





Franklin County Schools - December 2017 Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Choose 1 or 2: Assorted Cereal Pancake Egg Pattie OR Choose 1: Sausage Pancake Stick
4 Choose 1 or 2: Assorted Cereal Pancake or Waffle w/Bacon (optional) OR Choose 1: French Toast Sticks w/Bacon (optional)	5 Choose 1 or 2: Assorted Cereal Biscuit Chicken	6 Choose 1 or 2: Assorted Cereal Toast Graham Crackers OR Choose 1: Mini Cinnis	7 Choose 1 or 2: Assorted Cereal Donut Hole Yogurt OR Choose 1: Donut	8 Choose 1 or 2: Assorted Cereal Biscuit Sausage
11 Choose 1 or 2: Assorted Cereal Poptart Yogurt OR Choose 1: Breakfast Pizza	12 Choose 1 or 2: Assorted Cereal Biscuit Sausage	13 Choose 1 or 2: Assorted Cereal Egg Pattie Toast	14 Choose 1 or 2: Assorted Cereal Beef Sticks w/Gravy Dip Biscuit OR Choose 1: Breakfast Pizza	15 Choose 1 or 2: Assorted Cereal Pancake Scrambled Eggs OR Choose 1: Sausage Pancake Stick
18 Choose 1 or 2: Assorted Cereal Oatmeal Bar Cheese Stick OR Choose 1: Frudel	19 Choose 1 or 2: Assorted Cereal Biscuit Sausage or Chicken	20 No Meals Served	21 No School	22 No School

Breakfast Improves Academic Achievement and Behavior
 Eating a nutritious breakfast helps students achieve the classroom goals set for them. National studies consistently confirm that breakfast helps kids concentrate, think, behave and learn. Eating breakfast:

- ✓ Improves children's classroom performance, including better test scores and grades
- ✓ Increases children's ability to focus and concentrate on school work
- ✓ Decreases behavior problems, tardiness and visits to the school nurse
- ✓ Increases attendance rates

Assorted juice and fruit is offered daily. A variety of milk is offered daily. Each reimbursable breakfast must include a minimum of ½ cup fruit or juice.

The Nutrition Department strives to offer the daily menus as planned and advertised. However, due to some circumstances beyond our control, the daily menus may be altered.
 This institution is an equal opportunity provider



Breakfast is available at no charge to all Franklin County School Students!