



# March 2020 – Breakfast Menu

## Cowan Elementary

**ALL** Meals are provided at no charge to CES Students

Monday	Tuesday	Wednesday	Thursday	Friday
2 Breakfast Pizza Juice // Fruit Milk <u><b>PK Menu</b></u> Breakfast Pizza Fruit // Unflavored Milk	3 No School	4 Cheese Stick Oatmeal Bar Juice // Tator Tots Milk <u><b>PK Menu</b></u> Oatmeal Bar Fruit // Unflavored Milk	5 Banana Bread Slice Juice // Fruit Milk <u><b>PK Menu</b></u> Banana Bread Slice Juice // Unflavored Milk	6 Meat Biscuit Juice // Fruit Milk <u><b>PK Menu</b></u> Meat Biscuit Fruit // Unflavored Milk
9 PBJ Sandwich Juice // Fruit Milk <u><b>PK Menu</b></u> PBJ Sandwich Fruit // Unflavored Milk	10 Meat Biscuit Juice // Fruit Milk <u><b>PK Menu</b></u> Meat Biscuit Fruit // Unflavored Milk	11 Breakfast Pizza Juice // Fruit Milk <u><b>PK Menu</b></u> Breakfast Pizza Fruit // Unflavored Milk	12 Cheddar Omelet w/Toast Juice // Fruit Milk <u><b>PK Menu</b></u> Cheddar Omelet Fruit // Unflavored Milk	13 Mini Donuts Juice // Fruit Milk <u><b>PK Menu</b></u> Cereal // Cheese Stick Fruit // Unflavored Milk
16 No School	17 No School	18 No School	19 No School	20 No School
23 Cheddar Omelet w/Toast Juice // Fruit Milk <u><b>PK Menu</b></u> Cheddar Omelet Fruit // Unflavored Milk	24 Meat Biscuit Juice // Fruit Milk <u><b>PK Menu</b></u> Meat Biscuit Juice // Unflavored Milk	25 Breakfast Pizza Juice // Fruit Milk <u><b>PK Menu</b></u> Breakfast Pizza Juice // Unflavored Milk	26 Pancake / Sausage Stick Juice // Fruit Milk <u><b>PK Menu</b></u> Pancake / Sausage Stick Juice // Unflavored Milk	27 Biscuit Sticks w/Gravy Juice // Fruit Milk <u><b>PK Menu</b></u> Biscuit Sticks w/Gravy Fruit // Unflavored Milk
30 Breakfast Pizza Juice // Fruit Milk <u><b>PK Menu</b></u> Breakfast Pizza Fruit // Unflavored Milk	31 Breakfast Bar Juice // Fruit Milk <u><b>PK Menu</b></u> Breakfast Bar Fruit // Unflavored Milk	4/1 Cheese Stick Oatmeal Bar Juice // Tator Tots Milk <u><b>PK Menu</b></u> Oatmeal Bar Fruit // Unflavored Milk	4/2 Banana Bread Slice Juice // Fruit Milk <u><b>PK Menu</b></u> Banana Bread Slice Juice // Unflavored Milk	4/3 Meat Biscuit Juice // Fruit Milk <u><b>PK Menu</b></u> Meat Biscuit Fruit // Unflavored Milk

**Milk variety, Fruit variety and/or Fruit Juice variety offered daily. ALL reimbursable meals MUST include a FRUIT or VEGETABLE.**

**The Nutrition Department strives to offer the daily menu as planned and advertised. However, due to some circumstances beyond our control, the daily menus may be altered. This institution is an equal opportunity provider**