruit
Garlic Knot
Milk

8

Salisbury Steak
Mashed Potatoes
Brussel Sprouts
Fruit
Dinner Roll
Cookie
Milk

9

Chicken Alfredo
Green Beans
Ranch Potatoes
Fruit
Dinner Roll
Milk

10

BBQ Nachos w/Queso
Baked Potato
Pinto Beans
Fruit
Milk

11

General Tso Chicken
Stir Fry Vegetables
Green Peas
Fruit
Noodles or Rice
Milk

12

No School

15

“Breakfast for Lunch”
Breakfast Steak
Scrambled Eggs
Potato Sidewinders
Roasted Corn & Peppers
Fruit // Biscuit // Gravy // Milk

16

Boneless Wings
Green Beans
Potato Smiles
Fruit
Dinner Roll
Milk

17

Steak & Cheese Sandwich
Pinto Beans
Buttered Corn
Fruit
Milk

18

Spaghetti w/Meat Sauce
Steamed Broccoli
Mini Baked Potatoes
Fruit
Garlic Knot
Milk

19

Pork Chop
Ranch Potatoes
Brussel Sprouts
Black-eyed Peas
Fruit
Roll // Milk

22

Steak & Gravy
Mashed Potatoes
Green Beans
Fruit
Roll
Milk

23

BBQ
Buttered Corn
Pinto Beans
Fruit
Bun
Milk

24

Chicken Tenders
Mashed Potatoes
Green Peas
Fruit
Roll
Milk

25

Beef Taco
Shoe Peg Corn
Refried Beans
Fruit
Tortilla Chips
Milk

26

Shrimp & Chicken Basket
French Fries
Baked Beans
Fruit
Onion Rings
Milk

29

Frito Chili Pie
Potato Smiles
Shoe Peg Corn
Fruit
Milk

30

Spicy Chicken Tenders
Cheesy Broccoli
Redskin Roasted Potatoes
Fruit
Dinner Roll
Milk

31

